

Lynchburg Campbell County Girl Scout Service Unit
Amherst/Appomattox

October 2021 Update

Cadette Outdoor Journey in a Day...and what a day... a really great day, 9 am to 9 pm packed full of lots of hands on learning stations from outdoor cooking, to building primitive shelters, tents – knots – knives, backpacking and so much more. The day ended with a night hike. The resident Great Horned Owl was most accommodating to the girls delight. Their Take Action project was to clean up, reblaze and reopen the Chapel Trail, then create a connector trail to the Hideaway Road where Chapel Trail and Animal Tracker Trail merge...beautiful. Look for the orange and white blazes. Many thanks to our amazing facilitators...Outdoor Ed facilitators: Donna, Gail, Ann and Rebecca; April and Emily our trail experts; Jesse and David: how to build Primitive Shelters; Amy our backpacking expert who also provided some cool information on edible food growing around camp; Kathie and Shelly led our Night Owl program and the second year med students from Liberty University did an amazing job helping our girls earn the First Aid Badge. Tremendous Day of learning and lots and lots of great outdoor fun! Saturday 25, 2021.

Many thanks to Karen Camper who has served our Service Unit and Girl Scouting for over 18 years as a troop leader and Area 9 Gold Award Champion. Karen has recently retired from these positions. **Karen Stober** has graciously agreed to be our new Area 9 representative serving both Lynchburg Campbell County and Bedford. She already serves Area 8, Amherst, Appomattox and Buckingham. Her contact information:
GACMArea8@gsvsc.org
GACMArea9@gsvsc.org

You must check out Facebook page: **“Living in the Heart of – LHOV, Air date 9/30/21.** Two of our highest cookie sellers from this past year, **Taylor and Ashley**, from Troop 234 spoke about Girl Cookie Sales and about the new cookie for this year “Adventurefuls.” Excellent presentation.

Sharlene Riddlebarger, SU volunteer and the third signer on your troop’s account has retired from Girl Scouting. Donna Guill will fill this position and be part of the LCC finance team. **Leaders, you need to update your troop’s account with BB&T. Troop leader submit form #4319, request to remove Sharlene’s name and add Donna Guill** (Donna.C.Guill@gmail.com). You will receive a letter from GSVSC instructing you and your co-leader to sign paper work at BB&T branch as noted on letter.

The **Skyline Adventurers** was founded in 1986, created by volunteers to give older Girl Scouts **ages 11 – 17** a place to challenge themselves to try new exciting outdoor activities like kayaking, rock climbing, caving, hiking and much more. There is travel, regionally, nationally and overseas. It is ideal for Juliettes as well as girls you are part

of in conventional troop who are looking for more high adventure activities. For more information and a calendar of upcoming events/activities...www.gsvsc/adventurers

Upcoming Lynchburg/Campbell County SU events/activities...

- **Fitness Fun**, Saturday, October 9, 2021 at Sac
- **Junior Journey in a Day**, October 23, 2021
- **Girl Scout Tea**, Saturday, November 13, 2021 at First Presbyterian Church (D-B-J)
- **Super Service Day**, Saturday, December 11, 2021, at First Presbyterian Church (D-B-J-C-S-A)

Flyers: www.lburgccgirlscouts.weebly.com.

Look for "Events" page (password protected) scroll down to month. Questions:

Becka6778@aol.com or abebko@gmail.com

Fall Open Council Dialogue Meetings...open to all volunteers. These meetings give volunteers the opportunity to share their thoughts, ideas and concerns as well as offer suggestions to the governance of GSVSC. Registration open on gsvsc website. No cost.

Monday, October 18 – 6:00 – 8:00 pm

Thursday, October 21 – 6:00 – 8:00 pm

Saturday, November 6 – 10:00 – 12:00 virtual and in person (Charlottesville, North side Library)

Tuesday, November 9 – 6:00 – 8:00 pm virtual and in person at Headquarters

Save the date, **January 22, 2022, GSVSC Annual Meeting** in Radford.

