

Lynchburg Campbell County Girl Scout Service Unit September Update – 2019

Please **welcome Erika** Theodorides and **Ashly** Rossi who will co-lead new Daisy Troop 1138, **Bridget Mills** will co-lead Brownie Troop 293 and **Autumn Schmacher** will co-lead Junior Troop 676.

Congratulations to four members of Junior Troop 116: **Taylor, Jordan, Emma** and **Brianna** who recently completed their **Bronze Award Project** at Camp Sacajawea. The girls spent their time sprucing up various campsites with a big focus on Hideaway...they swept, raked, organized, sanded, painted and did a little repair work. Campsite looks great and ready for Fall camping...thank you for providing some needed TLC.

Congratulations to **Audrey** and **Faith** from Troop 108 who have completed their **Silver Award Project**. These young ladies made 21 STEM activities for the teachers at New London Academy. They researched SOL criteria and generated ideas. They used \$ from cookie sales to buy some items but also used resources wisely by relying on recycled and reusable items. These 21 STEM activities will provide wonderful hands on learning.

The LCCGS Service Unit "**Calendar and Opportunities '19-'29**" is out and should be posted soon on the SU website. www.lburgccgirlscoouts.weebly.com and on "**Opportunities**" page. We hope to add additional programming from a partnership with Kum-Ba-Yah and Claytor Science Nature Center and Randolph College. We are looking into another Dance program, provided by Dance-Music-Creations and possibly with Amazement Square. Local SU hosted/sponsored event flyers are being posted now but are always available at SU meetings. Go to "**Events**" (password protected) on the SU website, scroll down to month when event will take place. The flyer will provide specific information, registration and deadline.

The LCCGS Service Unit has planned seven **SU meetings** this year...First Christian Church, 3109 Rivermont Avenue.

Thursday, September 5 6:30 – 8:00 pm

Thursday, October 3 6:00 – 8:00 pm includes Open Dialog meeting, a time when our volunteers can meet and share their concerns with governance of GSVSC. Registration requested.

Thursday, December 5 6:30 – 8:00 pm includes cookie training

Thursday, January 2, 2020 6:30 -8:00 pm includes new leader investiture

Thursday, March 5, 2020 if needed

Thursday, April 2, 2020 6:30 – 8:00 pm includes leader/daughter social

Thursday, June 4, 2020 6:00 – 8:00 PM Leader Appreciation Dinner:

'18-'19 End of the Year Report??? You will not be allowed to serve in any volunteer capacity, which includes registering your Girl Scouts for upcoming events, until report is submitted and audit completed.

- Your Troop # is flagged. You GS membership expires October 1.
- May not register troop for any activities
- Restricted from handling troop finances – cannot purchase troop items – cannot be reimbursed – cannot pay for any troop activities – unable to participate in product sales.
- You will not be able to serve in a volunteer capacity until matter is resolved.
- Parents will be contacted by GSVSC that troop participation is on hold and why.

Some great **web sites** to check out **listing all badges** including the newest ones by GS level..Award and Badge Explorer:

- www.girlscouts.org
- https://www.girlscouts.org/en/our-program/badges/badge_explorer.html
- <http://gs-emilee.blogspot.com/p/badge-checklist>

First Aid/CPR

Each troop should have their own first aider, an adult volunteer who has taken a Girl Scout approved First Aid/CPR Training either through American Red Cross, National Safety Council or American Heart Association and good for 2 years. Some professions meet the first aid requirement: nurse, doctor, EMT, etc. Keep first aid kit with you and girls at all times. Included in your first aid sack should be an "Activity/Incident and Crisis Report #1089 and the GSVSC Emergency Procedures. Make sure you know how to use an inhaler and an epi pen. You need a health history on anyone affiliated with troop. These individuals need to be registered with troop, gsvsc.org "Volunteer Today"

Communication: The LCCGSSU will continue to provide monthly updates on local happenings and upcoming events. If you miss one, copies can be found on the Community web site www.lburgccgirls Scouts.weebly.com and under "Leader Monthly Updates." Freda Hedrick, our web site editor, provides pages for just about anything you need from "Opportunities" to "S.W.A.P." ideas to "Uniforms" to "Things to do at Camp Sacajawea." It is a super easy web site to navigate. Jen Phelps manages the Lynchburg Campbell County face book, keeping it very current. Both women do an amazing job and would love to hear from you, particularly pictures.

