

**Lynchburg Campbell County Girl Scout Service Unit
Amherst/Appomattox**

March Update 2020

Thursday, March 5, 2020

First Christian Church 6:30 (6:00 Team Meeting)

Program: Service Unit Meeting

"Mental Health First Aids" Dr. Emily Bradshaw

2020 GSVSC Annual Meeting

- The Membership Voice Committee focuses on the Governance of the Council
- Governance of the GSVSC is the work of the Board of Directors. Dawn Wiese serves as Board Chair.
- The Board Includes:
 - Fiduciary: Board is responsible for the financial health of the council
 - Single most important job to maintain the non-profit organization status
 - The board reviews annual audit/signs tax documents
 - Libby Edwards-Allbaugh, CPA, Council Treasurer reported that GSVSC is in a strong financial position, better than many non-profit organizations
 - Strategic: Must think strategically to position for long term health, weighing in the needs of the council with national GS movement
 - Procedural: Board must follow Council policies and procedures. .
. Council's policies and procedures created by the membership which are entrusted to the Board to follow
 - Supervisory: Board supervises the CEO (CEO supervises the GSVSC staff). Board must understand the full work of the council.
- Board is made up of volunteers. All Board members have made both financial and time commitments to promote the values of GS and to support the work of GSVSC. The Board works for the members.
- Members would like to have a greater voice in the operation of the Council as brought out during many of the Open Dialogue meetings. Nikki Williams, CEO, has announced the creation of a Volunteer Advisory Committee to the CEO with a focus on Operations. If you are interested in being a part of this committee contact Susan Hodges at shodges@gsvsc.org.

You can read Dawn's post: Annual Meeting letter from the January 31 GS Connections.

The Cadettes enjoyed an amazing day on the campus of Randolph College Saturday, February 1. Dr. Peter Sheldon and his staff of 8 college students from the **Department of Physics and Engineering** helped our girls earn the **Coding and Robotics** badges and invited them to join them in the college cafeteria for lunch—so cool! We will partner with them again. . .great hands on learning.

We appreciate the students and instructors from the **Dance Music Creation** studio for providing our girls with the most amazing instructional dance program on Saturday, **February 8, 2020**. It took place at their facility so our girls could really get into the dancing groove. Many thanks to the Shining Star Dance Team.

Troop 108 did a fabulous job planning and hosting the **Sweetheart Dance** February 20 at the Moose Lodge. It was an amazing evening that included pictures, music by Mad Lad, the famous cupcake bar and more. Thanks to everyone who participated in this event!! **Special thanks to Troop 108!** This was a money earning event for the SU to assist with planning and Sacajawea Camp rental for the '20-'21 scouting year.

Due to circumstances beyond our control, it is necessary to **postpone** our **Archery 1** instructional course scheduled for Saturday, **March 28**, at Sac. Will keep you posted regarding a new date.

Mark your calendars for:

March 7, 2020 World Thinking Day

March 14, 2020 106 Event Training 8:30 – 11:30 at Camp Sacajawea (Bunkhouse). No charge but you must register with Chris at shoelesswonderer@gmail.com

March 14-15, 2020 Wild Women's Weekend at Camp Sacajawea: Training to be an Adventure Facilitator

March 17, 2020, Tuesday "Skate Night at FunQuest" 6:00 – 7:50
Registration/flyer on LCC web site

March 20-22 CIT Training at Sugar Hollow. Register on line gsvsc.org

March 29, 2020 Gold Award Training/Gay Lodge at Sacajawea. Register on line

April 4, 2020 Daisy Day at Sacajawea Registration/flyer on LCC web site

April 4/5, 2020 Outdoor Education (GS301b – overnight session) at Sugar Hollow. Register with gsvsc.org

April 25/26 Brownie Camporee at Sacajawea Registration/flyer on LCC web site

May 2, 2020 Sunday 9:00 – 4:00, CPA Training in Grottoes, Va

Star Parties at:

- **Winfree Observatory**, Randolph College. Use their telescope to view celestial objects. Upcoming dates Saturday 3-28/ 4-25/ 5-9. For more info www.randolphscience.org
- University of Lynchburg at **Belk Astronomical Observatory** – Claytor Nature Center in Bedford. Enjoy use of powerful telescopes/ night hike, etc. <https://www.lynchburg.edu>

Tough Cookie Challenge Race

Green Hill Park, Roanoke County, 2501 Greenhill Park Road, Salem, Virginia
24513. **Saturday, March 7, 2020**

<https://mailchi.mp/93830132d206/toughcookie2020-/>

“Striving for the Gold” Girl Scout Awards Dinner: Recognizing Girl Scout Bronze, Silver and Gold Award Projects 2019-2020. Invitation is extended to our Girl Scouts, their families and guests. Service Unit members are welcome to help us recognize these extraordinary young ladies. Please complete the registration and use the sign up genius. Date **Saturday May 2** at First Presbyterian Church, 6:00. We will need project descriptions for our program.

