

## Lynchburg Campbell County Girl Scout Service Unit

### February 2022 Update

#### Power of the Promise

**Congratulations to Allison**, Troop 108 TUMC, for completing her **Silver Award** project "Helping the Lynchburg Humane Society with Animal Beds" and earning this prestigious award. Allison custom made 35" X 23" cot style beds for dogs up to 100 lbs. using a top made out of heavy duty easy to clean vinyl and PVC pipes providing orthopedic support, and comfort keeping the dogs off the floor. She also custom made cat beds each with a raised perch. The long legs created a cozy nook underneath the bed giving a shy cat a private spot perfect for napping. Her third design included the creation of a 5 tier 21" X 30" X 46" multilevel cat tower for exercise and amusement to help relieve stress and boredom of indoor cats. Allison also included education material on how to make these special beds and towers along with why spaying and neutering is important. Congratulations may be sent to [shildress1717@gmail.com](mailto:shildress1717@gmail.com)

Saturday, January 15, was an extraordinary day to be at **Camp Sacajawea**. There was a total of **40 volunteers, working** in 7 different teams, each providing two hours from 10:00 am – 4:00 pm...tent frame repair/brush work at Pavilion, raking/shoveling at Troop House, James River Trail work as we move toward reopening it, brush work at Ranger House, continuing the process to widen camp road (6 feet) in anticipation for new gravel and creating a new play area near Gay Lodge. **Amazing and most productive group of volunteers! AMAZING!!**

You need to check out the art work on the Animal Tracker Trail and Chapel Trail by Club 51 that goes along with the Emily's Fairy Trail Adventure Theme. Emily's project most definitely inspired them!

One of the highlights of the recent GSVSC Annual Meeting was the recognition of our own "**Mama Stump**" (Marion) who was honored with the **Volunteer of Excellence Award**. **There are those whose light is so Brilliant that they invite one to become Brighter**. She epitomizes the Girl Scout Promise.

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**Cookie Pick up Fridays** is going well. Thank you to everyone's cooperation and the management skills of the one and only Detria! We appreciate the guys, particularly Robert and Bill at the Marine Corps Detachment 759, for allowing us to use their facility as well as offering their help to unload, sort and reload. Special thanks to Diana Rider, leader of Troop 819, who reached out and secured this facility!

**Cookie Face Book Group.** Local face book group serving Lynchburg, Campbell County, Bedford City/County (Area 9) Link: <https://www.facebook.com/groups/GSVSCArea9cookies>. This group is for any cookie mom, mom/dad, troop leader, etc. in Area 9. We will post dates/events/answer questions and post FAQ.

We have been able to partner with Sam's, Walmart, Moore's Country Store, Petco and County Smoak for this year **cookie booths**. Due to current GSVSC guidelines unable to set up at JoAnn's...no inside sales this year. Kroger and Lowes..."could not get on same page." You can secure your own cookie booths beyond the ones listed but you must touch base with Cindy and Brad first. They will need to know your booth location, date and time of sale. [cindy\\_bragg@hotmail.com](mailto:cindy_bragg@hotmail.com)