All parents, caregivers and guardians are encouraged to play an active role with their daughter's troop. **If they will be working directly with girls they need to have a cleared background check on file with GSVSC and register as an adult GS member with the troop.** (Go to gsvsc.org "Volunteer Today." Family members who do not wish to register as a GS member can still assist the troop with activities such as organizing a troop newsletter, social media site, coordinating a snack schedule, manage the phone or email, etc., activities that do not require supervisory or direct work with the girls. It is the responsibility of the Troop leader to ensure parents/caregivers have completed the appropriate steps to be approved by GSVSC before taking on an active role in the troop and working directly with girls:

- Current and cleared background check on file
- Register as adult GS member with troop
- Take required training:

- co-leader: GS 101, 102, 103 (103 is helpful but optional) and NLO (new leader orientation, which is a phone call "Go to Meeting")
- troop assistant/chaperone, etc. GS 104
- troop's product sales manager: GS 105

Girl Programming:

- Each troop must have one more co-leaders who are not related. All co-leaders are required to complete training, complete adult membership application to be a member of that troop, and have a cleared back ground check. All of this is done on line.
- Men may serve as troop leader when a non-related adult female is present.
- Special written permission must be given by the membership director to register a troop with less than 5 girls (pertains to older girl troops).
- For any events/activities the troop must have at least 2 trained co-leaders accompanying them and one should be troop's first aider.

Your Role and Responsibilities as a GS Co-Leader

All Girl Scout volunteer leaders should:

- Model the GS Promise and Law to girls, adults and community
- Share knowledge, experience and skills with a positive and flexible approach
- Communicate effectively by disseminating clear, organized and concise information
- Maintain a close connection to regional staff and volunteer community team
- Facilitate a safe and positive experience for every girl
- Be responsible for ensuring girl and adult troop members are registered for the current Girl Scout membership year
- Organize interactive, girl led activities that address relevant issues and match girls' interests and needs.
- Understand the three keys to Leadership that are the basis of the GS Leader Experience – Discover, Connect, Take Action
- Designate one troop leader/co-leader to be responsible for maintaining all troop records and finances shared throughout the year.
- Each individual troop co-leader is responsible for attending GS Service Unit Leader Meetings to stay informed all things Girl Scouts, and to provide support to the Service Unit.
- Pays for his/her \$25 national membership dues, pays for uniform, gas to and from troop meeting and pins with exception of leader pin provided by LCCGSSU.

Troop Pays for:

- materials needed by troop for programs
- supplies and equipment such as record book, troop flag, some camping equipment, crafts, service projects
- training for troop's registered adults such as outdoor ed., First Aid/CPR
- pins, badges and recognitions awarded by troop

Troop Sponsorships: A sponsor is a business, church, an organization who provides a meeting room. Each year this agreement needs to be updated with signed "Troop Sponsorship Agreement" #4128 and mailed to Council headquarters; GSVSC, 3663 Peters Creek Road, Roanoke, Va. 24019.

- **Money Earning Activities:** They are to be conducted using the following guide lines
 - Written approval must be given by the GSVSC Development Office 3 weeks prior to event
 - Activity is approved when troop receives written correspondence from GSVSC
 - Money earning projects cannot take place during the time of the product sales programs
 - Submit applications for "additional money-earning projects" to info@gsvsc.org, subject: money earning project
 - Troops are permitted to conduct not more than 5 additional money-earning projects a year.
 - All money-earning projects must be reported on the troop finance report (4318) and include the income and expenses of each project.
 - For girls seeking to earn money for their Silver or Gold Award project—cannot raise money for their projects during product sales. They should participate in both product sales to be eligible for additional money earning activities.

