# Lynchburg Campbell County Girl Scout Service Unit Amherst/Appomattox

## January Update 2020

Service Unit Meeting Thursday, January 2, 2020 First Christian Church

6:30 pm Investiture Ceremony, presentation by Laura Delo from Amazement Square and Alys Miller from Claytor Science

Center

We honored Caroline Assent and Caroline Arp: Troop 9200; Tammy Davis, Erin Colbert, Kat Midkiff, Emily Hall and Whitney Pool: Troop 234; Erika Theodorides and Ashley Rossi: Troop 1138; Diane Rider and Kathryn Niedzialek: Troop 819; Alys Miller: Troop 440; Tiffany Baxter, Andrea Montanye, Karen Crosby, Kelly Reyes, Adrienna Eggleston and Katie Goff: Troop 1315; Jessy Shipe and Melanie Blair: Troop 1069; Bridgette Mills: Troop 293; Colby Booth: Troop 3160; Alicia Adams, Daphene Lipscomb and Crystal Shepard: Troop 121; Queen Burrell: Troop 4522, Brentz East: Troop 440, and Erin Gossum: Troop 252 during our Investiture Ceremony. Each leader received her friendship ribbon and adult leader pins. Sylvia Beard provided the cake. It was a very nice evening of celebration.

The "Girl Scout Tree of Hope," covered with handmade SWAPs and part of the Festival of Trees at the Alan B. Pearson Regional Cancer Center touched the lives of so many from patients—their families, the medical staff and volunteers. The tree was auctioned, providing \$150 to the Patient Care Support Fund. Our sincere appreciation to Troops 293, 440, 676, 1069, 1138 and 9200 for making this happen and GS friend Karen Reynolds who donated the tree.

Did we not have the best time participating in the annual **Christmas Parade...** midtown Lynchburg on Sunday, December 8. Our girls all wore original costumes they designed from walking presents to dancing deer. **Thank you** to the **Burt-Smith family** (Troop 1361) for using their van and providing the trailer. (Burtmomx6@gmail.com)

Super Service Day was the best day ever....We had close to 200 girls participating with some great help from our older Girl Scouts overseeing stations. The girls were involved in three service projects, made four ornaments to take home, decorated/ate sugar cookies and the younger Girl Scouts got to visit with Mrs. Claus. The girls donated 450 pounds of food to the Blue Ridge Food Bank, made 250 Thinking of You cards for local nursing home residents and decorated/filled 100 birthday boxes for Meals on Wheels. True meaning of leadership is our service to others. It was an amazing event. Thank you Girl Scouts!

Upcoming **Cookie College**, hosted by GSVSC. Register on line to attend. Earn your cookie degree and market your cookies like a boss. Designed for all GS levels. Girls will have the opportunity to choose from two to four badges...

- Cookie College. Saturday, January 4, Piedmont Virginia Community College, 501 College Drive, Charlottesville. Visit location at www.pvcc.ed
- Cookie College, Saturday, January 11, 134 Chapel Road, Sweet Briar, Va. Visit location at <u>www.sbc.ed</u>
- Cookie College, Sunday, January 12, at Hollins College. Visit location at www.hollins.edu
- Questions: 1-540-777-5100 or info@gsvsc.org

Late Night Skate, Friday, January 10, at Fun Quest, 7:00 – midnight (early departure up to leader discretion). You register directly with Fun Quest. Flyer posted on LCC web site <a href="https://www.lburgccgirlscouts.weebly.com">www.lburgccgirlscouts.weebly.com</a> Go to "Events."

Annual Meeting weekend of January 24/25 at Sweet Briar College.

There is a social Friday evening plus recognition ceremony. The business meeting is Saturday,

Please plan to attend.

Register on line.

**Silver Award Workshop**, Sunday, January 26, at 1:15 pm Forest Library. Designed for our Cadette Girl Scouts and her parents. Register on line gsvsc.org Go to "Events," scroll down to January.

Coding and Robotics Workshop for our Cadette and Senior Girl Scouts, Saturday, February 1, at Randolph College 10:00 am – 2:30 pm. Partnership between RC and LCC. Flyer is available and posted on LCC

web site www.lburgccgirlscouts weebly com Go to "Events" page.

