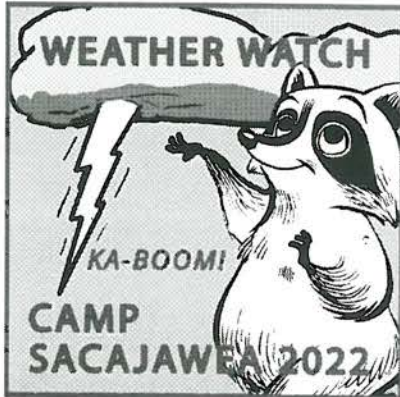


Lynchburg Campbell County Girl Scout Service Unit
Amherst/Appomattox

August Update 2022



Our day camp this summer ran from June 22nd to 25th. We had 24 campers, 9 girl helpers and 13 adult volunteers and speakers who were a part of this "Weather Watch" week. George Flickinger, WSET's chief meteorologist came out to camp to start us off the first day of camp. We had a good time learning about his experiences chasing storms and how to stay safe if ever we find ourselves in one!

Campers got to learn about hurricanes, tornados, rain and snow. They made their own rain gauges, weather vanes, and even clouds! They worked together to build shelters for their woodland (stuffed) animals and then tested them against wind storms. Girls worked on their camp progression patches by learning about fire safety, first aid and knot tying.



A shelter from the storm!

Camp Sacajawea day camp is completely volunteer-led - we are so grateful to everyone who helped make it happen - in little and big ways - preplanned and spur of the moment help - girl helpers and adults - camp would not have happened without our amazing community of volunteers. We are already thinking and planning for next summer - we hope your Girl Scout and you can both come in 2023!



The first day of Camp with Mr. Flickinger



Learning about the layers of the atmosphere



If you could only sense how important you were to the lives of these girls...most of them you had never met or ever even dreamed of. Something of yourself was left with each conversation, every gathering, every teachable moment...

Thank you!

Why I am a Girl Scout Leader.

I was raised by a single dad and he was a very active part of my Girl Scout experience. I wasn't the most athletic person and Girl Scouts gave me an opportunity to be a part of a group. As a child, I enjoyed that the parents shared the troop responsibility, not just the Girl Scout leaders. One girl's mother would help us earn a certain badge while another girl's family would take us to different scouting events. It was truly a village, which meant a lot to us as kids. I'll never forget my father helping our troop learn to change a tire and to check the oil in a car. There are tons of opportunities to make great memories in Girl Scouting! Because I had such a wonderful experience being a Girl Scout, I knew that I wanted my daughters to be involved in scouting as well. Being a Girl Scout leader can be challenging at times but I have gotten so much more than I have given. I've stepped out of my comfort zone, learned the importance of delegation and I'm always reminded that "where there's a will, there's a way." Sometimes I'll overhear my kids talking and they'll say that they "definitely" want to be Girl Scout Leaders when they grow up, which makes me so proud. I am glad that I am taking this journey with my children and I am super thankful for all the other leaders, parents and scouts that help to make Girl Scouting possible.

CJ
Troop 9200

Why Be a Girl Scout Leader?

Listening to and sharing thoughts with young developing women was a significant part of the Girl Scout middle school experience for me. I clearly remember discussions during those years of the offensiveness of explicit song lyrics or ways to show closeness and appreciation to adults while remaining respectful.

As a younger Girl Scout, my daughter admired and tried to emulate the Cadettes and Seniors who led programs for her Brownie and Junior troops. Becoming a Senior Girl Scout enabled her and fellow Girl Scouts to be those girls for others. By staying in Girl Scouting throughout her high school years, she was able to experience what could not be offered by our family or by school. The camaraderie she developed with a diverse group of girls foreshadowed her college friendships and has endured into adulthood.

While I expected my daughter to grow through Girl Scouting, I was unprepared for the growth I would experience through Girl Scout leadership. Something as simple as preparing a meal for 15 or as complex as listening while a Girl Scout shared concern for her future were opportunities I would not likely have had otherwise. In working with other women I admired, I could learn by watching their skills in action and developing those attributes in myself.

To this day, I smile whenever I dump bowtie pasta in a pot to boil as I remember the reaction of one of our Girl Scouts as she introduced me to this new unfamiliar shape. My heart leaps when I see one of our Girl Scouts coming down the aisle at the grocery store or when she proudly shows me pictures of her young children. Girl Scouting leadership is part of who I am today and for that I am grateful.