Holiday Card Contest "Shaking It Up" – GSVSC needs your help designing their 2021 holiday card. Show them in "picture form" your Girl Scout troop or favorite Girl Scout activity, event, badge or fun patch in a snow globe. Project can be done solo or with troop members. Winner will receive a \$50 gift certificate to the Skyline Shop and her own supply of cards. Mail or drop off drawing to Girl Scouts – Attention – Holiday Card Contest, 3663 Peters Creek Road, N.W., Roanoke, Va 24019. Submit by November 1, 2021.

GSVSC Archery Day at Icimani, Saturday, October 16, 10:00 – 2:00 pm for B-J-C-S-A. Cost: \$10. Register on gsvsc web site.

We will be participating in the "**Festival of Trees**" hosted by the Alan B. Pearson Reginal Cancer Center, a group service project we have enjoyed doing together for the last eight years. Our "**Girl Scout Tree of Hope**" will go on display mid November and the public will be able to view all the beautiful trees November 22 thru December 11, via online platform, Qtego. All the trees are gorgeous...you must see and invite your girls. The "GS Tree of Hope" will be decorated with SWAPs. This year our tree is being donated by Sue and Mike Reeves. Our tree will be auctioned December 11th; this donation will go to the Cancer Care Patient Fund, helping those clients in need of transportation, wigs, etc. Rebecca will need your troop's SWAPs by the first week in November...Becka6778@aol.com so we can plan pick up drop off. A **wonderful**

charitable opportunity for troops to be involved in providing a memorable season for patients, their families and caregivers. Thank you for your willingness to give.

We are making great headway toward reopening Camp Sacajawea Trails. Thank you to all our volunteers... Girl Scouts and their families

- **Chapel Trail:** "Open" thanks to Troops 40, 440, 9424, 678 and 1315. Look for the painted steps off camp road
- **Animal Tracker Trail:** "Open." Many thanks to Emily... What an amazing Silver Award project and creation of the "Fairy Trail Adventure" program.
- **Pavilion Trail:** "Open," thanks to Donna and Rebecca
- **Great Excursion Trail** from the Sweetheart Trail to where it meets Skinny Dip Hole Trail. "Open" Troop 9424 will be creating a small foot bridge and building steps over some rough spots... but trail still passable.
- **Mama Stump Trail** and **Sweetheart Trail** will be opened Spring '22
- **Skinny Dip Hole Trail** will reopen as soon as Lynchburg City has completed their work (probably spring as well)
- **James River Trail**, tentative plans, mid winter and only ½ of trail
- **Judith Creek Trail:** Spring

Of all the paths you take in life, make sure a few of these are dirt. John Muir **Walk in nature is good for the soul!**

Activities/Trips/Travel

- Volunteers submit an Activity/Trip Permission Form #2129 and obtain council permission for activities and travel that involves:
 - 1) a day or overnight trip that includes non-registered participants
 - 2) a day or overnight trip outside council boundaries
 - 3) trip or overnights... 2 nights/3 days or more
 - 4) travel outside the continental US
 - 5) camping activities, including backyard camping, campfire, outdoor cooking and cabin camping
 - 6) programs that include human sexuality and related health issues
 - 7) activities that present a greater risk than usual... refer to the council Policy P1
- Sleeping Accommodations
 - 1) When renting or using your own tents, keep sleeping occupancy at 50% of the manufacturing recommendations for the tent. Avoid using family size tents with occupancy capacity over 6 people unless only used by one family household.
 - 2) When renting council properties or cabinettes/platform tent structures, limit sleeping capacity to 50% of the recommended occupancy.
For example:
 - Council platform tents sleep 4-6, keep to 3 or less
 - Council cabinettes sleep 6-8, keep to 4 or less
 - See "Sleeping Accommodations" section for complete details