Activity/Trip Permission/Parent Permission: Activity/Trip Permission Form #2129 must be submitted to council for any activity or trip which involves the following:

- 1) Day or overnight trips that include non-registered individuals, includes tag-a-longs
- 2) Day or overnight trips outside of the council
- 3) Any trip of 2 nights/3 days or more
- 4) Trips outside of the continental United States
- 5) Camping activities, including backyard camping, outdoor cooking, campfires, and cabin camping
- 6) Programs that include human sexuality and related health issues
- 7) Activities that present a greater risk than usual to participate
 - always bring with you:
 - . First Aid kit
 - . Parent Permission forms 2133 or 2134
 - . Crisis Card #1085
 - . Emergency Procedures #1088
 - . Health Forms for Everyone #2072
 - . Crisis/Incident Report Form #1089

If trip/activity is not approved and a scout gets hurt, results in the release of that leader from troop leadership position. Day trips within our council (GSVSC), although they do not require council permission, still need parent permission.

Should an incident occur, co-leader/first aider submits incident report to GSVSC within 48 hours of incident occurrence. To request an Insurance Claim form, contact council at info@gsvsc.org

New Policies: No ride-share programs such as Uber, Lyft, Curb, or any other similar ridesharing companies. No private rentals such as Airbnb, VRBO, Flipkey, Roomarama, Homeaway, Vay Stays, Tripping, Wimdu, Couchsurfing, or any other similar private rentals.

“It’s Not a Girl Scout Event”—It’s Not a Good Idea! Girls participating in activities not approved by GSVSC and going in a group. . .this could jeopardize the girls’ safety and also put both the council and the volunteers at legal risk, because courts look beyond the words to the actions “girls in the troop/group, supervised by the Girl Scout volunteers, engaged in the activity together.” It may also expose the volunteer to some personal liability if there is an accident, injury, or liability that might have been avoided had the volunteer followed Girl Scout safety guidelines. Girl Scout insurance does not cover participants in non-Girl Scout approved events.

Upcoming candy/nut training is Thursday, September 19, 6:30 pm at First Christian Church fellowship hall. If you plan to participate, please email the name of your candy/nut mom (troop’s product sales manager) to Rebecca (Becka6778@aol.com) and Detria (thepreachaswife@hotmail.com) include leader’s name and Troop #. Troop’s product sales manager must set aside a time during troop meeting to meet and discuss with parents the specifics of candy/nut sales...reminding everyone that the troop is self supporting and product sales determines troop’s operating budget.

- Parents must sign permission form for their daughter to participate, this includes the identification asked for (such as SS#/driver’s license #, etc.) This signed permission form will stay on file with troop’s product sales manager and be used as needed by GSVSC for collection issues.
- Parents need to assist their daughter. Girls may start taking candy/nut orders on or after October 1. Unsold products cannot be returned to the troop or to GSVSC. The money is owed to the troop from those candy/nut orders. If a customer decides that they no longer want the pre-ordered candy/nut products, the girl/parent who took initial order needs to sell them.
- Money from candy/nut is due to the troop’s product sales manager. Parents do not deposit \$ into troop’s account or into their personal account and then in turn write a personal check for amount due. The product sales manager and troop leader work together in making money deposits. If the money is not turned in on time by a parent, GSVSC policy is that an Incident Report is completed and submitted to Council Headquarters. The report is filed along with copy of signed parent permission form. Please consult with your Product Sales Team/SU Team if you run into money collection issues.
- Do not bundle deposits. List deposits by girls’ individual sales. If only one bank deposit made, label the deposit slip with girls’ names. Do not list unsold products as expense.
- Key word is deadline and this has to be honored. You give parents a deadline for orders and when \$ is due...having this date scheduled when you have a regular troop meeting works well. This will give candy/nut mom the extra time to get paper work organized...at least a week before it is due to the Service Unit product manager.