In Girl Scouting friendship and affection,
Claire '91 – 2004 Troop 2015



Why Be a Girl Scout Leader?

Being a Girl Scout in my mom's troop was pretty cool; we did a lot of two person pup tent camping, lots of hand sewing and fixed snacks...we loved snacks! Out of desperation to find a troop for my daughter Michele, I found myself agreeing to be a troop leader of eight adorable Daisy scouts. If someone had told me that I would be leading this troop through high school, I would have told them that was unlikely. I thought frankly who is still a Girl Scout by the time they hit high school?

Being a troop leader when the girls were younger was certainly easier. They had less on their schedules and more time for meetings. Badges and activities were more clear cut and pretty easy to achieve.

As we muddled through middle school, I often questioned if Girl Scouts was worth my time and effort. Middle school was hard, life was changing, friendships shifting... Girl Scouting however, seemed to provide this **safe space** and then we would have that certain meeting or activity that really brought our girls together and I would be reminded of the bonds they had formed through what I felt was a lifetime ago. The Silver Award group project was one of them.

Approaching high school, I will admit that I really did not know what a GS troop leader looked like. Claire and I became more of advisors prepared to adjust to whatever. We were more focused on life skills than badge work although we did squeeze some in sometimes without them knowing it. Meetings often consisted of supper together and talking about prom dresses. Not only did this give Claire and me a chance to do what we could to pass on our own life lessons that might serve them in the future, but gave us a front row seat of what was being accomplished. By 11th grade their focus and what motivated them – sleepovers at Gay Lodge, Brownie Camporee, building the Camp Sac Amphitheater and planning their last "Hurrah" trip to NYC after high school graduation.

Turns out, I didn't realize it that most of the true benefits of Girl Scouting kick in just when we are most inclined to quit...both girls as well as adults. Over the years our girls learned many great lessons about independence, individuality, creativity, entrepreneurship and leadership. It is now they begin to demonstrate their understanding of commitment, realize the fundamental benefits obtained through Girl Scouting and the **power of sisterhood**. The diversity of this troop was very special, friendships would not have formed otherwise. They had a voice to be heard and a power to control their self image. **Girl Scouting was a grounding force**. Nothing was more important than building healthy relationships.

Girl Scouts provides the platform. We as Girl Scout volunteers provide the underpinning

In Girl Scouting Friendship,
Rebecca '91 – 2004 Troop 2015
SUM '03/'04 to present

For the LOVE of Girl Scouting...

- 39 years and still going strong
- We are an amazing sisterhood
- I spend my time thinking of new ways to engage my girls so they can grow into strong confident women.
- I put on sunscreen, stay hydrated, do a tick check, buy some cookies!
- I will invest my time, talent and treasures to ensure that the future leaders of our world are strong women of courage and integrity.
- I will stand with our girls in freezing cold temperatures at a Cookie Booth to teach them that reaching a goal is hard but rewarding work.
- I will spend countless hours facilitating meetings and gatherings so that our girls progress into women that support women rather than compete with them and tear them down.
- I will devote 9 years to my troop but ultimately to my daughter to watch her grow and mature into a leader with the Girl Scout Law as her core value.
- I will stay positive.
- I know that the seeds I plant today become the harvest we enjoy tomorrow.
- I will do lots of paper work!
- I've slept on the floor of every aquarium, zoo, museum and mall in a 200 mile radius.
- I've got something in my pocket, it belongs across my face, I keep it very close at hand in the most convenient place...
- I will fit 125 cases of cookies into my minivan.
- I am man enough to support my daughter.
- I bleed green.
- **For the Love of Girl Scouting you will have the most wonderful friends.** I have held many positions in Girl Scouts and have enjoyed them all. Through these experiences, I have developed friendships that have been there to share everyday things, to travel with and to offer support and advise when I have needed it. **They have been there for the long haul.** I love each of them.

It's all about building relationship and friendships.

This upcoming scouting year will be a transition period for our Service Unit and SU Team...the team provides leadership, facilitates communication, management – recruitment – opportunities – coaching – mentoring – record keeping – conflict resolution in a geographic area. Team positions include: SU Manger/Team Leader(s), Finance Facilitators, Event/Activity Planners and Facilitators, Age Level Mentors, Product Sales Team, Event Coordinator, Delegates.

How can you contribute to this team?