Questions: Becka6778@aolcom

## **Upcoming Local Events/Activities**

- Dance Workshop at TUMC/partnership between DMC and LCC. Flyer posted. February δ, 2020
- Sweetheart Dance, Friday, February 28, at Moose Lodge. Flyer posted.
- Special March 5 SU Meeting/Program by Dr. Emily Bradshaw 6:30 –
   7:30 First Christian Church "Mental Health First Aid." Open to other SUs
- World Thinking Day, Saturday, March 7, 2020, at First Presbyterian Church.
- Wild Women's Weekend at Camp Sacajawea, Friday evening March 13 through Sunday, March 15, sponsored by the Adventurers, designed for those adults interested in providing older girl opportunities. Register on line.
- Skate Night at Fun Quest, Tuesday, March 17, 6:00 8:00 pm. Register with LCC. Flyer posted.
- Level 1 Archery Workshop/Training at Camp Sacajawea. March 28, 9:00 am 4:00 pm for those leaders interested in becoming Level 1 archery instructors so they can work directly with their troops on the archery range. Partnership between USA Archery Instructor and LCC. Flyer forth coming.
- "College Preparedness/Campus Tour," hosted by Kappa Delta at UL Sunday, April 5 2:00 4:00 pm
- Special April 2 Service Unit Meeting, leaders bring their daughters to enjoy an ice cream social.
- Daisy Day at Camp Sac, Saturday, April 4. Daisy Flower Garden Journey. Flyer forth coming
- Brownie Camporee at Camp Sacajawea the weekend of April 25/26, earning The Brownie Quest Journey
- Striving for the Gold Banquet celebrating our Bronze, Silver and Gold and Triumph Award Recipients, Saturday May 2, 6:00 8:00 pm at First Presbyterian Church.
- May 11 16 is Police Appreciation Week
- Bridging and Award Recognition Ceremony, Sunday afternoon, May 17, at Timberlake United Methodist Church
- Leader Appreciation Dinner Thursday, June 4, at First Christian Church.

#### Adventurers

- Pedal + Pack Spring Break Hike/Bike
  - Sunday, April 5 Tuesday, April 7.
     Location: Hungry Mother State Park, Marion, Va. Hike to Great Channels then bike the Virginia Creeper Trail
- Pack 'N' Boots: Kennedy Peak, Luray Saturday, February 2, 2020 Sunday, March 1, 2020
- Pack 'N' boots at Grayson Highlands State Park, Saturday, September 12 – Sunday, September 13. One night experience backpacking on AppalachianTrail. This is a wonderful easy introduction to backpacking for those who have never tried it.

Adventurer programming provides wider opportunities for our Girl Scouts 11 and older.

**Amazement Square** is offering afternoon "STEAM Make Shop" series on Tuesday afternoons from 4:00 – 5:30 pm.

- January 7 February 11, 2020: "Pet Palace Project" Design + build a safe place for our furry friends.
- February 8 March 24, 2020: "Slime-ology!" get gooey by making and learning a lot about all kinds of slime, even those in nature.
- March 31 May 12, 2020: "Tap into Tomorrow" Find out what is lurking in your glass of water and how to clean it up.

To register and more info: www.AmazementSquare.org

Activity/Trip Permission/Parent Permission: Activity/Trip Permission Form #2129 must be submitted to council for any activity or trip which involves the following:

- 1) Day or overnight trips that include non-registered individuals, includes tag-a-longs
- 2) Day or overnight trips outside of the council
- 3) Any trip of 2 nights/3 days or more
- 4) Trips outside of the continental United States
- 5) Camping activities, including backyard camping, outdoor cooking, campfires, and cabin camping
- 6) Programs that include human sexuality and related health issues
- 7) Activities that present a greater risk than usual to participate
  - always bring with you:
    - . First Aid kit
    - . Parent Permission forms 2133 or 2134

- . Crisis Card #1085
- . Emergency Procedures #1088
- . Health Forms for Everyone #2072
- . Crisis/Incident Report Form #1089

If trip/activity is not approved and a scout gets hurt, results in the release of that leader from troop leadership position. Day trips within our council (GSVSC), although they do not require council permission, still need parent permission.

Should an incident occur, co-leader/first aider submits incident report to GSVSC within 48 hours of incident occurrence. To request an Insurance Claim form, contact council at info@gsvsc.org

#### Forms/documents:

http://www.gsvsc.org/en/for-volunteers/forms---documents.htm

**Volunteer Resources Tab** for trainers, delegates, troop leaders, service units, info/suggestions on first 6 troop meetings (D,B,J) http://www.gsvsc.org/en/for-volunteers/volunteer-resources.htm

"There is no better exercise for the heart than reaching down and lifting people up."

