

girl scouts 
of virginia skyline

Lynchburg Campbell County
Girl Scout Service Unit

Amherst/Appomattox
December 2023
Update





The Girl Scout Tree of Hope is priceless. It is eye popping. It is beautiful. It is full of over 150 handmade SWAPs (special whatchamacallits affectionately placed (hung) somewhere to show friendship) made by our local Girl Scouts for the Festival of Trees celebration at the Centra Alan B Pearson Cancer Center.

All proceeds from the sale of the Girl Scout Tree of Hope will go toward the Patient Care Support Fund, helping clients with transportation, wigs, etc. Viewing of all of the trees is Monday through Friday during regular hours (8am – 5pm), 1101 Thomson Drive, Lynchburg 24501 until mid-December at which time the Girl Scout tree will be auctioned.

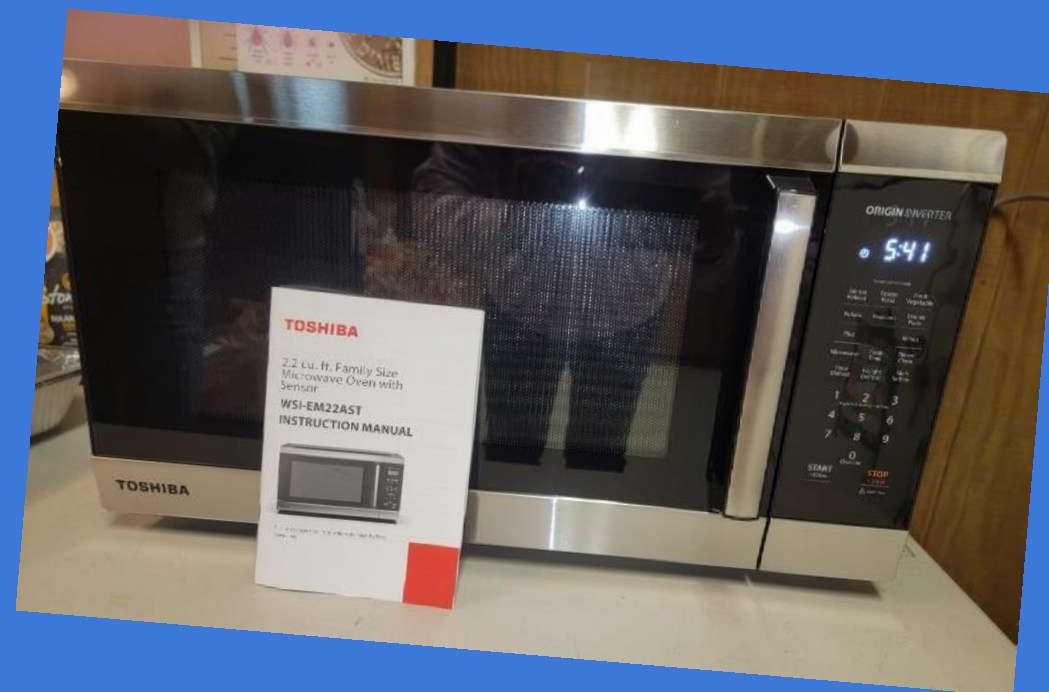
Thank you to Christine and Rebecca for putting up and decorating the tree and our

Girl Scout Troops 101, 440, 676, 222, 9200 and 9424 for providing the SWAPs and sharing the love, kindness and positivity with others. The idea of “paying it forward”.



We extend a very special appreciation to Renee Mahon from Harrisonburg and the twelve members of her “retired” Girl Scout troop. They enjoy a yearly reunion at Camp Sacajawea. This year, they donated a new and much needed Toshiba Craft family size microwave. How nice it is!

They would love to hear from you (ramahon@comcast.com). Let Rebecca know if you need a mailing address.





We are so proud of our own Lucy G, member of troop 101 who won first place in the GSVSC Christmas Card Contest. Our council will use her design for their Christmas messaging. How unique drawing focused on the fun that you have in the outdoors. Congratulations Lucy!