1. Detria will be our product sales trainer for Area 9. We will need a **cookie cupboard manager**...job requirements include securing cookie pick up location, meeting delivery driver/truck, overseeing inventory, overseeing sorting and cookie pick up, etc. **Immediate opening**; training provided.
2. Be a **delegate** to the Fall open dialogue meeting (virtual component) and annual meeting, January '23 in Radford (virtual component).
3. Plan and oversee an **event/program** for our Service Unit...example badge day for younger scouts. Guidance available!
4. Plan **SU activities**/Help provided

Please contact Detria regarding product sales interest (thepreachaswife@hotmail.com) and Rebecca to have that conversation on how you can help. (Becka6778@aol.com)

Our volunteer led **Service Unit '22 Fall programming** provides positive mindset and critical thinking. They boost creativity, confidence and positive attitudes through joyful and fun loving activities and hands on learning stations.

Flyers will be available at SU meetings and on the Lynchburg Campbell County website www.lburgccgirlscouts.weebly.com. Go to "Event Flyers," then scroll down to the month.

Until we have ample space we will not be able to offer overnights/camporees for these larger groups

1. **Media Journey** is planned for Saturday, September 24, at Camp Sacajawea. Our Cadettes will have the opportunity to meet requirements for the "Media" Journey – It's Your Story – Tell it, earning the 3 leadership awards – Monitor, Influence and Cultivate. They will discover more about themselves, hone in on their own values, connect with others, learn about good coping skills and complete a Take Action Project designed to improve their own well being and their community. Event Planners: Rebecca and Michele.
2. **Robotics**, Saturday, October 1...a partnership between LSU and Sylvan Learning Center. They have created a program that will help our D-B-J Girl Scouts earn 3 Robotic Badges – Programming, Designing and Showcasing. Location: First Presbyterian Church. Event Planners: Jeanette and Rebecca
3. **Junior Outdoor Journey**, Camp Sacajawea Saturday, October 15. Our girls will have the opportunity to earn 4 Junior Badges (Camper, Eco-Camper and Animal Habitats for the Outdoor Journey and an additional badge Outdoor Art Explorer. Special focus on Leave No Trace. Event Planner: Rebecca

4. **Girl Scout Tea “Cupcake Wars”** for our D-B-J Girl Scouts, a program focused on friendship and building confidence. Daisy scouts have the opportunity to earn “Be a Sister to Every Girl Scout”, Brownie Girl Scouts: “Making Friends” and Juniors: “Social Butterfly.”
5. **Super Service Day**, Saturday, December 10, is a program dedicated to service. The girls will participate in 3 service projects...”Thinking of You” cards for residents of two local nursing homes, decorating and filling birthday boxes for Meals on Meals (in so many cases this is the only birthday remembrance for these recipients) and donating food to the Lynchburg Area Food Bank. For added fun our girls will decorate and eat holiday cookies and make 4 – 5 ornaments to take home. Planners: Marion and Rebecca. We are in **need** of two piece **cardboard shoe boxes** (lid separate from box) for our birthday boxes. These must be prewrapped in white paper prior to event. Contact Rebecca (Becka6778@aol.com) if you have shoe boxes to share.

Registrations will be taken in order received. Once we reach our max, event will close which is often prior to the deadline. Max is determined by available space. We are unable to “pencil in” your count to hold your space. Please give your parents a deadline to respond to you so you can meet our deadline.

We will be participating in the “**Festival of Trees**” hosted by the Alan B. Pearson Regional Cancer Center, a group service unit project we have enjoyed doing together for the last nine years. Our “**Girl Scout Tree of Hope**” will go on display mid November to mid December. We invite our girls to provide handmade “SWAPs” to decorate our tree. Our tree will be auctioned with all proceeds going to the Cancer Care Patient Fund, helping those clients in need of transportation, wigs, etc. Rebecca will need your SWAPs by second week in November. Contact Becka6778@aol.com for pick up/drop off.

To Help with your Fall planning beyond SU planned events/activities:

- **Triple C Camp** – provides Journey, Badges and Adventures. They are happy to customize an event or program...backpacking, camping, canoeing, climbing, geocaching, hiking...service projects and more. Triple C Year-round programs can even travel to you. Located at 920 Camp Road, Charlottesville, Va. 22902 434-293-2529 <https://yearround.tripleccamp.com/programs-2/opportunities-for-girl-scouts>
- **Still Meadows Enrichment Center and Camp** in Linville, Va (just north of Harrisonburg) Camp created as a special needs facility in a country setting providing year-round therapeutic activities. info@campstillmeadows.org
- **Yoder’s Farm and Corn Maze**, 1134 Browns Mill Road, Rustburg, Va. Special group rates – farm visit free. yodersfarm@gmail.com 1-434-401-4016 hello@yodersfarm.com to join their field trip email list.
- **White Fall Farm**, featuring the amazing **hay castle**, 6135 Riceville Road in Gretna, Va. www.whitefallfarm.com 434-942-6272 or email ajnuckols@gmail.com

