

## Lynchburg Campbell County Girl Scout Service Unit November 2019 Update

Please **welcome** **Caroline** Arp who co-leads the Brownie level Troop 9200 at PUMC and **Amanda** Lee to co-lead Daisy Troop 8365.

We enjoyed a productive **Open Dialogue Meeting** on **October 3** with Nikki Williams, CEO GSVSC and Holli Drewry, GSVSC Board member...some good discussion came out of this.

- GSVSC Board is seeking volunteer involvement, feedback and participation
- GSVSC Board wants everything we do to be mission-centric and mission-driven
- Big concern addressed: there is currently no council-wide volunteer net work: Service Unit Managers/Team leaders don't know each other, but could possibly gain a lot if there was a way to connect them to each other and facilitate communication between service units...sharing best practices would be helpful.

We had such a good time at the Junior Camporee "**Spook-o-ree**" where the girls earned their Outdoor Journey weekend of **October 12/13** at Camp Sacajawea. They learned a great deal from Bonnie and Kathie about bats and owls. Working as teams the girls built eleven owl nesting boxes for Camp Sac as their Take Action project. The afternoon was filled with campfire safety, hiking, making solar ovens and designing outdoor art take home crafts. The evening event took place at the big Pavilion fire ring that was lighted with jack-o-lanterns. The girls donated over 100 pairs of socks to the clients at Daily Bread and Warm Streets. Thank you to our volunteers; Bonnie, Kathie, April, Amy, Rebecca, Marc, Bree, Ashton, Taytum, Helen and Emily.

So much **fun** at **Field Day**, Saturday, **October 26**...a partnership with Kappa Delta at UL. The Daisy Girls Scouts got to earn Respect Myself and Others; our Brownie Girl Scouts earned Making Games and Fair Play; and our Juniors earned Practice with Purpose and Staying Fit.

Humankind is in **need of Thanksgiving Turkey Boxes** for families in need. Please call them soon if you can help, 434-845-5944. Each box needs to be filled with suggested food items to feed a family of six. Boxes are dropped off at **Humankind's new location 1660 Graves Mill Road 24502.**

GS SWAPs are needed to fill the "**Girl Scout Tree of Hope**" planned at the Alan B. Pearson Cancer Center as part of the Festival of Trees. The GS tree will be auctioned December 13 with all proceeds going toward the "**Patient Care Support Fun,**" helping to provide transportation and purchase of wigs. Please contact Rebecca by November 10 if you have SWAPs for the tree so we can arrange a pick up time. The trees can be viewed from November 25 through December, 13 from 9:00 am – 6:00 pm – closed weekends. We will post our "GS Tree of Hope" on face book. For more information check out the Service page on the LCC Service Unit web site:

[www.lburaccoairiscouts.weebly.com](http://www.lburaccoairiscouts.weebly.com).

We are in need of two piece cardboard **shoe boxes** for Super Service Day. Boxes must be wrapped with white paper (Marion does this) prior to the event to make decorating easier. Shoe boxes the girls bring on 12/14 will be collected and used next year.

**“On line cookie sales begin December 15, regular “card” sales begin January 1, 2020.**

**Wild Women’s Weekend**, March 13 – 15 at Camp Sacajawea. Theme for this year “HERstory – Stepping into the Past.” This weekend facilitated by the Adventurers will help you provide older girl programming (girls 11 and up). Activities to include 106 Event Training if you have not taken this, Adventurer Training and planning session, a service project and some planned activities in Lynchburg that are history related. Trip Training (201) which is online is required as prerequisite to Adventurer training. All meals Saturday and Sunday are provided. There is a banquet Saturday evening that includes a silent auction (money raised for Adventurer scholarships). Lodging is in Bunkhouse 1 & 2 plus Gay Lodge. Cost is \$50 for the weekend. Registration soon to be open online but if you have questions: [adventurers1912@gmail.com](mailto:adventurers1912@gmail.com). **They really need Adventurer coordinators/facilitators in the Lynchburg/surrounding area...**Wild Women’s Weekend will show you how.

**Silver Award Training** is now **required** (effective October 1, 2019) whether you choose online or the classroom workshop. This training time can be used toward your planning hours.

**Karen Camper**, member of the Gold Award Committee, also serves as Lynchburg Campbell County SU **Gold Award Champion**. She can work directly with girls prior to submitting their proposals. She is a great asset, helping our girls with Gold Award proposals, budgeting and assisting in proof reading the proposal before it goes to the committee for review. Girls must have their proposal approved by the Gold Award Committee before they actually start on their project. Call/text/email: [krcamper@msn.com](mailto:krcamper@msn.com) or 434-221-5415.