### **Upcoming Service Unit Events:**

- Girl Scout **World Thinking Day 2022** will be celebrated by our Service Unit Saturday, **March 5<sup>th</sup>**, at First Presbyterian Church. Making the world a better place, part of our Girl Scout Law so it's no surprise we have a day dedicated to doing just that. It's a day of international friendship and a time to stand up for causes that would improve the lives of girls around the globe. World Thinking Day has a different theme each year. In 2022 the theme is "Our World: Our Equal Futures: the Environment and Gender Equality." Along with the different stations highlighting specific countries, we will include two stations providing the needed information for our Girl Scouts to earn the World Thinking Day GS Badge. Let us know if you have questions: Amy McCarty ([abebko@gmail.com](mailto:abebko@gmail.com)), Rebecca ([Becka6778@aol.com](mailto:Becka6778@aol.com)).
- **Daisy/Brownie Journey in a Day** at Camp Sacajawea Saturday, April 2. The Daisy Girl Scouts will have the opportunity to earn the "**Welcome to the Daisy Flower Garden Journey**" and our Brownies "**It's Your World – Change It – Brownie Quest.**" Event Planners: Amy and Rebecca. Flyer has been posted by SU web site ([www.lburgccgirlscouts.weebly.com](http://www.lburgccgirlscouts.weebly.com)). Questions Amy ([abebko@gmail.com](mailto:abebko@gmail.com)), Rebecca ([Becka6778@aol.com](mailto:Becka6778@aol.com))
- Mark your calendar for our end of the year **Leader Appreciation** dinner/get together. Sunday afternoon, **June 5, 2022**, from 3:00 – 6:00 pm. We hope to dedicate the new "Mama Stump Trail" and honor our Girl Scout leaders. Flyer forthcoming.

### **Camp Sacajawea Day Camp**

**Dates: Tuesday, June 21 through Saturday am, June 25**

**Time: 9:00 – 3:00 (Tuesday – Wednesday- Thursday), Friday, 6/24/22, 9:00 til after evening event at "The Griz."** Friday night overnight is optional. Camp ends Saturday morning at 9:00 am for those spending the night.

**Planners: "Captain Buttercup"** Amy McCarty assisted by Miz D. (Rebecca Duncan)

**Theme: "Weather Watchers"**

**Needed: Camp Nurse – older girl unit helpers – older girl program facilitators/helpers – adult unit leaders.** Please let Amy know if you can help at camp this year.

[daycampsacajaweava@gmail.com](mailto:daycampsacajaweava@gmail.com)

**Black History Month Fun Patch** is designed for Girl Scouts of all levels and their leaders to celebrate the richness of Black Americans and whose ancestors originated in the African diaspora, and to acknowledge the many contributions that the Black community has made and continues to make across our nation. Girls and leaders have plenty of activities to choose from to earn this patch. We encourage everyone to participate D – A. More information at [communications@gsvsc.org](mailto:communications@gsvsc.org) to get the patch... [www.girlscoutshop.com](http://www.girlscoutshop.com)

### **The Skyline Adventurers**

- Is an **action-oriented** group of older Girl Scouts who are seeking **exciting activities** to challenge their capabilities, broaden their horizons and increase their self-confidence. It is for **girls ages 11 – 17** and in grades 6 – 12. Members often participate in rock climbing, caving, kayaking, backpacking, travel, hiking, and other similar high-adventure activities. [www.gsvsc.org/adventurers](http://www.gsvsc.org/adventurers)

- Become an **Adventurers Coordinator** and join other returning coordinators for Adventurers training the weekend of **March 18, 19, 20** at Icimani. There will be five delicious meals, field trip to the Mill Mountain Star, hiking, geocaching, costume contest, service project, Adventurers Annual Banquet, axe-throwing facilitator training (returners), archery, silent auction and much more.

Location: Girl Scout Camp Icimani, Roanoke

Cost: \$50 for new coordinators; \$25 for returning coordinators

Registration closes: March 4, 2022

To register: email or mail Adventurers Adult Registration (#2277-A) to Debbie Clark, 6661 Christopher Drive, Roanoke 24018 ([denmotherfor3@yahoo.com](mailto:denmotherfor3@yahoo.com))

- **Pedal & Pack 2022:** Friday, April 29 – Sunday, May 1. Hike to the Great Channels and bike the Virginia Creeper Trail. The 6.6 mile round trip takes you down into the Great Channels, a network of mazelike crevices and slots formed in soft sandstone during the ice age. The following day bike 17 easy downhill miles then cabin camp at **Hungry Mother State Park in Marion, VA**. See more on details, criteria, drop off/pick, etc.