A very special thank you to Claire, Troop 9200, who created the Lynchburg/Campbell County Christmas card. Let Rebecca know if you need the template. (Becca6778@aol.com)





Welcome Tubby, a new GSVSC hire and an amazing carpenter/framer. Right now, Tubby is at Camp Sacajawea working hard to get Troop House back on line.

If you have suggestions for maintenance and/or improvements for GSVSC camps/properties, post a message with descriptions (photos when applicable) to <https://rallyhood.com/217873/message>.

There is a lot of excitement going on around the playing field and in close proximity to the Game/Sport Shed at Camp Sacajawea. William, a member of Boy Scout Pack 29, Peakland United Methodist Church, chose Camp Sac to be the recipient of his Eagle Project. William and his team of volunteers broke ground Saturday,



November 18th, digging out an 8' x 14' area that will eventually be an in ground outdoor game board for both checkers and chess. We will keep you posted.





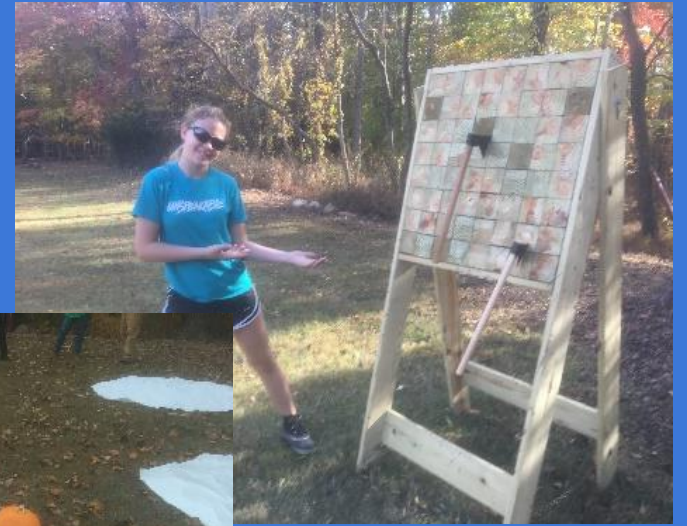
The “Think Like and Engineer” Journey in a Day for our Junior Girl Scouts was a big hit. We greatly appreciated the partnership with BWXT, Women in Manufacturing for leading our morning rotations which focused on electrical, chemical and mechanical engineering. From Career Exploration to designing lava lamps, boomerangs and how they work to creating light transmission boxes. The afternoon stations created by Amy, the team of

Lucy and Katie and Rebecca highlighted careers in Civil Engineering, Bio Medical and Fashion with emphasis on creation/critical thinking. There was some pretty cool stuff with “lots’ of hands on learning and take home treasures.