Bridging and Awards Recognition, Sunday, May 17, at Timberlake United Methodist Church. Registration through troop leaders is helpful as we plan for the reception, but all Girl Scouts and their families are welcome. This event is being hosted by Jodi Ettare and Troop 234. They are putting together a slide show for the parents and need troop pictures from you. Taylor and Baily are overseeing this part of the program and need photographs by April 1, email to jvettare2@gmail.com.

Challenge Course/Zip Line at Camp Kum-Ba-Yah

1. Papa and Mama zips: ages 8 and up
2. Mini zip: ages 8 and below
3. Leap for life: ages 8 and up
4. Rock climbing: ages 8 and up
5. Tire Traverse: any age
6. Nitro Swing: any age
7. Low ropes/ground games: any age...includes alligator boards, minefield games, etc.

Contact is Program Coordinator: Shelley Evans

shellyl_evans@yahoo.com

Cosby Woods Programs: 4415 Boonsboro Road, Lynchburg, Va 24503 434-384-1755
Use your Safety Activity Checkpoints for GSVSC in the Volunteer Essentials to prepare for challenge courses...basic gear such as long pants, sturdy shoes, close fitting clothes, etc.

www.gsvsc.org/content/dam/girlscouts-gsvsc/documents/2018-2019VolunteerEssentials_GSVSC

Cookies:

We have had the most amazing Girl Scout Cookie Team. . . kudos to Detria and Sarah for taking the lead on product sales, our cookie cupboard and all the troops' cookie moms. No easy job as you have gathered. The girls have learned so much from selling to running a business. Please take the time to thank them for their time, positive attitude and humor.

Detria Moore: LCC Project Sales Manager/Cookie Cupboard

thepreachaswife@hotmail.com

Sarah Muminovic: Cookie booth Co-ordinator

lccgssucookiebooths@gmail.com

- Last day for troops to place an order is March 7th for delivery the week of March 9th.
- Online sales end March 15th
- Troops have until March 20th to move product to girls and make reward selection.
- After all troop transfers have been made, and all product moved to girls, troops should print out their reward report, to know which girls get the various incentives.
- Final payment due to Detria March 30th. She will send out an email with opportunities to meet up in order to collect payment. Troops are responsible for getting their final balance due from the eBudde system looking on the sales report tab.
- Troops can call council directly to make their final payment with their troop debit card.
- When making their final payments, troops should also submit any 5-box customer slips.
- Troops can sell cookies past the March deadline into April to try and get rid of remaining inventory **however you must get permission** from GSVSC to do so. **This is just for the month of April only...Do not reach out to Moore's, Sam's Club, Kroger, Walmart, JoAnn's etc.... their commitment to us has expired. Go to info@gsvsc.or to get permission to sell.**

What to do with left over cookies?

- Keep some for troop snacks
- Donate some to Daily Bread or another local food pantry
- Consider donation to our military – local and overseas. These can go to Rebecca (Becka6778@aol.com) and Carl with Communications World + Telesystems. Carl will pack them and mail them for us to our military serving overseas or recuperating at Walter Reed Medical Medical Center.

Cookie Season Badge Work:

Goal Setting – “Count it Up,” Daisy; “Give Back” Brownies; “Cookie CEO,” Junior; “Think Big,” Cadette.

Decision Making – “Give Back,” Brownie; “Cookie CEO,” Junior; “Marketing,” Cadette; “Customer Loyalty,” Senior

Money Management – “Count it Up,” Daisy; “Give Back,” Brownie; “Cookie CEO,” Junior; “Business Plan,” Cadette

Business Ethics – “Cookie CEO,” Junior; “Business Plan,” Cadette; “My Portfolio,” Senior

Benefits of Summer Camps

- Camp builds problem-solvers. Girls with more frequent outdoor experiences are more likely to seek challenges and are better at solving problems.
- Camp exposes girls to new experiences! Of girls surveyed 72% said that GSs gave them the chance to build their skills and try new outdoor activities.
- Camp builds courage and confidence. Spending time in nature improves a girl's concentration and creative reasoning. Outdoor

experiences also help promote healthy social development and self esteem.