- **Corn Maze:** The Layman Family Farm in Blue Ridge, Virginia, 1815 Mt. View Church Road, has a 10 acre corn maze that is great fun! The maze is laid down early in the season before the corn begins to sprout, to insure that the paths are foot friendly and not studded with stubble. Other activities include a hay wagon ride, a gigantic corn box, smaller maze, special tunnel slide, gigantic jumping pillow, farm animals and cannon. Food is available to purchase (if you bring picnic you must eat outside the maze ie. parking lot). Corn maze is open mid September – mid November Saturdays and Sundays.
info@laymanfamilyfarms.com
- **Green Adventure Project at Triple C Camp** offers innovative and curriculum rich programming in the Blue Ridge Mountains, based in Charlottesville. The 35 acre site includes a Nature Environment Science and Technology Education Center and an area for troop camping with cabins and tents. They can customize an itinerary for your troop. (info@greenadventureproject.org)
- We encourage all troops to use GSVSC properties...**Icimani, Camp Sacajawea or Camp Sugar Hollow** from tent camping to cabin camping or just go for a couple of hours. There is a lot to do at all three camps. For any camping adventure you really need to plan/reserve way in advance. If you need help with planning, let us know. LynchburgCampbellCoGirlScouts@gmail.com or Becka6778@aol.com.
- **Edith Bolling Wilson Museum** has some interesting on site, as well as packets you can download... On site page program range around \$10 per girl... Junior Jewelry, Cadette Entrepreneur, etc. Museum located in Wytheville, Virginia
<https://www.Edithbollingwilson.com>
- **Bedford Area Family YMCA's Aerial Adventure Park** - There are 6 platforms each with different tasks, also features built in line ropes course and in the woods below the AA park there are 11 team building elements. "Each element will pose a problem to the group and they work together to solve the problem." Place is very unique and creative in a wonderful outdoor setting. 111 Turnpike Road, Bedford, Va. 24523
Call 540-586-3483 or bedfordymca.org
- Also outdoor Ropes Course
 - Low Ropes: has 12 different challenges
 - High Ropes: 5 challenges from 45 feet climbing wall to giant swing
 - Indoor Challenge Ropes Course with 7 indoor elements
- **Low Ropes Course** at the University of Lynchburg (formerly Lynchburg College) and other outdoor adventures you might check into: contact 434-544-8224 or www.lynchburg.edu/student-life/outdoor-leadership-program Check with GSVSC regarding vendor approval.

- Elena Black, DDS, PhD, **Appalachian Orthodontics of Lynchburg** on dental health. This 90 minute program takes place at her office on Old Forest Road, Lynchburg. Perfect for our D-B-J, but can be adapted for our older girls. The program includes many interesting facts about teeth/jaw, dental care/health, what to expect during a dental visit and much more! Dr. Black provides a special snack, unique participation patch and take home goodies. Reservations are made directly with Dr. Black (dr.elenablack@gmail.com). Suggested time 10 – 11:30 am on Saturdays.
- **Homestead Creamery Tour** “Smith Mountain Lake” area. Gems in the Blue Ridge – Homestead Creamery, 7254 Booker T. Washington Highway, Wintz, VA. Claudia Pick, Marketing Representative has created a curriculum that dives into Homestead Creamery and the industry through activities, tour and more. Contact Ms. Pick for more information and the opportunity to visit. claudia.pick@homesteadcreamery.com
- Check out the “**Discovery Sites**” listed in Enclosure
- **Amazement Square** provides programs for GS Badges... Innovation – Artist – Space/Badge services such as Robotics and Coding/Journeys “It’s Your Planet – Love it (Brownie) Get more info at 434-845-1888 about a Girl Scout experience. visitus@amazementsquare.org
- **Claytor Nature Center** in Bedford welcomes Girl Scouts, 1844 Woods Road, Bedford, VA 24523, 434-544-8360) Daisy: Space Science Explorer – Eco Learner – Trail Adventure – Outdoor Art Maker. Brownie: Space Science Adventurer – Outdoor Art Creator – Senses – Household Elf – Home Scientist – Bugs – Outdoor Adventure – Hiker – Eco Friend. Junior: Space Science Investigator – Flowers – Animal Habitats – Gardener – Trail Adventure – Outdoor Art Explorer. Cadette: Night Owl – Eco Trekker – Outdoor Art Apprentice – Trail Adventure. Senior: Outdoor Art Expert.
- **Parks and Rec:** “Nature Zone” Miller Center, 301 Grove Street, Lynchburg offered all year round. Look and observe – participate in activities on display – go through all the super cool discovery drawers – check out the animals – knowledgeable trained staff members always available. Questions: NatureOutdoors@LynchburgVa.gov (434-455-5828). Girl Scout Badges/Programs: Brownie – Letterboxing and Bugs. Junior: Animal Habitats – Eco Camper – Flowers. Cadette: Trees – Night Owl – Animal Helpers – Archery. Senior: Adventure Camper – Sky – Eco Explorer. Ambassador: Eco Advocate
- “**Zoo Snoozes**” overnight experiences for children at the North Carolina Zoo in Asheboro, N.C. check out other programs as well...zoo education office 1-800-488-0444, ext. 7716 or <http://www.nczoo.org/education/zoosnoozes.html>
- **Skinny Dip Hole and Trail** are **back on line** and thanks to Anya, Skye and Elizabeth it’s definitely “go to” at Camp Sacajawea. By mid August their Silver Award Project will be a done deal and feature not only new steps going into the swimming hole, but new and much safer entrance and recreational area with a picnic table. But you can

