Lynchburg Campbell County Girl Scout Service Unit Amherst/Appomattox

August Update 2021



Our Day at Camp Sacajawea on July 10th was lots of fun! We had 36 campers, 12 teen helpers and 16 adult volunteers. The girls learned to tie dye with permanent markers, made duct tape water bottle holders, practiced their archery skills and cooled off at the "Dot" splash pad. They also learned camp songs and played games. We are grateful to all of our adult helpers – they jumped in and made camp happen! We had an awesome group of first time Cadette helpers this year. They did a super job leading the girls in songs, games, crafts and skills. Thank you Rebecca Duncan for all of your wisdom, work and guidance – the day came off smoothly. Thank you Donna Guill who with Rebecca had camp mowed, trimmed, cleaned and ready for the girls! It was so wonderful to be out at Camp Sac all together again! We can't wait until next year when we plan to have camp for a full week. As soon as a date is selected we will let everyone know so you can save the date! If you would like to bring your troop out to camp Sacajawea to meet, play or sleep over the new online reservation form from council is here:

https://www.gsvsc.org/content/dam/girlscouts-gsvsc/documents/2150_campreservations

Hope to see you at Camp Soon! Captain Buttercup (aka Amy McCarty)

This was a most memorable "Summer Camp-in-a- Day." We took a chance and redesigned "how" we could do outdoor programming...providing lots of learning, lots of fun and meeting new friends. Nothing compares to the beauty of nature, wildlife and just being outdoors. "What happens at Day Camp gets laughed about all year long." Thank you Captain Buttercup!!!!

Thank you to the GSVSC staff for planning and facilitating several eve p nts at CamSacajawea:

- "Spirit Untamed" movie night Friday, July 16, by Stephanie Micklem with helpful assistance by Amy McCarty
- "Girl Scouts Love the Outdoors Camp" Saturday, July 24 GSVSC Program Team: Molly Hagan, Molly Barkley, Sierra Pearson and Bekah Shmokler. Our scouts enjoyed archery, The Dot, tie dye and made bracelets.
- Three more are planned: "S'Mores and Sunshine, Saturday, August 7th from 5:30 7:30 facilitated by Molly Barkley and another "Girl Scouts Love the Outdoor Camps" Saturday, August 14, from 10:00 12:00 noon with focus on STEM activities by Bekah Shmokler. Tuesday, August 17th "Taste the Adventure" Girl Scouts of the USA will unveil the Brand New GS Cookie to be sold this coming cookie season 2022! We'll unveil the new cookie to our GS family that very same day at all three GS camps. Join us at Camp Sacajawea August 17th 6:30 8:00 pm for cookie tasting and games.

For GSVSC planned events, go to the "Events Calendar" gsvsc.org.

Our workdays at Camp Sacajawea are ongoing. Pick a day that interests you, reach out to Rebecca (Becka6778@aol.com) to plan a project that suits you. On Saturday, June 26, Ann, Donna, Sean and Christian did some mega brush work at the Pavilion campsite cleaning out from underneath and around trees which makes mowing easier. Members of Troop 676 continue with clean up, weeding and raking at "The Griz," creating a rock garden and redesigning the Peace Pole...Marion, Bridgette, JaVera, Gail, Addison, Allana, Danielle, Ellie, Gabby, Lydian and Sophia.

Message from Detria:

The **cookie incentives are here**, sorted and ready for pick up! Please contact me to make arrangements (thepreachaswife@hotmail.com). For those troops that opted out or only earned patches, I will mail them to you. They will be mailed to address of the cookie mom/volunteer on file. (Troop 9424 – 9730 – 819 – 108 – Pollard – Rebekah J.)

We are excited to announce new additions to our Service Unit Team for the upcoming '21-'22 upcoming year. Amy McCarty will co-lead the Service Unit Team Leadership position with Rebecca and Donna Guill will take the lead as finance facilitator. Their experience/knowledge and love of Girl Scouting will help the growth of our Service Unit. Detria will remain in the key position of SU Product Manager/Area 9 Product Sales Manager/Instructor.

How can you contribute to the Service Unit Team?

• SU cookie booth managers for the 2022 season

- Be a delegate to the open dialogue meeting and annual meeting (elections August 29th)
- Cadette age level mentor/Ambassador age level mentor
- Run a badge day for sister troops with younger girls
- Run a badge day for older girls
- Run/plan events-activities for the Service Unit

Sharlene Riddlebarger, SU volunteer and the third signer on all Lynchburg/Campbell County/Appomattox troop accounts, is retiring. Donna Guill has agreed to fill this position and be part of the finance team for our SU. Leaders this means you will need to update your troop's account with BB & T, with the goal of having this completed by October 1st so that your account is accurate. Troop leaders submit a new form #4319, removing Sharlene's name and adding Donna Guill (club1951@hotmail.com). Changes to the troop's account are not valid until all signers have returned to BB & T and signed new documents. Troop leaders will be notified when documents are ready for signatures. Thank you Sharlene for your many, many years of service.

Opportunity Catalog for new girls...or choose to opt out. Your contact is staff support Bekah Shmokler, (rshmokler@gsvsc.org). If you can accept new girls she will display this for you.