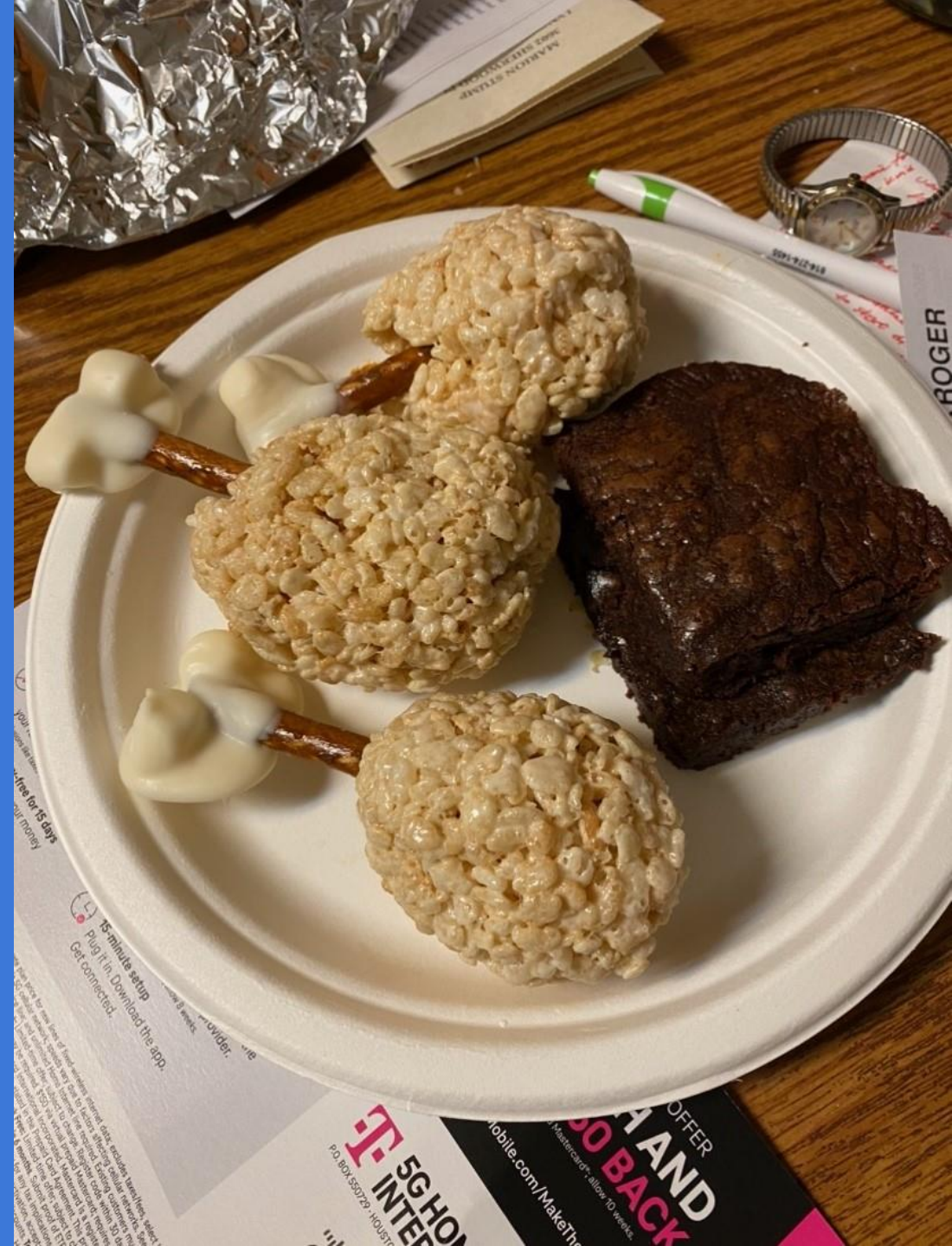
Many, many thanks to River Jones, GSVSC Program Manager and her team for bringing Girls and Ghouls to Camp Sacajawea for our older Girl Scouts and providing a weekend of camping. The Fall weather was perfect! The girls enjoyed meeting Girl Scouts from Amherst, Charlottesville, Fluvanna and Lynchburg. Activities were nonstop and super fun. Archery, tomahawk throwing, pumpkin painting, pumpkin carving, night hike, trick or treat hike, outdoor movie and popcorn, campfire evening fun including the gourmet s'mores...grasshopper, salted caramel and more.

Great camaraderie, good networking with old and new friends. There was such a sense of peace as we left camp on Sunday. It was perfect.



Troop 676 recently celebrated a “Friendship Thanksgiving” meal during a troop meeting. They learned about what a healthy plate is and then created their Troop’s Thanksgiving meal around this. Their feast included carrots and cucumber slices with Ranch Dressing, turkey sliders, brownies, miniature pumpkin pies and turkey drumsticks made with pretzel rods dipped in white chocolate over tiny marshmallows so they looked like turkey legs. The meat was Rice Krispy treats shaped like a thigh.

Thank you Marion, Heather, Sarah and Amie





Senior/Ambassador Troop 440 enjoyed an amazing camping weekend at Westview near Richmond and an even bigger adventure on the James High Ropes. Feel free to reach out to Alys and Brentz... they would love to share the details. It was a wonderful and challenging experience.



Our Space Science Adventure, a partnership with our service unit and Randolph College was first rate. The program helped our older Scouts earn their Space Science researcher and Space Science Expert badges. Held on Saturday, November 18th, it started off with supper in the college dining hall, then a sunset activity where the girls created their own light jar with constellations. There was a lot of great information provided that kept us all engaged. This culminated with a star party, tour of the night sky and a tour of the Winfree Observatory.