We are super excited about the **partnership with Amazement Square, Camp Kum-Ba-Yah, Claytor Nature Science Center and Randolph College** who are willing to provide programming for Girl Scouts. Leaders will be able to contact them directly. These programs are open to all Girl Scouts.

- **Amazement Square**

- Programs require a minimum of 10 scouts and a \$75 deposit to register. Cost covers hands-on-activities, projects and museum exploration. One leader is admitted free of charge, additional adults and siblings can join the fun for rate of \$8 per person for entire day in museum.
  1. Badges: One hour program/\$15 per scout/Badge included
    - Innovation (B,J,C)
    - Artist (B,J,C)
    - Space (D,B,J,C)

2. Badge Series: 1 ½ hour program/\$15 per scout/fun patch included/troop fund covers 3 badges earned
    - Robotics I, II, III ((D,B,J,C)
    - Coding I, II, III (D,B,J,C)
  3. Journeys: 2 ½ hour program/\$35 per scout/Journey Badge set included
    - It's Your Planet – Love It (Brownie)
- To schedule a Girl Scout experience, contact Amazement Square at **434-845-1888** or [visitus@amazementsquare.org](mailto:visitus@amazementsquare.org)
  - 27 9<sup>th</sup> Street, Lynchburg, Va. 24504
- **Camp Kum-Ba-Yah**
    - Most programs run \$10 per girl or \$100 for up to 12. Max 20 girls.
    - Program will include a participation patch.
    - No cost to troop co-leaders but they must be registered with GSVSC/include first aider.
    - Everyone should bring a bottle of water – also first aid kit and health histories.
    - 1. Badges:
      - Eco-Learner (D)
      - Bugs (B)
      - Outdoor Art Creator (B)
    - To schedule a Girl Scout experience, contact Shelly Evans, Program Coordinator 434-384-1755 or [cosbywoods\\_programs@gmail.com](mailto:cosbywoods_programs@gmail.com)/Check made out to Camp Kum-Ba-Yah and mailed to Camp Kum-Ba-Yah, 4415 Boonsboro Road, Lynchburg, Va. 24503
    - Challenge Course/Zip line also offered (this has been vetted by GSVSC)
      1. Papa and Mama Zips: ages 8 and up
      2. Mini Zip: ages 8 and below
      3. Leap for Life: ages 8 and up
      4. Rocking Climbing: ages 8 and up
      5. Tire Traverse: any age
      6. Nitro Swing: any age
      7. Low Ropes/Ground Games: any age
    - Use your Safety Activity checkpoints from GSVSC Volunteer Essentials to prepare for challenge courses...basic gear such as long pants, sturdy shoes, etc.
  - **Claytor Nature Science Center**
    - Badge programs will be 1.5 to 2 hours long and will include reserved time in Otter space nature play space after program.
    - Girl Scout Badges will not be provided
    - Cost \$100 up to 12 girls, then \$10 per girl beyond 12. Max is 24 girls per individual session.
    - Registration will be by email request to Danielle Racke at [racke\\_d@lynchburg.edu](mailto:racke_d@lynchburg.edu). Request must include age and number of girls, requested badge curriculum and request for date. Every troop must bring at least two troop leaders/one must be first aider.

1. Badges – Daisy
  - Science Explorer
  - Trail Adventure
  - Outdoor Art Maker
2. Badges – Brownie
  - Space Science Adventurer
  - Trail Adventure
  - Outdoor Art Creator
  - Senses (indoor/outdoor)
  - Home Scientist (indoor)
  - Bugs
  - Outdoor Adventure (day or evening)
  - Hiker
  - Eco Friend
3. Badges – Junior
  - Space Science Investigator
  - Flowers
  - Animal Habitats
  - Gardener
  - Trail Adventure
  - Outdoor Art apprentice
4. Badges – Cadette
  - Night Owl
  - Eco Trekker
  - Outdoor Art Apprentice
  - Primitive Camper (Claytor has facilities but does not currently lead this badge work)
  - Trail Adventure (Claytor has facilities but does not currently lead this badge work.)

Address for Caytor Science Center, 1844 Woods Road, Bedford, Va.  
24523/affiliated with the University of Lynchburg.

We will be working on Coding I, II, and III for our Cadettes and Senior Girl Scouts/February date with **Randolph College**. Rregistration will be through LCC.

#### **Roster Clean Up**

- Renewal helps with cleaning up your troop's roster.
- Please let council know if anyone is not returning or shouldn't be on your list.  
[info@gsvsc.org](mailto:info@gsvsc.org)
- Check your roster to make sure new members are showing up.

#### **Volunteer Finance Policy Update**

- VF6 Procedure updated regarding additional money-earning projects being carried out without council approval; forfeit of proceeds and no participation in the next product sale cycle.