Lynchburg Campbell County Girl Scout Service Unit 4925 Boonsboro Road, PMB 189 Lynchburg, Virginia 24503

Questions: LynchburgCampbellCoGirlScouts@gmail.com www.lburgccgirlscouts.weebly.com www.facebook.com/LCCGSSU

Enclosures: Amazement Square
Camp Kum Ba Yah
Claytor Science Center
Nature Foundation at Wintergreen
National Thank You Day

# New! girl scouts the Square

Join Amazement Square for our NEW Girl Scout badge, badge series, and Journey programs!

Troops can schedule a fun-filled day at Amazement Square to complete requirements for a badge or a journey! We offer Daisy, Brownie, Junior, and Cadette level programs that include hands-on activities, projects, and museum exploration. Registration and specific program information is listed below. We require a 10 scout minimum and a \$75 deposit to register. If you have a small troop, consider joining up with another. One leader is admitted free of charge, and additional adults and siblings can join in on the fun for a rate of \$8 per person for the entire day!

# Badges

- 1 hour program
- \$15/scout
- Badge included

Innovation (B, J, C)
Become an inventor or
product developer and help
solve a need in your
community!

Artist (B, J, C)
Discover new forms of art
and express your
individuality!

New! Space (D, B, J, C) Climb into our planetarium and discover all that's in the night skyl

# **Badge Series**

- 1½ hour program
- \$15/scout
- Fun patch included (troop funds cover 3 badges earned)

New! Robotics I, II, III (D,B,J,C) Invent the future! Learn about what robots can do, build one, and program your own!

New! Coding I, II, III (D, B, J, C) Learn how computers "speak" and apply that to make your own apps and video games!

# Journeys

- 2 ½ hour program
- . \$35/scout
- Journey badge set included

It's Your Planet – Love It! (B)
Learn about water, the water
cycle and pollution and how
you can become an
eco-friendly citizen!



## Girl Scout Badge in a Day

Who:

Daisy and Brownie Girl Scouts

When:

Call or email to schedule.

Where:

Camp Kum-Ba-Yah @ Cosby Woods

4415 Boonsboro Rd, Lynchburg, VA 24503

Time:

Call or email to schedule. Programs are 2 hours long.

Cost:

\$100 for up to 12 girls. \$10/extra girl. Max 20 girls.

Includes participation patch. Troop leaders should purchase badges.

No cost for Troop Co-Leaders or Adult Assistant. NOTE: All adults must be registered

with their troops and have a current background check with GSVSC.

What to Bring:

Everyone: Water bottle.

Troop Leaders: 2 adults (including First Aider), Troop First Aid kit, health histories for all

attendees, Camp Kum-Ba-Yah@Cosby Woods waivers for all attendees

What to Wear:

Outdoor clothes appropriate for the weather. Closed-toed shoes.

**Event Description:** 

Badges Offered:

Daisy - Eco Learner Brownie - Buas

Brownie - Outdoor Art Creator

Questions:

Shelly Evans, Program Coordinator, 434-384-1755, cosbywoods.programs@gmail.com



# Girl Scout Badge in a Day

# of Scouts				\$100
# of Scouts exceeding 12:		Х	\$10/girl	=
# of Adults:		Х	No Cost	=
			Total Amount Enclosed	; \$
-Please mar	st and last nai k your adults v must have at l er.	mes fo vith a east t	or each person. n "A." two (2) registered adults	attending of which one must be a troop co-leader
-				
			-	
	Troop Co-L	eader		Troop First Aider
Name:			Na	me:
Mailing Address	:		Ce	rtification Date:
Email:			Ce	ail:
Cell #:				

Please make your troop check out to Camp Kum-Ba-Yah and mail it to: Camp Kum-Ba-Yah, 4415 Boonsboro Rd, Lynchburg, VA 24503

# Claytor Nature Center in Bedford, Virginia welcomes Girl Scouts!

Scout groups can now schedule badge programs for their own troop investigations or sign up individual girls during CNC-sponsored Badge Days! Badge programs for troop investigations will be 1.5-2 hours long and your booking will include reserved time in Otter Space nature play space after your program. We specialize in outdoor activities in all seasons and look forward to learning with you!