Registration: **Membership financial aid for girls and adults** available. Pay stubs are required to verify how much assistance may be provided. Select "Financial Aid" box on payment page. Parents will need to ensure they have a copy of the pay stub saved to theirl computer or phone prior to completing the financial assistance form.

Upcoming Bronze and Silver Award Virtual trainings/gsvsc.org to register. Bronze, Sunday afternoon, September 12, 2021, 2:00 – 4:00 pm (deadline 9/3/21) Silver, Sunday afternoon, October 3, 2021 (deadline 9/11/21)

Health Histories: Along with your girls you should have a current/completed health history on everyone participating with the troop. This would include leader/co-leaders, drivers, chaperones, product sales manager, troop assistants (parent helpers), etc. All adults must have a cleared background check (updated every three years), complete any required training and be registered with the troop. Please note that writing in "up to date" is not considered a completed health history form for your girls.

Council Resources and Lending Library – Located at GSVSC headquarters in Roanoke (3663 Peters Creek Road, 24019). There is a Community Library that includes song books, lots of handbooks, badge work books, historical scout books and game books. May be checked out on site by using "Check Out Resources Box." Also, available numerous historical GS uniforms and cookie costumes to borrow. Contact info@gsvsc.org to borrow these items and check out the "Girl Scout suitcase."

Activity/Trip Permission/Parent Permission: Activity/Trip Permission Form #2129 must be submitted to council for any activity or trip which involves the following:

- 1) Day or overnight trips that include non-registered individuals, includes tag-a-longs
- 2) Day or overnight trips outside of the council
- 3) Any trip of 2 nights/3 days or more
- 4) Trips outside of the continental United States
- 5) Camping activities, including backyard camping, outdoor cooking, campfires, and cabin camping
- 6) Programs that include human sexuality and related health issues
- 7) Activities that present a greater risk than usual to participate
 - always bring with you:
 - . First Aid kit
 - Parent Permission forms 2133 or 2134

Archery equipment usage is available at our 3 program centers (Sugar Hollow, Camp Sacajawea and Icimani) to certified archery instructors who provide archery activities to Girl Scout groups/troops on site at these program sites. A copy of current Level 1 or Level 2 certification is to be on file with council at time of reservation. Approved application for archery equipment (form #1076) is required 3 weeks prior to the archery activity. Equipment approval does not reserve the camp or archery range. Please reserve camp/range (form #2150) before reserving equipment to ensure space is available. Must have a valid Level 1 or Level 2 certified archery instructor with you at all times while on the range. Their USA Archery Certification is valid for 3 years.

Fall Open Council Dialogue Meetings give GSVSC volunteers the opportunity to share their thoughts, ideas and concerns and offer suggestions to the governance of the GSVSC. Save these dates – most meetings will be virtual beginning at 7:00 pm with two in person meetings also being planned to coincide with ongoing virtual, October 18, October 21, Saturday, November 6 (AM) and November 9. On line registration to open soon. We plan to hold delegate election at the August 29th SU Meeting at Sac:

- Delegates must be 14 years of age or older
- Delegates begin their term October 1, 2021 and end September 30, 2022
- There is no restriction on how many consecutive terms a person elected can serve as a delegate.
- New delegates or alternates are required to complete an online self study
- Delegates agree to attend one Open Council Meeting and Annual Meeting, January 22.

GSVSC has moved to Phase IV. As directed by GS of the USA, until all girl members in every program level are "eligible for vaccines, for the protection of all members as well as the families and communities we serve, GSVSC will continue to practice and expect all members to disinfect/sanitize, utilize hand washing measures, social distance and utilize face coverings when required.

Summary:

Removed gathering restriction numbers for indoor/outdoor

- Removed cohorting requirements with the exception of summer camps
- Updated mask/social distancing for unvaccinated/vaccinated individuals with exception of summer camps. All summer camp participants are expected to mask and social distance.
- Added troop/group spending/participation guidelines
- Added clarification for when trip/activity form is required
- Added extended regional and national travel guidelines
- Clarified that all grade levels can (still) travel regionally up to three days/two nights
- Updated extended regional travel beyond three days/two nights and national travel to only allowable for vaccinated adults and vaccinated girls age 12 and above, all participants must provide proof of vaccination along with their Activity/Trip Permission #2129
- Removed "household" restriction for carpooling
 - When carpooling, if possible, girls from different households should not carpool
 - When carpooling, all girls and adults must wear a mask at all times when inside a motor vehicle regardless of vaccination status
- Added public transportation is allowed, mask required
- Clarified that international and cruise travel are not permitted at this time Please note that COVID-19 Response Guidelines for volunteers was updated 7/9/21. Full details can be found on GSVSC web site.