certainly **enjoy it now**. Per guidelines “when wading (up to knee – deep), the presence of a first aider with American Red Cross Basis Water Rescue is (old tennis shoes) are a must. Please enjoy....**beautiful relaxing site**.

Outdoor Activities to Build on Social Skills

- Gardening/watering: patience
- Walk/hike: talk/conversation skills
- Bird watching: attention
- Tidy of the yard/raking: organization
- Go on a scavenger hunt: attention
- Hiking: strategies
- Picking up trash: responsibility
- Painting/chalk: kindness messages
- Leaf rubbing: mindfulness
- Picnic: planning

Switch them around – add your own to increase executive functioning skills

Whether or not we want to admit it, back to school season is about to begin. As a troop leader this is the time for you to dig in and prepare in advance for the upcoming scouting year. If that idea gives you the heebie-jeebies, you are not alone. **Leader Connecting Leaders Community** could be another helpful resource from troop planning, to meeting ideas, and leaders sharing articles.

The **Skyline Adventurers** is offering **Fun, Mud and Cave '22**. Head underground to explore the limestone caves of the Shenandoah Valley. Be prepared to learn, have fun and GET MUDDY: Participants will learn about cave formation, preservation, exploration and ecology.

Date: Saturday, **August 27**

Time: 10:00 am – 2:30 pm.

Location: Glade Cave Bridgewater,

Who: Juniors – Ambassadors (11 – 18 years old)

Fee: \$60 per participant

Registration closes August 10.

To register: mail or email Adventurers Get Event #2277-G and forward a copy of COVID-19 waiver participation agreement #1081 to Lou Armentrout, 10321 Jess Arey Lane, Dayton, VA 22821-2379 (armentroutcrew@gmail.com). More info at Skyline Adventurers@gsvsc.org

GSVSC Updates

- Council Resources and **Lending Library**. Located at GSVSC headquarters in Roanoke (3663 Peters Creek Road, 24019), there is a community library that includes song books, lots of handbooks, badge work books, historical scout books and game books. May be checked out on site by using “Check Out Resources Box.” Also, available are numerous historical GS uniforms and cookie costumes to borrow. Contact info@gsvsc.org to borrow these items and check out the “Girl Scout suitcase.”

- Council approved **First Aid/CPR/AED** providers

- American Red Cross
- American Heart Association
- National Safety Council
- American Safety + Health Institute
- Medic First Aid

Check with council prior to enrolling in courses with online components

- Presence of an **Advanced /First Aider** (MD, EMT, RN, NP, etc.) is required at resident camps, day camps...for larger events with 200 people or more there should be additional first aiders. The following healthcare providers may serve as your advanced first aider...physician, physician assistant, nurse practitioner, registered nurse, licensed practical nurse, paramedic, military medic, emergency medical technician.

- If you will not be able to get help within 30 minutes (such as longer hikes) that includes arrival time/and or minimal cell service you are required to have a **Wilderness First Aider**.