- **Girl Camp Leadership program**

- CPA: (camp program assistant or camp program aide) for those girls wanting to work at camp
- CIT (counselor in training) – older girls who are completing the 8th grade may apply to be a CIT. Check the “Sky’s the Limit”, online at info@gsvsc.org to get times and dates for trainings at Sugar Hollow and Icimani.

- **Camp Adventurer Girl Scout Camp for Cadette-Senior-Ambassador**, weekend of June 19-21 in Giles County. Information forthcoming...check gsvsc.org/adventurers following them on face book: www.facebook.com/groups/Adventurers-VirginiaSkyline

- **GSVSC’s 57th Anniversary Weekend Camp, July 10-12** for Daisies through Ambassadors. Theme: Adventures. Hosted by GSVSC

- gsvsc.org “Camp” to view all summer camps.

First Aid/CPR: Each troop should have their own first aider, an adult volunteer who has taken a Girl Scout approved First Aid/CPR Training either through American Red Cross, National Safety Council or American Heart Association and good for 2 years. Some professions meet the first aid requirement: nurse, doctor, EMT, etc. Keep first aid kit with you and girls at all times. Included in your first aid sack should be an “Activity/Incident and Crisis Report #1089 and the GSVSC Emergency Procedures. Make sure you know how to use an inhaler and an epi pen. You need a health history on anyone affiliated with troop. These individuals need to be registered with troop, gsvsc.org “Volunteer Today”

For those interested in and needing to get **First Aid/CPR recertified** check out the training through HumanKind, 3 hours \$50, with the American Heart Association. These are ongoing throughout the year; please contact them at <https://www.humankind.org/event/first-aid-cpr>. Also, check out what is offered through Parks and Rec. www.lynchburgparksandrec.com \$45 for 2 hours.

You might want to check out this **Environmental Advocate Patch** Program “Clean Air, Clean Water, Clean Earth, Recycling and Conservation.” <https://liveyouthstrong.com/environmental-patch-program>

Edith Bolling Wilson Museum has some interesting on site, as well as packets you can download...On site page program range around \$10 per girl...Junior Jewelry, Cadette Entrepreneur, etc. Museum located in Wytheville, Virginia <https://www.Edithbollingwilson.com>

Program and Training Updates

- 1) Adult membership and background checks are required:
 - When chaperoning or providing supervision of girls (other than their own) to fulfill the girl to adult ratio
 - When providing direct service (program or training) to girls without the presence of troop leaders or approved GS volunteer chaperones
 - When driving girls (other than their own) to and from all GS activities
 - When handling/managing GS products (fall products/cookies)
 - When attending a GS trip and/or overnight
- 2) Event Planning
 - Program events require proper planning and proper budgeting.
 - Event Director responsible for:
 - Creating the budget
 - Ensuring event committee members are well trained, know their role, expectations and budget limits
 - Communicating changes in plans, budget, guidelines and expectations to all committee members and helpers
 - Budget to the minimum participants to cover all expenses to ensure events break even. Do not recommend allowing registration and payment at the door.
 - Break - even events – net less than \$100
- 3) Additional money-earning fundraising efforts must have council pre-approval.
Submit: Additional Group Money-Earning Activities #2131 via info@gsvsc.org

Get discounts at JoAnn Fabric and Craft Stores: Go to <https://www.joann.com/girlscoutform>.

Who is eligible for this 15% off discount card at JoAnn's?

- Have a current GS membership with valid troop #
- or be a current Lifetime Member
- or be a parent/guardian of a Girl Scout

Forms/documents:

<http://www.gsvsc.org/en/for-volunteers/forms---documents.htm>

Volunteer Resources Tab for trainers, delegates, troop leaders, service units, info/suggestions on first 6 troop meetings (D,B,J)

<http://www.gsvsc.org/en/for-volunteers/volunteer-resources.htm>

“Be the person who makes others feel special. Be known for your kindness and grace.”

“ Strong women aren’t simply born. They are made by the storm they walk through.”

Lynchburg Campbell County Girl Scout Service Unit
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Lynchburg, Virginia 24503

Questions: LynchburgCampbellCoGirlScouts@gmail.com
www.lburgccgirlscouts.weebly.com
www.facebook.com/LCCGSSU