Thank you Trish Cerulli, Astrology Instructor, Dept. of Physics who is also the Director of the Sci Fest Program at Randolph College.

Sci Fest Program - Randolph College 2024
Thursday, March 14 – Sunday, March 24

All events are free (some do require pre-registration). There are free t-shirts, refreshments and prizes.

For more information visit randolphscience.org or email scifest@randolphcollege.edu

Make plans to attend Weather Across America, Saturday, December 16 at the Old Cemetery at 12:00 noon. You will need to be on site by 11:45. Program lasts for about an hour. Free – includes music and laying of the wreaths which our Girl Scouts can participate in. Troops and their families are invited to attend on their own to honor the more than 2300 veterans (Revolutionary War through the Vietnam War) buried at Old City Cemetery.

Lynchburg/Campbell County Service Unit has donated three wreaths.



Humane Society Elf Workshop for kids, December 20th, 21st and 23rd from 1:00 – 5:00. Kids will have heaps of fun at the workshop making gifts for their own pets and those at the Humane Society. They will also share goodies with the birds and wild animals along their trails. They will read stories about the animals at the Humane Society, enjoy festive treats, games, music, movies and more. Check out their website for more info <https://lynchburghumane.org/event/elf-workshops/>

Spoil a pet this holiday. During the holiday season, trees at the Humane Society will be decorated with ornaments featuring all of the adoptable dogs and cats at the Center for Pets. Trees can be found at the Humane Society and Terry Subaru. Pick a gift and bring a gift back to the center.

Items most needed:

Blankets

Toys

Treats

Towels

Peanut Butter

Beds

Feline milk replacement

Purina cat/kitten chow

Purina dog/puppy chow

Kitten/cat Pâté

Poultry flavored baby food



Save the date

Saturday, January 6 at 2:00pm
Camp Sacajawea, Gay Lodge

New Leader Investiture Ceremony

Service unit meeting and New Leader Investiture Ceremony to honor our new leaders and co leaders. Open to our Girl Scout leaders and their daughters. Please wear your uniform, vest or “something Girl Scouty”. Our new leaders will receive their pins and ribbon.

RSVP to Rebecca (Becka6778@aol.com).



The GSVSC Adventurers had a blast exploring 2 caves. Windy Cove area just outside of Goshen, VA. The spelunking excursion was led by Anne Marie and joined by Amy (our own Captain Buttercup), member of Lynchburg Troop 440 as well as other Girl Scouts across the council. A lot of new friendships were made.



Adventurers upcoming summer trip 2025
Dreaming of California
Meetings are planned in 2024 to start the conversation on preparation and fundraising.
<https://mailchimp/gsvsc/ca.trip-2025>

Save the date

Saturday, February 10th at First Presbyterian Church for a super fun GS Dance Workshop, a partnership with Dance Music Creation Shining Star Dance Team. Tentative time 2:00 – 4:15 with an invitation extended to our Daisy, Brownie and Junior Girl Scouts. Girls try a new dance, make up their own dance, learn how to take to the floor like a dancer.

We will exploring the world of dance.

Lynchburg/Campbell County Service Unit World Thinking Day 2024 will be celebrated on Saturday, March 2 at First Presbyterian Church. Making the world a better place is part of the Girl Scout Law, so it's no surprise that we have a day dedicated to doing just that. It's a day of international friendship and a time to stand up for causes that improve the lives of girls around the globe. The theme this year is "Our world, Our Thriving Future: The Environment and Global Poverty" Along with the stations highlighting specific countries around the world, we will include the information needed so our girls can earn the World Thinking Day Badge. See the flyer for additional information. Questions: Becka6778@aol.com.

Lynchburg Campbell County Service Unit Events are not council led or funded. They are led and organized by local volunteers, each event/activity having its own cost and deadline. Each event/activity is self-supported and must pay for itself while trying to keep the cost as low as possible. Deadlines must be honored which includes not only the registration, but also the troop check so we can move forward to finalize plans. Our suggestion is that you give your parents a troop deadline at least a week out from the Service Unit deadline.