Dates: Friday, April 29 to Sunday, May 1

Location: Hungry Mother State Park

Girls: Junior – Ambassador (11 – 18 years old)

Cost: \$115.00 (girls or adults)

Min/Max: 6/11 participants

Registration Closes: April 8

email Adventurers Girl Event Registration (#2277-G) to Laura Burchett ([Lauraburchett90@gmail.com](mailto:Lauraburchett90@gmail.com))

- **Pack 'N' Boots at False Cape State Park**

Join the Adventurers for a unique two night experience backpacking on one of the last remaining undeveloped areas along the Atlantic coast. The park offers an opportunity to experience nature in a unique primitive setting. Park is accessible only by foot,

bicycle, beach transport, tram or boat

Date/Time: Saturday, May 28 10:00 am to Monday, May 30 5:00 pm

Girls Ages: Juniors – Ambassadors (11 – 18 years old)

Cost: \$80 per girl (most gear and food provided)

Min/max: 4/8

Registration closes: May 13

To register email Adventurers Girl Event Registration (#2277-G) to Chris Mines at [theshoelesswanderer@gmail.com](mailto:theshoelesswanderer@gmail.com)

- **Rock Climbing at Hay Rocks** for the adventurous beginner. Enjoy a great outdoor day with friends, introduction to climbing equipment and easy climbs to warm up. You will move to more challenging climbs and finish the day with rappelling.

Date: Saturday, **April 2**, from 8:15 am – 3:30 pm

Location: **Hidden Rocks George Washington National Forest** (Dayton/near Harrisonburg)

Girls' Ages: Juniors – Ambassadors (11 – 18 years old)

Cost: \$75.00

Min/max: 8/13 participants

Registration Closes: February 26

To Register: email Adventurers Girl Event Registration (#2277-G) to Kathy Foster ([kathyfoster00@gmail.com](mailto:kathyfoster00@gmail.com))

To Pay: Venmo (account name: @Adventurers-GS Troop 1912; indicate "Rock Climbing" or pay by credit card by contacting Laura Burchett at [Lauraburchett90@gmail.com](mailto:Lauraburchett90@gmail.com))

Questions: Kathy Foster or Amy Roy ([amyroy04@gmail.com](mailto:amyroy04@gmail.com))

## GSVSC Updates

- **Judith Rankins**, Senior Director of Mission Delivery
- **Elizabeth Copp** is the Community Engagement Manager. If you need assistance such as girl membership, registration, etc. you can reach her via [ecopp@gsvsc.org](mailto:ecopp@gsvsc.org) or sign up for a phone call chat: [calendly.com/ecoppgsvsc](https://calendly.com/ecoppgsvsc).

### - GSVSC Programming:

- **Crystal Harrison**: Senior Director of Programs
- **Molly Barkley**: Program Coordinator – Special Assignments (Silver/Gold Committee Liaison – Trip Permission – Vendor Approval)
- **Sierra Pearson**: Program Coordinator – Special Assignments (Bronze and Triumph Awards, STEM, Event Approval)

### - Mobile STEM Center (van)

unistellar eVscope

DOBOT

lego robotics

Chromebook Coding (D-A)

virtual reality

STEM programming (D-A)

Reach out to Sierra regarding science experiments

Request form #2416 (<https://gsvscgirlscouts.wufoo.com/form/mbznarj12ocpl7>)

- Some cool **cookie badges** to work on:
  - Daisy:** My First Business and Cookie Goal Setter
  - Brownie:** My Cookie Customer and Cookie Decision Maker
  - Junior:** My Cookie Team and Cookie Collaboration
  - Cadette:** My Cookie Venture, Cookie Market Researcher and Cookie Innovator
  - Senior:** My Cookie Network and Cookie Boss
  - Ambassador:** My Cookie Business Resume and Cookie Influence
  
- **Council Resources and Lending Library** – located at GSVSC headquarters in Roanoke...has a community library that includes song books, lots of handbooks, badge workbooks, historical scout books, books on games and more. May be checked out on site by using “Check Out Resources Box.” Also available are numerous historical GS uniforms and cookie costumes to borrow. Contact Customer Service at [info@gsvsc.org](mailto:info@gsvsc.org) to borrow these items/check out the “Girl Scout Suitcase.”
  