Camp Sacajawea is open. Take advantage of this wonderful outdoor space from troop campfires, maybe a hike, enjoying the Dot (closes end of September), archery, activity tubs inside Sunspot and more. If you need help please let us know...we would love to help you plan Rebecca (Becka6778@aol.com), Amy (abebko@gmail.com), Donna (club1951@hotmail.com) ... plenty of us willing to help! You will need to pick a date and reserve a time. Use the GSVSC calendar, then submit form #2150. https://www.gsvsc.org/content/dam/girlscouts-gsvsc/documents/2150_camp-reservations

Upcoming Events – Activities – Trainings (Service unit and GSVSC)

- National S'Mores Day 2021 "Sunshine and S'Mores" at Camp Sacajawea Saturday, August 7, 5:30 – 7:30 hosted by GSVSC. Includes Solar Powered Activities, water fun at "The Dot" and GS's favorite treat – s'mores. Fun patch included. Bring a friend. No cost. Register on line with gsvsc.org
- "Girl Scouts Love the Outdoors," hosted by GSVSC, Saturday, August 14, 10:00 – 12:00 noon at Camp Sacajawea. Enjoy STEM activities. Open to Girl Scouts,, new members and potential members. No cost. Register on line as a troop or solo (with adult in attendance).

- "Taste the Adventure," Tuesday, August 17, at Camp Sacajawea, hosted by GSVSC...includes games and unveiling of the brand new Girl Scout cookie. Time: 6:30 8:00. Register on line with gsvsc.org.
- If a troop number has been flagged due to failure to submit End of the Year reports ('19-'20/'20-'21) event participation will be minimal.
- SU meeting, Sunday afternoon, August 29th 2:00 4:00 pm at Gay Lodge/ Camp Sacajawea. Invite your Girl Scout daughter – The Dot is open – followed by ice cream social – Please RSVP to Rebecca (Becka6778@aol.com).
- Bronze Award Virtual Training, Sunday afternoon September 12, 2021
 2:00 4:00. Register on line with gsvsc.org
- To be scheduled soon, Candy-Nut Product Sales Training waiting for venue confirmation September training
- Saturday, September 25, 2021 "Cadette Day at Camp Sacajawea Master of the Campfire" featuring the Cadette Outdoor Journey. Volunteer led/SU hosted event. Registration through LSU.
- The '20-'21 String of Pearls event hosted by GSVSC moved from August 28 to September 25, 2021 at Icimani Program Center/Roanoke. Register with gsvsc.org. Each girl will receive a 7 mm round freshwater pearl on an 18" sterling silver cable chain. Pearls will slide on the chain and can easily be added by your local jeweler from year to year.
- Silver Award Virtual Training, Sunday, October 3rd, 2:00 4:00. Register on line gsvsc.org
- "Fitness Fun", Saturday, October 9, 2021 hosted by LSU in partnership with Kappa Delta University of Lynchburg. Invitation extended to our D-B-J/high lighting "Fair Play" and "Practice with a Purpose." Location: Camp Sacajawea
- Saturday, October 23, 2021 Junior "Think Like an Engineer Day," Partnership between Lynchburg/Campbell Co SU and BWXT Women in Manufacturing. Volunteer led event/registration through Service Unit.
- Super Service Day, Saturday, December 11, at First Presbyterian Church. Volunteer led event/register with SU. We are in need of two piece (box + lid separate/no flip tops) shoe boxes for the Meals on Wheels Birthday boxes. Bring what you can donate to August 29 SU meeting.

Service Unit Events and Activities are 100% volunteer, organized, planned/facilitated. They are top notch, local and affordable. Flyers are available at Service Unit meetings and will be posted on the SU website www.lburgccgirlscouts.weebly.com under "Event flyers." Flyers are password protected (contact Becka6778@aol.com). Scroll

down to month of event. Flyer will include additional information needed...cost, location, age level, contact, etc. Each fiver includes a registration form which must include names of girls and adults planning to attend a particular event. If you have girls signed up and paving early plan to go ahead to mail in registration along with troop check to secure your spot. Do not wait for undecided scouts/parents since you can easily contact us regarding openings. Register early. If an event fills up prior to stated deadline then understandably the event will close. Girl Scouts may participate in SU events even if a "troop" cannot if the parent provides transportation, supervision and cost (although check with troop leader regarding use of troop funds). Once completed registrations and check are received for a particular event you will received an email response within 24 hours. This serves as your confirmation. If you have not heard from us within 48 hours, please reach out to make sure registration was received. Registration is taken in order they were received and must be accompanied by check. You may check on space availability but we are unable to pencil you in. Most SU sponsored events are mailed to SU address (LCCGSSU, PMB 189, 4925 Boonsboro Road, Lynchburg, Va. 24503) but this will be noted on registration.

Forms/documents:

- https://www.gsvsc.org/en/for-volunteers/forms---documents.htm

Volunteer Resources Tab for trainers, delegates, troop leaders, service units, info/suggestions on first 6 troop meetings (D,B,J)

https://www.gsvsc.org/en/for-volunteers/volunteer-resources.htm

Day Camp is like real life

Every emotion – friendship – all
feelings amplified

Memories are foundations of so much joy
Relationships carried over into real life.

Lynchburg Campbell County Girl Scout Service Unit 4925 Boonsboro Road, PMB 189 Lynchburg, Virginia 24503

Questions: LynchburgCampbellCoGirlScouts@gmail.com

www.lburgccgirlscouts.weebly.com www/facebook.com/LCCGSSU