Daily Bread has a wonderful opportunity for our Senior/Ambassador Girl Scouts (volunteers must be 16). Daily Bread serves about 600 meals a day in the Lynchburg area. Please discuss this with your older Scouts. The focus is the 9:30am – 12:30pm shift. In the past, our younger Girl Scouts have provided tray favors for individual clients. Contact the Executive Director, Tracey Dixon at <https://www.lynchburgdailybread.com/volunteer>.

Your local Cookie Team is excited to start another season of cookie sales with you! The sale starts December 11th. The deadline for troops to enter their initial order is Saturday, December 16th. Those initial orders will be delivered on Friday, January 12th and cookie booths start the next day (Saturday, January 13th). While we are still awaiting final contract information from GSUSA, your local cookie team is working to ensure a successful sale! Regarding booths, more information will be forthcoming about how you can ensure successful booths and a successful season for your Scouts.

Meet your team:

- Area 8/9 Representative/Service Unit Program Manager: Detria Moore
- Cupboard and Delivery Manager: Brentz East and Alys Miller
- Booths: Detria, Rebecca, et.al.

Is the cookie sale:

A service project?

An entrepreneurial skills program?

A money earning project for the troop?

Actually, it is all three.

- It is an entrepreneurial skill program and money earning project because your goal is to make money for the troop (this is the major income for most troops) and you cannot do that if you do not have the proper skills.
- It is a service project for GSVSC. 78% of the council operating budget comes from cookie sales
- It is also a service project for donation to the military and a percentage of the proceeds that troops earn are directed back to local communities through their own service projects.
- Girls develop important social skills to speak to customers, sell products, handle money and marketing skills.
- The success of individual sales is based on the girls' ability to stop, take action and think outside the box at how to be successful.
- A lot of time is spent talking to the girls about the logistics of individual sales , cookie booth sales, how much cookies cost, what are the profits, how much change to give, how much money the troop earns per box of cookies sold, where the rest of the cookie money goes, how they decide to spend their money, best way to answer the customer's questions (girls are often asked what they will do with the earned money), how to promote their project and when will they know how many cookies were sold. The main focus is how to sell and how to interact with people.

Please consider letting your girls participate in cookie sales. It is a great way to teach the girls the importance of a good work ethic.

Raising grateful Girl Scouts through cookie season

Cookie season is crazy busy and filled with a ton of emotions for not only the GS leader, troop cookie mom and parents, but also for the girls. Being grateful and appreciating the good things can be difficult with the challenge found during the cookie season. Not every person approached to buy cookies is kind. Some adults are flat out rude. Finding way to reach out to those who are supportive in ways that build the girls' self-esteem makes a big difference within the troop. These things create teamwork, empowerment and mostly kindness.

Ways to encourage gratitude

1. Create troop thank you cards that you can give with cookies to people who buy.
2. Create crafty tags to attach to boxes of cookies
3. Give a box away to the store manager where you set up a booth along with a thank you note. It will cost your troop a little money, but in the end it is worth every penny.
4. Acknowledge your cookie parent with a gift of appreciation. We have this wonderful opportunity to reach out and be the difference. You can get them a fun patch too.
5. Set goals and measure successes. Cookie season is about setting personal and troop goals. Celebrate the success no matter how small along the way. Together we are making it happen as a team, troop and family.
6. Bling your cookie booths. Our girls are so creative and can build and decorate an amazing booth. Create a positive spirit/
7. Write thank you notes to friends and family.

Share positivity with others. It grows and expands in our lives. The girls are providing positive influence in the lives of others, a state of action that makes the world a better place. We focus on loving, serving, and caring.

Rebecca has templates for several thank you cards. Let her know what you need. (Becka6778@aol.com).



To the world you may be one person
but to one person you may be the
world.

Dr. Seuss

Forms/documents:

<https://www.gsvsc.org/en/for-volunteers/forms---documents.html>

Volunteer Resources Tab for trainers, delegates, troop leaders, service units, info/suggestions on first six troop meetings (D, B, J)

<https://www.gsvsc.org/en/for-volunteers/volunteer-resources.html>

Questions:

LynchburgCampbellCoGirlScouts@gmail.com

www.lburgccgirlscouts.weebly.com

www/facebook.com/LCCGSSU

Lynchburg Campbell County Girl Scout Service Unit

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