Cookie College is a one day entrepreneurship university experience geared towards helping Girl Scouts succeed during the Girl Scout cookie sale. Girls will attend sessions on the Five Skills of the Cookie Sales: Goal Setting, Decision Making, Money Management, People Skills, and Business Ethics. Fun patch provided. There are three cookie colleges being offered:

November 9, 2019: Sweet Briar College, Sweet Briar, Virginia

November 16, 2019: Charlottesville, Va

January 4, 2020: Roanoke, Va

Go to gsvsc.org "Events" for more information and to register. Hosted by GSVSC.

Amazement Square, Lynchburg providing badges and Journeys for Girl Scouts.

\$15/girl for badges; \$35/girl for Journeys (requires minimum of 10 girls)

Innovation Badge – B,J,C During this program, girls will investigate possible solutions for needs in their community, and they will invent a machine to serve their community by addressing this need. They will use the engineering design process to construct their product prototype out of recycled materials.

Artist Badge – B,J,C During this program, girls will explore the importance of their individuality. By investigating artists whose focus on both their physical appearance and their inner selves, students will create a portrait reflecting those qualities.

education@amazementsquare.org or 434-845-1888

www.amazementsquare.org/amazing-scouts

Journey: Brownies "Wonder of Water: It's Your Planet – Love It"

Juniors "The Agent of Change: It's Your World – Change It"

Outdoor Ed Training at Camp Sacajawea will be a combo Session beginning at 6:00 pm Friday **October 4** through early Sunday afternoon (2:00 pm) **October 6**... Planning Session 301a/Outdoor Overnight Session 301b. You may use the following links to register:

<http://www.gsvsc.org/en/events-repository/Training/2019/OutdoorEdOct2019.html>

Silver Award Training Workshop for Girls and Adults, Sunday afternoon, November 3, from 2:00 – 4:00 pm at First Christian Church. Must register through gsvsc.org to attend.

Bronze Award Training Workshop for adults, Saturday, November 16, beginning at 10:30 am (about 90 minutes) Troop House at Camp Sacajawea. Hosted by GSVSC, taught by volunteer trainer, must register on line to attend gsvsc.org Go to "Events" then November calendar.

106 Event Training, Saturday, November 23, beginning at 10:00 am (plan on 2 ½ hours) First Christian Church, 3109 Rivermont Avenue. Must register on line to attend this workshop. gsvsc.org "Events"

Troop 108 will be hosting the annual Sweetheart Dance, Friday, February 28th at the Moose Lodge #715, Lakeside Drive. Due to current GSVSC policy each leader will be required to provide health history on the Girl Scout and her escort. Tickets will be provided thereafter. Each troop will be asked to donate at least three dozen cupcakes. We will need help with decorating and food prep beginning around 11:30 am. Contact Rebecca (Becka6778@aol.com).

GSVSC Holiday Card Art Contest 2019

Theme: Taking Action – My Super Service Project

Show GSVSC in picture form your favorite Girl Scout community service project. You can create this card on your own or with your troop. It can be based on your Bronze, Silver or Gold Award Project. The winner receives a \$50 gift certificate to The Skyline Shop and her own supply of cards. There are prizes for the second and third place winners. Mail or drop off your drawing along with your contact info: Girl Scouts, Attn: Holiday Card Contest, 3663 Peters Creek Road, N.W., Roanoke, Va. 24019. Deadline: End of October

Get discounts at JoAnn Fabric and Craft Stores: Go to

<https://www.joann.com/girlscoutform>.

Who is eligible for this 15% off discount card at JoAnn's?

- Have a current GS membership with valid troop #
- or be a current Lifetime Member
- or be a parent/guardian of a Girl Scout

Challenge Course/Zip Line at Camp Kum-Ba-Yah

1. Papa and Mama zips: ages 8 and up
2. Mini zip: ages 8 and below
3. Leap for life: ages 8 and up
4. Rock climbing: ages 8 and up
5. Tire Traverse: any age
6. Nitro Swing: any age
7. Low ropes/ground games: any age...includes alligator boards, minefield games, etc.