- Health Histories are required on everyone participating with the troop (girls and adults)...leader, co-leaders, drivers, chaperones, troop's product sales manager, troop assistants, parent helpers...adults need to be registered with GSVSC, have a cleared background check (update every 3 years) and complete any required training. For example: Troop's product sales manager, troop chaperone, co-leaders. Please note that writing in "up to date" is not considered a completed health history form for your girls.

- **Programs and Training**

- Adult membership and background checks are required;

1. When chaperoning or providing supervision of girls (other than your own) to fulfill the girl to adult ratio
2. When providing direct service to girls without presence of troop leaders
3. When driving girls (other than your own) to and from all GS activities
4. When handling/managing GS products
5. When attending a GS trip and/or overnight

- **Activity/Trip Permission** Form #2129 must be submitted to council for any activity or trip which involves the following

1. Day or overnight trips that include non-registered individuals, includes tag a longs
2. Day or overnight trips outside of our council
3. Any trip of two nights/three days or more
4. Trips outside of the continental United States
5. Camping activities, including backyard camping, outdoor cooking, campfire

and cabin camping

6. Programs that include human sexuality and related health issues
7. Activities that present a greater risk than usual to participate...ropes courses for example

- For leaders planning **any overnight trip** for your troop you are required to take GS 201, a 45 minute on line video...this includes any camping trip, sleepover, etc. Whatever the overnight might involve. Make sure you have taken this training before you submit your Activity and/or Permission Application for a Troop/Group #2129.
 - Overnight tent camping requires Outdoor Ed Training. Check out GSVSC calendar for Education Training is required before troops can cook out, campout and adventure out which includes packing gear, platform/cabinette/tent camping, building campfire, cooking outdoors over a campfire, portable stove or grill for any daytime or overnight outdoor camping activity.
 - **Co-leaders** remember to renew your membership and volunteer roles for the upcoming membership year.
 - **Co-leaders**, please complete your "Volunteer Self Evaluation" form #4261 and submit to SU Team Leader...Rebecca (Becka6778@aol.com)
 - **Co-leaders**, submit any changes in meeting/participation information to council via info@gsvsc for the Troop Participation Catalog
-

Forms/documents:

<http://www.gsvsc.org/en/for-volunteers/forms---documents.htm>

Volunteer Resources Tab for trainers, delegates, troop leaders, service units, info/suggestions on first 6 troop meetings (D,B,J)
<http://www.gsvsc.org/en/for-volunteers/volunteer-resources.htm>

**When we model behaviors
like kindness, patience and
calmness, we can change
the world. Keep the faith.
Be a good role model.**

**Life is not being rich,
being popular, being
highly educated or being perfect.
It is about being real,
being humble and being kind.**

Lynchburg Campbell County Girl Scout Service Unit
4925 Boonsboro road, PMB 189
Lynchburg, Virginia 24503

Questions: LynchburgCampbellCoGirlScouts@gmail.com
www.lburgccgirlscouts.weebly.com
www.facebook.com/LCCGSSU

**Enclosures: 1. Adventuring 110 Fun Patch. Earn anytime in 2022
2. Discovery Sites**

Adventuring 110 Fun Patch

Celebrating 110 years of amazing adventures!

Back in 1912, the very first Girl Scout troop played basketball, hiked, swam, identified plants, gardened, and camped. They learned to tell time by the stars. Getting girls involved in outdoor physical activities was one of the main goals of the early Girl Guide/Scout Movement. Starting on March 12, 2022, we are celebrating 110 years of Girl Scouts. This fun patch will get you outdoors and having fun like your original Girl Scout sisters!

HOW TO EARN

Girl Scouts (girls & adults) need to do an outdoor activity that counts for 110 of something: feet, minutes, miles, strokes, pedals, seeds, litter, etc. Be imaginative and have fun! That's the Girl Scout Way! What "110" will you take on as a challenge to complete and celebrate 110 years of Girl Scouting?

OUTDOORS IDEAS

Dribble, pass, kick, serve

Hike, walk, run

Swim, row, paddle

Climb, cave, camp

Horseback ride, hike with a llama

Ice skate, snow tube, ski

Biking, fishing, birding

Geocache, letterbox, scavenger hunt

Outdoors service project, take action project, give back

Gardening, picnicking, farmers' market visit

All outdoor fun counts!



WHO: girls (Daisies-Ambassadors) & all adult members including alum!