- New VF12 Policy and Procedures outline IR regulation that safeguard against the use of GS funds to the private benefit or interest of individual; affects GS nonprofit status
- Troop money; \$ belongs to troop not to individual girls.

**Troops not registered** by the end of November will be **deemed as disbanded troops**. GSVSC will move to close their troop accounts. Funds will be held for one year in case the troop decides to register within this 12 month time period. Beyond that point funds will be moved to the GSVSC general fund. Attempts will be made to place girls. Let us hear from you... [Becka6778@aol.com](mailto:Becka6778@aol.com) or GSVSC staff support Rebekah Shmokler at [rshmokler@gsvsc.org](mailto:rshmokler@gsvsc.org).

### **Troop Finances Best Practices**

- Financial Goals:
  - The troop plans and finances activities with guidance of co-leaders. The girls can and should be part of the troop financial management by helping to track funds and make decision on how money should be spent.
  - For girls gain business and financial literacy skills appropriate to their age level.
  - For girls to understand that they must do their part to help the troop earn money to accomplish the things they want to do.
  - For girls to apply business and financial literacy skills gained in Girl Scouting throughout their lives.
  - For Girl Scout troops to be self sustaining through participation in Product Sales.
- Troop Bank Account
  - Each bank account must have at least two unrelated troop signers from the troop. The third signer is one of the SU's finance facilitators.
- Finance tips
  - Consider an accordion type folder with tabs to label each month.
  - Place each month's receipts, deposit slips and bank statements in corresponding slot.
  - Keep a receipt book handy and carry it with your troop bank card/checkbook.
  - Label receipts at time of purchase.
  - Label all receipts by category from Finance Worksheet.
  - Staple receipts, slips, etc. to monthly bank statement.
  - When you receive your monthly bank statements attach all deposit slips recorded on that bank statement to that statement.
  - To save money, consider ordering checks through online from reputable companies rather than through the bank.
- Best Practices:
  - Review and keep all monthly bank statements.
  - Keep all receipts. There should be a receipt for every expense.
  - The person managing the GS bank account must retain copies of the troop's EOY finance report, receipts and bank statements for a minimum of 3 years.

- Troop bank statements should be shared with girls and parents to encourage financial literacy and a girl-led environment for goal setting and troop planning as well as financial transparency.
- Avoid using cash when at all possible.
- Keep copies of all reimbursement checks. Do not write reimbursement checks without first receiving a receipt for the purchase. If reimbursing multiple transactions, write a reimbursement check for each transaction (do not “lump” them together).
- Never write a reimbursement check to yourself (the other signer on the account must write it to you and sign with their name).
- GS money must be held in a checking at either First Citizens Bank, BB+T, Union First, Bank of Botebount, First and Citizens Bank or Grayson National Bank...bank that offers on line banking
- Girl Scouts are not permitted to solicit monetary donations, but may solicit donations for goods (craft supplies, first aid kit supplies, etc.)

### **First Aid Certification**

- Council approved First Aid/CPR/AED class providers
  - American Red Cross
  - American Heart Association
  - National Safety Council
  - American Safety + Health Institute
  - Medic First Aid
  - SOLO (Stonehearth Opening Learning Opportunities)T
- Caution: First Aid/CPR training that is available entirely **online does not satisfy Girl Scout’s requirements**. Such courses do not offer enough opportunities to practice and receive feedback on your technique. Get approval from council prior to enrolling in a course with any online component.
- The presence of an **advanced first aider** (MD, EMT, etc.) is required at resident camps, day camps...For large events, with 200 people or more there should be additional first aiders, one advanced first aider for every 200 participants. The following healthcare providers may serve as advanced first aiders for large groups: physician, physician assistant, nurse practitioner, registered nurse, licensed practical nurse, paramedic, military medic and emergency medical technician.
- **American Red Cross Discount Code: GSAUSAVA 200922**
  - 20% discount
  - Expiration date: 9/16/22
- **Wilderness First Aider:** if you will not be able to get help within 30 minutes (arrival time/minimal cell service with you) you will need a WF Aider.