Contact is Program Coordinator: Shelley Evans

shelly_evens@yahoo.com

Cosby Woods Programs: 4415 Boonsboro Road, Lynchburg, Va 24503 434-384-1755

Use your Safety Activity Checkpoints for GSVSC in the Volunteer Essentials to prepare for challenge courses...basic gear such as long pants, sturdy shoes, close fitting clothes, etc.

www.gsvsc.org/content/dam/girlscouts-gsvsc/documents/2018-2019VolunteerEssentials_GSVSC

Ten favorite reasons to enjoy the Girl Scout Experience:

1. Girl Scouts is a girl-only space. Girls have unique developmental needs and participating in a program tailored to those needs has well-documented benefits. Girl Scouts is the expert on girls.

2. So much more than a single-gender youth program; it's the only one that's girl led! Girls choose the exciting hands on activities that interest them most whether that's earning badges, exploring the great outdoors, learning business skills while selling Girl Scout Cookies or making a difference in their community.
3. All girls deserve the opportunity to participate in fun, confidence boosting activities in a judgment-free space and that's why Girl Scouts will always be an inclusive supportive community where girls are free to be who they want. There is a place for every girl in Girl Scouts.
4. Girl Scouts offers hands-on, girl-centered learning in STEM. Research shows that Girl Scouts who said they didn't like math or science at the start of their STEM programs became more positive about these subjects after participating and 77% said that because of Girl Scouts they're considering a career in technology.
5. It's a fact: companies today seek employees with essential people skills who are prepared to be inspirational, empathetic leaders. Through Girl Scouts, girls discover the importance of teamwork, become creative problem-solvers and glow with positivity, empowering others to be their best G.I.R.L. selves too – the kind of leader every workplace deserves.
6. Girl Scouts believe in leaving a place better than you found it and becoming civically engaged is the first step in fighting injustice and making positive change a reality. Girls learn to make their voices heard and to mobilize their community to make the world a better place.
7. This All Girl environment is the most inspiring sisterhood. Girl Scouts are continually leading amazing initiatives that improve their communities – she is a change-maker.
8. The Girl Scout Gold Award is her chance to make a sustainable positive impact on her community. But the experience also directly benefits her as she learns valuable community organizing and project management skills making her stand out on college applications, earning her scholarships and enabling her to enter the military one rank higher.
9. Girl Scout alums break glass ceilings, and it's easy to see why: the confidence and persistence needed to smash through barriers in the workforce and bust gender stereotypes is rooted in having a girl-only space where girls know anything is possible.
10. Building girls of courage, confidence and character isn't just mission statement fluff, it's what we live and breathe at Girl Scouts and the outcomes speak for themselves

Girl Scouts is the best leadership development organization – it's her place to thrive!

Thank you Girl Scout leaders who are the drivers of this program. These girls are accomplishing so much because of your commitment.

Amazon Smile is a simple automatic way to support GSVSC every time you shop, each purchase will benefit our council. Amazon will donate a portion of your purchase price to GSVSC. On your first time visit to Amazon (smile.amazon.com) select "Girl Scouts of Virginia Skyline Council" as your charity.

Kroger Community Rewards is another way to fundraise for GSVSC. When you shop at Kroger swipe your Kroger Plus Card. Go to

<https://www.kroger.com/communityrewards> and choose "Girl Scouts of Virginia Skyline," #82832 as your charity. Remember to re-register your Kroger card yearly. Troops are not eligible to register with either Amazon Smile or Kroger Community Rewards under the current money earning guidelines. These two reward programs benefit our own council's operating budgets.

Forms/documents:

<http://www.gsvsc.org/en/for-volunteers/forms---documents.htm>

Volunteer Resources Tab for trainers, delegates, troop leaders, service units, info/suggestions on first 6 troop meetings (D,B,J) <http://www.gsvsc.org/en/for-volunteers/volunteer-resources.htm>

"Life is short. Spend it with People who make you Laugh and feel Loved. We need people in our lives who raise our standard, remind us of our purpose and challenge us to become the best version of ourselves. No woman becomes great on her own. The people around her, make her great."

Lynchburg Campbell County Girl Scout Service Unit
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Questions: LynchburgCampbellCoGirlScouts@gmail.com
www.lburgccgirlscouts.weebly.com
www.facebook.com/LCCGSSU