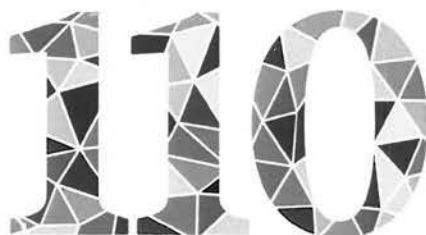
TIME/PLACE: anytime in 2022

COST: \$2/fun patch

TO ORDER PATCHES: no need to pre-register—just take the challenge & buy your patches here: www.gsvsc.org/adventuring110

QUESTIONS: 540-777-5100, info@gsvsc.org

This fun patch is dedicated to all the volunteers who have brought the joy of Girl Scout programming to girls over the past 110 years!



girl scouts 
of virginia skyline

Discovery Sites

Lynchburg Museum – Located at 901 Court Street, downtown Lynchburg, 24504 in the Old Court House. A museum and history of Lynchburg, exhibiting artifacts, old photographs and artwork.

Monument Terrace – Located at 313 9th street, downtown Lynchburg, 24504. The inspiring rise of Monument Terrace commemorates Lynchburg citizens who fought and died in the Civil War, Spanish American War, World War I and II, Korean War, Vietnam to present day. Iconic doughboy statue is a memorial to those who lost their lives. There are many other sculptures and markers that line the 139 steps and terraces all the way to the top where the Old Court House Museum stands.

The Legacy Museum of African American History – Located at 403 Monroe Street, downtown Lynchburg, 24504. Established in 1995 offering displays/exhibits on African American history...most topics central to our African American history. Museum sponsors exhibits – related programs as well as special events during Black History Month.

The Old City Cemetery – Located at 401 Taylor Street, downtown Lynchburg, 24504. It has an extensive section of Confederate graves, the Pest House Museum, a restored train station, Hearse Museum, plus year round programs, lectures and tours, 27 acre public gardens, "history park" and wedding venue, plus active place of burial remembrance. The **Pest House** Medical Museum, Civil War hospital...recorded commentary describing Civil War medical conditions.

Point of Honor – Located at 112 Cabell Street, downtown Lynchburg, 24504 in Daniel Hill. This 19th century Antebellum home was built by Dr. George Cabell, friend and personal physician to Patrick Henry. It was later the residence of Col. John Langhorne whose daughter Elizabeth Langhorne Lewis led the fight for women's suffrage.

Percival's Island Nature Area – Located at 1600 Concord Turnpike, downtown Lynchburg, 24504. Approximately 1 ½ miles long following the old railroad bed, paved trail and great for hiking, biking and jogging. Area is well shaded with great views of the James River, migrating waterfowl, many native plants and nature animals.

Maier Museum at Randolph College – Located at 1 Quinlan Street, Lynchburg, 24503. Museum of Art of American Art, chiefly paintings, works of paper and photography dating from the 19th through 20th centuries. Art collection was established in 1907.

Miller-Claytor House – Located at 2200 Miller Claytor Lane, Lynchburg, 24503. The Miller Claytor House was erected in 1791 for tavern keeper John Miller and is the only remaining 18th century town home in Lynchburg. This two story white framed structure, sheathed with beaded weatherboard, is near Riverside Park.

Historic Sandusky – Located at Sandusky Drive, Lynchburg, 24502 is a historic formal two story “I” house built in 1808 by Charles Johnston. Location of “Hunters Raid”: The Battle for Lynchburg. Features Federal Architecture and historical museum.

The Anne-Spencer and Garden Museum – Located at 1313 Pierce Street, Lynchburg, 24501. Home of poet Anne-Spencer 1903-1975. The garden served as Spencer’s inspiration for much of her poetry. She was a poet of the Harlem Renaissance. The house is Queen Anne Style Architecture.

Blackwater Creek Trail Natural Area, Lynchburg. There are multiple entrances. It is a serene wooded nature preserve offering scenic paved and earthen packed dirt trails for biking, jogging and walking. It follows the winding route of the Black Water Creek incorporating wooded hillsides, streams and valleys providing eight miles of trails on 300 acres of forested area.

Poplar Forest – Located at 1542 Bateman Bridge Road in Forest, Virginia. A national historic landmark, Poplar Forest was designed by Thomas Jefferson as his personal retreat. Thomas Jefferson inherited this Bedford County plantation in 1773. This plantation and plantation house is hailed as a masterpiece of landscape and architecture. It tells us about the daily life for one of the most prominent figures in the 19th century.