- This would be the time to schedule your time to use the **archery range** (Camp Sugar Hollow, Camp Sacajawea or Icimani) – archery equipment usage is available at all three program centers to certified archery instructors who provide archery activities to Girl Scout groups/troops on site. A copy of current Level 1 or Level 2 certification is to be on file with council at time of reservation. Approved application for archery equipment (form #1076) is required three weeks prior to the archery activity. A \$50 deposit is required for the equipment. Equipment approval does not reserve the camp or archery range. Please reserve camp/range (form #2150) before reserving equipment to ensure space is available. Must have a valid Level 1 or Level 2 certified archery instructor with you at all times while on range.
  
- To Lock a Truist Debit Card: This is a new feature for our troop leaders “**Debit Card Controls.**” Truist allows users to lock their debit cards. Top menu select “more” and then select “Card Controls.” Once in the card control screen select the lock button. A very nice safety feature - charges cannot be made against your GS troop account – unlock as needed.
  
- **Product Sales**
  - Candy Nut '21 – 146 troops participated (765 girls = 7% increase from last year). Total card orders and online sales was \$221,000.
  - Cookie Sales '22 – to date 187 troops are participating – initial order 16,188 cases delivered – (83% higher than last year’s initial order)

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**Highest Awards**

- When thinking about a highest award project – “The **project is the solution to the problem/concerns** you have identified.”

### - Bronze Award

- Highest Award earned by a Junior Girl Scout (4<sup>th</sup> and 5<sup>th</sup> grade)
- Must complete a Junior Journey before starting project
- Each Junior is **required** to complete a 40-45 minute virtual or in person **training** and the team's advisor the additional 60 minutes
- Project does not require pre-approval of GSVSC, unless you plan to create/build on council properties (Camp Sugar Hollow, Camp Sacajawea, Icimani) or if you plan to request a grant
- Minimum project hours, 20 per girl...40% planning hours and 60% project hours
- Project focus is something the girls care about and what they want to improve either within their GS community or local community
- Girls develop an understanding of sustainability and implement this into their Bronze Award project
- Final report submitted on line by the team's advisor, deadline 9/15 form #2752. The deadline to complete final report of a 5<sup>th</sup> grader is September 15 following graduation from 5<sup>th</sup> grade

### - Silver Award

- Highest Award earned by a Cadette Girl Scout (6<sup>th</sup>, 7<sup>th</sup> and 8<sup>th</sup> grade)
- Must complete a Cadette Journey before starting project
- Each Cadette and her team's advisor are **required** to complete a **2 hour workshop** either virtual or in person
- Cadettes may work as a small group of 2 – 4 girls or solo. Each group/team has its own advisor. Team's advisor (usually leader – mom, etc. must be a registered Girl Scout)
- Silver Award **project requires pre-approval** by GSVSC (2732)
- **Pre-approval project plan is also required if you plan to work on council properties**
- Minimum project hours per girl is 50, 30% planning hours and 70% on actual project
- Project focus is something girls care about and what they can do to improve their Girl Scout community or local community
- Project must include sustainability
- Final report is submitted on line by each individual girl even if a group project (2733). Deadline 9/15. The deadline to complete final report of an 8<sup>th</sup> grader is 9/15 following graduation from 8<sup>th</sup> grade.
- Silver Award is a great spring board toward Gold

### Gold Award

- Highest Award earned by a Senior/Ambassador Girl Scout (9<sup>th</sup>, 10<sup>th</sup>, 11<sup>th</sup> and 12<sup>th</sup> grades)
- Must complete two grade level Journeys or earn the Silver Award and complete one Journey
- Projects are individual/girl-led
- **Pre-approval of project proposal is required**

- **Preapproved project plans is also required if you plan to work on council properties**
- Gold Award training is required
- Minimal project hours is 80, 20% planning hours and 80% project hours
- Gold Award project must include provision to ensure sustainability
- Final report submitted on line
- Council guide on gsvsc.org web site "Go gold"

Periodically check the GSVSC calendar for highest awards training dates

#### - **Triump Award**

- For those Girl Scouts within our council who have earned all three awards (Bronze, Silver and Gold), they may apply to GSVSC to earn the Triump Award. Triump Award recipients are honored by GSVSC with a life time membership.