#### **Current badge opportunities:**

#### Daisy

- Space Science Explorer
- Eco Learner
- Trail Adventure
- Outdoor Art Maker

#### Brownie

- Space Science Adventurer
- Trail Adventure
- Outdoor Art Creator
- Senses (indoor/outdoor)
- Household Elf (indoor)
- Home Scientist (indoor)
- Bugs
- Outdoor Adventurer (day or evening)
- Hiker
- Eco Friend

#### Junior

- Space Science Investigator
- Flowers
- Animal Habitats
- Gardener
- Trail Adventure
- Outdoor Art Explorer

#### Cadette

- Night Owl
- Eco Trekker
- Outdoor Art Apprentice
- Primitive Camper (Claytor has facilities but does not currently lead this badgework)
- Trail Adventure (Claytor has facilities but does not currently lead this badgework)

#### Senior

- Outdoor Art Expert
- Adventure Camper (Claytor has facilities but does not currently lead this badgework)

\*Note: CNC does not supply badges.

Updates about badge offerings will eventually be posted on our website. For now, this information is only available through your local councils.

Cost: \$100 min for up to 12 girls, \$10/girl beyond 12. Max is 24 girls per individual session.

#### Registration:

Registration is currently by email request to Danielle Racke at <racke\_d@lynchburg.edu>. Request must include age and number of girls expected, requested badge curriculum, and requests for dates. Once dates are confirmed, more information will be requested regarding the troop and leader identities. Every troop must bring at least two troop leaders and a first aider.



#### NEW! Girl Scout Badge Day At Wintergreen

Who:

Daisies, Brownies, Juniors, Cadettes, Seniors

When:

Call (434) 325-8169 or email youth@twnf.org to schedule.

Where:

The Nature Foundation at Wintergreen

3421 Wintergreen Dr. Roseland, VA 22967

Time:

Call or email to schedule. Programs are 2 hours long.

Cost:

\$100 for up to 12 girls. \$10/extra girl. Max 20 girls.

Troop leaders should purchase badges.

No cost for Troop Co-Leaders or Adult Assistant.

NOTE: All adults must be registered with their troops and have a current background check

with GSVSC.

What to Bring: Everyone: Water bottle.

Troop Leaders: 2 adults (including First Aider), Troop First Aid kit, health histories for all

attendees, Nature Foundation at Wintergreen waivers for all attendees.

What to Wear: Outdoor clothes appropriate for the weather. Must wear closed toed shoes.

Badges Offered:

Daisy	Brownie	Junior	Cadette	Senior	
Eco Learner	Bugs	Animal Habitats	Eco Trekker	Outdoor Art Expert	
Outdoor Art Maker	Eco Friend	Flowers			
Trail Adventure	Hiker	Gardener	Outdoor Art Apprentice		
	Outdoor Adventure	Outdoor Art Explorer	Night Owl		
	Outdoor Art Maker	Trail Adventure			
	Senses				

Questions:

Kathie Driscoll, Education Director, (434) 325-8169 or youth@twnf.org



# Girl Scout Badge Day At Wintergreen Registration

EVENT DESCRIPTION- BADGEWORK	Number of scouts	PROGRAM PRICE	TOTAL PROGRAM PRICE
	Under 12 scouts	\$100.00	\$100.00
	Exceeding 12 scouts	X \$10/girl	
,		Total Enclosed	

Names of Girls and Adults Attending:

- Both first and last names for each person required.
- Please mark your adults with an "A."

Each troop must have at I co-leader and first aider.	least two (2) registered adults attending of which one must t	e a troop
Troop Co-Leader Name:	Troop First Aider Name:	
Mailing Address:	Certification Date:	
Email:	Email:	
Cell #:	Cell #:	

Please make your troop check out to Nature Foundation at Wintergreen and mail it to: Nature Foundation at Wintergreen, Rt. 1, Box 770, Nellysford, VA 22967

# National Thank You Day

NTYD is being recognized by the Lynchburg Campbell County Girl Scout Community on April 2, 2020. We ask that each troop do something special to show their appreciation to the men and women in our community who put their lives on the line to protect and to save our lives. Send a picture or two to Jen Phelps our face book editor (<a href="mailto:jenzphelps@gmail.com">jenzphelps@gmail.com</a>) of what you did to say thank you and include a brief description along with troop number. This could be special cards, creating signs/banners, making posters, special treats, etc. being as creative as you can on how to express gratitude to these first responders (police, firefighters, rescue squad, etc.)

Complete the information below, including the names of the girls who participated and a brief description of the project, send this to Rebecca who will in turn provide your free patches. Patches are being provided by the Lynchburg Campbell County Girl Scout Service Unit.

We chose the follow	ring first responders and showed our appreciation by
	Troop Leader's signature:
The following girls p	articipated in this activity:
April 10 mary	
Mail to LCCGSC, 49 24503. We would li order patches in bul	825 Boonsboro Road, PMB 189, Lynchburg, VA. ke to have your information by May 1,'20 so we can k.