National D-Day Memorial – Located at 3 Overlook Circle Road, in Bedford, Virginia. It was constructed in honor of those who died on D-Day, fighting in one of the most significant battles in our nation’s history. The site was chosen to honor 37 Bedford sons who died on Omaha Beach, Normandy, France during World War II, June 6, 1944. This war memorial was dedicated on June 6, 2001 by President George W. Bush.

Avoca Museum – Located at 1514 Main Street in Altavista, Virginia. It is an American Queen Ann style home built in 1901 and was once the private residence of Col. Charles Lynch. The land on which Avoca is situated was settled by Native Americans known as the Saponi. Avoca is now a historical museum providing educational and historical programs.

Smith Mountain Lake Dam – Located off 29 South, take Exit 40. Visit “Energy in Nature” at the SML Visitors’ Center that overlooks the dam. Great audio-visual presentation provided. Open year round. Perfect picnic area.

Appomattox Court House - Located in Appomattox Court House National Historical Park, Virginia. The Battle of Appomattox Court House was fought in Appomattox County, Virginia in April 1865, and one of the last battles of the American Civil War. It is where General Robert E. Lee surrendered to General Ulysses S. Grant bringing the end to the Civil War on April 9, 1865. The home of Wilmer McLean is now a museum full of historical artifacts, maps, photographs, and civil war displays.

Booker T. Washington National Monument – Located at 12130 Booker Washington Highway in Hardy, Virginia. Booker Taliaferro Washington was an American educator, author, orator, and adviser to multiple US presidents. He was born into slavery April 5, 1856 in Franklin County, Virginia. Between 1890 – 1915 Washington was the dominant leader in the African American community. He founded the Tuskegee Normal and Industrial Institute in Alabama (now known as Tuskegee University).

Patrick Henry National Memorial – Located in Charlotte County near the town of Brookneal, 1250 Red Hill Road, Brookneal, Virginia. “Red Hill” was his final home and burial place. He was known as a fiery legislator and orator of the American Revolution, and his famous quotation “Give me liberty or give me death!”

South River Meeting House – Located at 5810 Fort Avenue, Lynchburg, 24502 also known as the Quaker Meeting House. Completed in 1798, it is a rubble stone structure 30’ X 51,” 16” thick. Self guided tours.

Lynchburg is the City of Seven Hills... Many are historical districts

Federal Hill: 8th – 12th Streets including Harrison Street, Polk, Federal and Jackson.

Note the Greek Revival and Queen Ann Architecture.

Garland Hill: 5th – Clay, Madison and part of Harrison Street

Diamond Hill: Includes Washington Street, Main, Grace and south end of Jackson

College Hill: Park Avenue to 5th Street

White Rock Hill: Includes Florida Avenue, bounded by James River

Daniel Hill: Point of Honor Area, overlooks James River and Blackwater Creek

Franklin Hill: Includes parts of Lynchburg Expressway with James River to the east and Florida Avenue to the southern end

Discovery Site Day Trips

Museum of American Frontier Culture

Consists of working farms brought together from England, Germany, Northern Ireland, and early North America as well as an African village all located in Staunton, Virginia. An extraordinary outdoor museum which chronicles both the struggles and achievements of our country's ancestors who blended together and created our unique American culture. Visitors are able to see and take part in the life as it was lived on these 18th – 19th century farmsteads. 1-540-332-7850 (www.Frontiermuseum.org)

Walton's Mountain Museum

Located in Schuyler, Virginia, a small mountain village in the foothills of the Blue Ridge Mountains, and the birth place of the creator of the "Walton's" television series, Earl Hammer, Jr. There is a walking tour of the plantation house and grounds.

www.waltonmuseum.org

North Carolina Zoo

Located at 4401 Zoo Parkway in Asheboro, N.C. Tour two continents – North America and Africa. It also offers a great overnight educational experience "Zoo Snoozes" for ages 7 – 12. These overnight programs entertain your senses and enhance your environmental awareness. 1-336-879-7000 or 1-800-488-0444 ext. 7716 or email www.nczoo.org

Thomas Jefferson's Monticello

Astounding home and gardens of Thomas Jefferson, third president of the United States. Located in Charlottesville, Virginia. Recognized by the United Nations as a World Heritage Site. Built in 1779 demonstrating three architectural styles: Neoclassical, Palladian and Jeffersonian architecture. 931 Thomas Jefferson Parkway, Charlottesville, Virginia 22902. 1-434-984-9800 www.monticelloshop.org