### **Upcoming Events/Activities**

- **Girl Scout Tea/Cupcake Fun**, Sunday, November 10, 2:00 pm at First Christian
- **Bronze Award Workshop/Training** for our adults Saturday, **November 16**, at 10:30 Troop House Camp Sac. Register online to attend, gsvsc.org

- **Geocaching for Juniors, Saturday, November 16**, at 1:00 pm at Sacajawea. Flyer posted on LCC web site or contact Rebecca
- **Wednesday, November 20 – December 13** Viewing of “**GS Tree of Hope**” part of the Festival of Trees at Alan B. Pearson Cancer Center
- **Candy/Nut Delivery at First Christian Church...**time TBA **Thursday, November 21**
- **106 Event Planning Training** at First Christian Church 10:00 am **Saturday, November 23**. Register on line with [gsvsc.org](http://gsvsc.org)
- **Cookie Training, 6:00 pm Thursday December 5**, at First Christian Church. Register with Rebecca ([Becka6778@aol.com](mailto:Becka6778@aol.com)) copy to Detria (the [preachaswife@hotmail.com](mailto:preachaswife@hotmail.com)) Need name of troop's primary co-leader, cookie mom's contact info, troop #, etc. Cookie mom needs to take GS105, on line training. We will have a brief SU meeting prior to training.
- **Lynchburg Christmas Parade, Sunday, December 8**. Line up will be at the City Stadium...line up #TBA around Thanksgiving. Parade starts at 4:00 pm
- **Super Service Day, Saturday, December 14**, at First Presbyterian Church, VES Road
- **Wreaths Across American, Saturday, December 14**, at the Old city Cemetery, 11:45 am. For more information see # on LCC web site “Service” page [www.lburgccgirlscoouts.weebly.com](http://www.lburgccgirlscoouts.weebly.com)
- **Investiture of New Leaders, Thursday, January 2**, 6:30 pm at First Christian Church. Friendship ribbons and leader pins will be presented.
- **Annual Meeting GSVSC** in Lynchburg or Sweet Briar TBA. There is a social Friday evening, business meeting is Saturday am, **January 25**. Lunch is optional but highly recommended...great time to network. Register on line. For adults and girls.
- **Dance Workshop** (partnership; between LCC and Dance-Music-Creation), **Saturday, February 8** 2:00 – 4:30 pm at TUMC. D-B-J level. Hosted by Shining Star Dance Team.
- **Sweetheart Dance, Friday, February 28**, 7:00 – 10:00 pm at Moose Lodge #715, Lakeside Drive
- **World Thinking Day, Saturday, March 7**, at First Presbyterian Church
- **Archery Level 1 Instructor Training** by USA certified instructor **Saturday, March 28** 9:00 am – 4:00 pm at Sac. Hosted by LCC
- **SU Meeting Thursday, April 2**, 6:30 pm at First Christian Church
- **Daisy Day** at Camp; Sac, 9:00 am – 3:00 pm **Saturday, April 4**. Our campers will have the opportunity to earn the “**Daisy Flower Garden Journey**”
- **College Planning/Preparation/Campus Tour** at University of Lynchburg, 2:00 pm **Sunday, April 5**, presented by Kappa Delta
- **Brownie Camporee**, weekend of **April 25/26** at Camp Sacajawea. Our campers will have the opportunity to earn the “**Brownie Quest Journey**” recipients, **Saturday, May 2**, 6:00 – 8:00 pm that includes a covered dish supper
- **Bridging and Awards Recognition Ceremony** **Sunday afternoon, May 17**, at TUMC
- **Leader appreciation Dinner, Thursday, June 4**, at First Christian Church. Cookie incentives will most likely be ready for pick up this evening.

**Amazon Smile** is a simple automatic way to support GSVSC every time you shop, each purchase will benefit our council. Amazon will donate a portion of your purchase price to

**GSVSC.** On your first time visit to Amazon (smile.amazon.com) select "Girl Scouts of Virginia Skyline Council" as your charity.

**Kroger Community Rewards** is another way to fundraise for GSVSC. When you shop at Kroger swipe your Kroger Plus Card. Go to <https://www.kroger.com/communityrewards> and choose "Girl Scouts of Virginia Skyline," #82832 as your charity. Remember to re-register your Kroger card yearly. Troops are not eligible to register with either Amazon Smile or Kroger Community Rewards under the current money earning guidelines. These two reward programs benefit our own council's operating budgets.

**Forms/documents:**

<http://www.gsvsc.org/en/for-volunteers/forms---documents.htm>

**Volunteer Resources Tab** for trainers, delegates, troop leaders, service units, info/suggestions on first 6 troop meetings (D,B,J) <http://www.gsvsc.org/en/for-volunteers/volunteer-resources.htm>

**There is a purpose for everyone you meet. Some people come into your life to test you, some to teach you, some to use you and some to bring out the very best in you.**

Lynchburg Campbell County Girl Scout Service Unit  
4925 Boonsboro Road, PMB 189  
Lynchburg, Virginia 24503

**Questions:** [LynchburgCampbellCoGirlScouts@gmail.com](mailto:LynchburgCampbellCoGirlScouts@gmail.com)  
[www.lburgccgirlscouts.weebly.com](http://www.lburgccgirlscouts.weebly.com)  
[www.facebook.com/LCCGSSU](http://www.facebook.com/LCCGSSU)