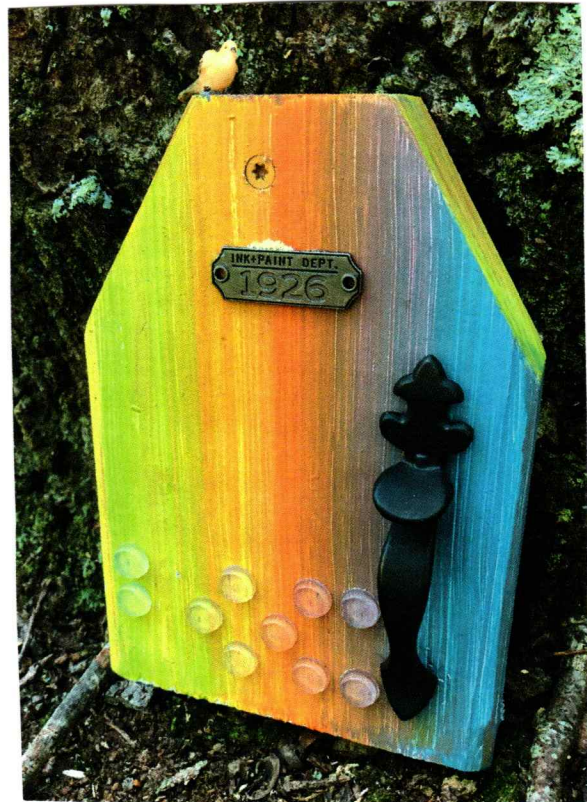
Promise of the Promise

Congratulations to Abby Faitak, member of Troop 1164 Bedford, who has completed her Gold Award Project and earned the prestigious Gold Award. Abby and her team designed and built a Gazebo at Mountain View Methodist Church.



Congratulations to Emily, Troop 40, on completing her Silver Award Project, creating the “**Fairy Trail Adventurers on the Animal Tracker Trail.**” Emily and her team cleared the trail, repainted the signs and blazes so it could be once again be a useable trail. She designed and installed 11 fairy doors in a Fairy Village along the trail, fairy magic that will last all year long. She made an activity tub available at Sunspot with themed hikes, a fairy trail scavenger hunt book, trail and badge activities for D-B-J Girl Scouts to help them earn their **Trail Adventurer Badge**...lots of fairy themed fun for all.





Congratulations to Maggie, member of Troop 440, who has completed her **Silver Award Project** at the Historical Old City Cemetery (opened 1806). Maggie's focus was to improve the literacy not only in Tinbridge Hill, inner city Lynchburg but around the world reaching way beyond her community. The Old City Cemetery on the National Historical Registry has 33,000 visitors a year. Maggie designed and built a large free standing library, carefully selecting books to reach a diverse population...English, Spanish, Korean, Arabic and books in Braille so visually impaired mothers could read to their children. Maggie not only partnered with the OCC Board who will oversee the library but the DAR who will keep it stocked. Please visit...a must see project! It is located in the children's area near the big tree swing. Team Advisor: Young Mee Yi and Sarah Muminovic. Project Advisor: C. Michael Reeves.



Congratulations to Sophia, Danielle, Gabby, Addison, Allana and Lydian, members of Junior Troop 676, for completing their **Bronze Award** "Amphitheater Upgrade" making some very needed improvements to The Griz. They removed brush, trimmed to better define the area. They reset the benches and transformed a garden of weeds into a garden of kindness rocks providing words of encouragement. The girls painted the bench on the stage, the electrical post and amphitheaters signs and did some major cleaning of the signs themselves. A very special feature is the newly

Forms/documents:

<http://www.gsvsc.org/en/for-volunteers/forms---htm>

Volunteer Resources Tab for trainers, delegates, troop leaders, service units, info/suggestions on first six troop meetings (D, B, J))

<http://www.gsvsc.org/en/for-volunteers/volunteer-resources.htm>

**You spend most of your life
inside your head
Make it a nice place to be.**

**Fill your life with Adventurers,
Not things, have stories to tell
not stuff to show.**

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Questions: LynchburgCampbellCoGirlScouts@gmail.com
[www/facebook.com/LCCGSSU](http://www.facebook.com/LCCGSSU)