#### - **Questions**

- **Gold Award Champion:** Karen Stober, member of the Gold Award Committee serves Lynchburg/Campbell County, Bedford, Amherst, Appomattox, Buckingham and Nelson) as our Gold Award Champion/Mentor. Karen can work directly with the girls, reviewing their Gold Award proposals, making suggestions, providing guidelines on budgeting, proof reading, etc. before it goes to the Gold Award Committee for approval

Contact info for Karen:

[GSCMArea8@gsvsc.org](mailto:GSCMArea8@gsvsc.org) (Amherst, Appomattox, Buckingham, Nelson)

[GSCMArea9@gsvsc.org](mailto:GSCMArea9@gsvsc.org) (Lynchburg, Campbell Bedford)

- **Bronze/Silver:** [info@gsvsc.org](mailto:info@gsvsc.org) or Rebecca Duncan ([Becka6778@aol.com](mailto:Becka6778@aol.com))

#### - **Why earn the Highest Awards? Why Girl Scouts is Good for College Admission**

- Girl Scouting is seen as an authentic character building program.
- Some GS councils offer scholarships for girls earning the Gold, GSVSC is one of them
- Very prestigious – someone with exceptional leadership skills
- Gained emotional gratification developed through critical thinking to learning how to work as a team for the betterment of others
- Your highest awards remain on your resume and weigh significantly on scholarships, internships and even jobs
- The values, skills, friendships and credentials from Girl Scouts will make a continuous impact on life
- Lifelong influence that you might not really understand and reflect on until adulthood
- **Your years in Girl Scouting does matter** and provides you with opportunities to mentor younger girls...show commitment

Check the gsvsc calendar often for highest award training dates. Upcoming dates:  
Silver Award Training, Virtual - Sunday, February 6, 2:00 – 4:00 pm and Bronze Award

Virtual Training- Sunday, March 13, from 2:00 – 4:00 pm, although first 45 minutes is directed to the Juniors.

**The National Center for Healthy Veterans is a new residential farm being built in Altavista** – ([www.healthyveterans.org](http://www.healthyveterans.org)). This newly established working farm already has horses, cattle, dogs and chickens, large vegetable gardens and honor gardens. There will be 5 communities, each with their own community center and 20 homes. One community center and those homes have already been built. Other future plans are for a wellness center and welcome lodge. This would be a **great place to consider highest award projects**: Bronze, Silver or Gold. Diana Rider, Leader Troop 819, Lynchburg Campbell County Service Unit would be your person of contact for interested girls/troops regarding needed projects from their wish list.  
[Dianarider@healthyveterans.org](mailto:Dianarider@healthyveterans.org)

**Forms/documents:**

- <https://www.gsvsc.org/en/for-volunteers/forms--documents.htm>

**Volunteer Resources Tab** for trainers, delegates, troop leaders, service units, info/suggestions on first 6 troop meetings (D,B,J)

<https://www.gsvsc.org/en/for-volunteers/volunteer-resources.htm>

**Kind words can be short but their echo can be endless..**

**Life is an echo, What you send out, comes back. What you sow, you reap. What you give, you get. What you see in others, exists in you. Do not judge, so you will not be judged. Radiate and give love and love will come back to you.**

Lynchburg Campbell County Girl Scout Service Unit 4925 Boonsboro Road, PMB 189  
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**Questions:** [LynchburgCampbellCoGirlScouts@gmail.com](mailto:LynchburgCampbellCoGirlScouts@gmail.com)  
[www.lburgccgirlscouts.weebly.com](http://www.lburgccgirlscouts.weebly.com)  
[www/facebook.com/LCCGSSU](https://www.facebook.com/LCCGSSU)