

## Lynchburg Campbell County Girl Scout Service Unit August 2019 Update

Please welcome new GSVSC staff:

**Katie Wasmer:** Program Co-ordinator Southwest, based out of Lynchburg

**Rebekah Schmokler:** Community + Volunteer Engagement Manager/Southeast

**Molly Barkley:** Placement Specialist

This update and the upcoming LCCGSSU **Opportunities/Calendar of Events** depicts the **incredible work, achievements and commitment of our local volunteers**, our leaders, our Girl Scouts and their parents. We are so fortunate to have leaders willing to step forward to plan, lead and assist in local events and activities...all volunteers organized and facilitated each event supporting itself through well thought out budgeting practice. We strongly encourage more of our leaders to take a more active role in event planning, to replace those graduating with their daughters...the only way we can sustain what we are doing. All event planners will need to complete **"GS 106 Training."** Online versions probably will not be ready until late spring; Classroom training is being offered Saturday, **November 23**, 10:00 am at First Christian Church. Registration will be online through GSVSC.

It was a **great "Dad and Me Camp"** weekend of July 19 – 21 at Camp Sacajawea with girls and dads from all over the council. They enjoyed everything from Tie-Dye to crafts, The Dot, archery and more. **Thank you Sharon!** And many thanks to her volunteer staff: Sydney, Ryan, Linda, Margarett, Hannah, G.W., Rebecca, Deb, Kathy, Jennifer, Tori, Buck and Rhonda. It was wonderful!!

**48 New Girl Scout Badges** K – 12 are here. 9 in cyber security funded by Palo Alto networks, 3 in space science (funded by NASA), 12 high adventure (funded by North Face) and 18 "Coding for Good" Badges (funded by AT+T and Dell)

<https://www.girlscoutshop.com/BADGES-Program/NEW-FEATured-ITEMS4>

- **Daisy – Brownie – Junior:** Snow or Climbing Adventure Badge, Trail Adventure, Coding Basics, Digital Game Design, App
- **Cadette:** Space Science Research, Think Like a Citizen Scientist Award, Snow or Climbing Adventure Badge, Trail Adventure, Coding Basics, Digital Game Design, App Development, Cyber Security Basic, Cyber Security Investigator, Cyber Security Safe Guard
- **Senior:** Space Science Expert, along with some/similar badges as Cadettes
- **Ambassador:** Space Science Master, along with same/similar badges as Cadettes

The **Cookie Entrepreneur Family pin** is the latest addition to the Girl Scout Cookie Program. Go to [www.girlscouts.org](http://www.girlscouts.org) to download the 5 steps required to earn a pin. Pins available at each level.

**Archery equipment** usage is available at our 3 program centers (Sugar Hollow, Camp Sacajawea and Icimani) to certified archery instructors who provide archery activities to

Girl Scout groups/troops on site at these program sites. A copy of current **Level 1 or Level 2 certification** is to be on file with council at time of reservation. Approved application for **archery equipment** (form #1076) is required 3 weeks prior to the archery activity. Equipment approval does not reserve the camp or archery range. Please reserve **camp/range** (form #2150) before reserving equipment to ensure space is available. Must have a valid Level 1 or Level 2 certified archery instructor with you at all times while on the range. Their USA Archery Certification is valid for 3 years.

**Vendor approval timeline:** Allow 4 – 6 weeks to obtain vendor approval for expired vendors. Allow 2+ months to obtain vendor approval for a new vendor within council boundaries or in state. Allow 4 months to obtain vendor approval for new vendors out of state/international.

The **VTK (Volunteer Tool Kit)** is an online resource providing tools for planning meetings by level throughout the year. The VTK is accessible from your computer, tablet or phone. Find it on top of the GSVSC website, click on "My GS." Troop co-leaders will not have access to the VTK until you register for the '19-'20 membership year.

Questions: [info@gsvsc.org](mailto:info@gsvsc.org)

### **Program and Training Updates**

- 1) Adult membership and background checks are required:
  - When chaperoning or providing supervision of girls (other than their own) to fulfill the girl to adult ratio
  - When providing direct service (program or training) to girls without the presence of troop leaders or approved GS volunteer chaperones
  - When driving girls (other than their own) to and from all GS activities
  - When handling/managing GS products (fall products/cookies)
  - When attending a GS trip and/or overnight
- 2) Event Planning
  - Program events require proper planning and proper budgeting.
  - Event Director responsible for:
    - Creating the budget
    - Ensuring event committee members are well trained, know their role, expectations and budget limits
    - Communicating changes in plans, budget, guidelines and expectations to all committee members and helpers
  - Budget to the minimum participants to cover all expenses to ensure events break even. Do not recommend allowing registration and payment at the door.
  - Break - even events – net less than \$100
- 3) Additional money-earning fundraising efforts must have council pre-approval. Submit: Additional Group Money-Earning Activities #2131 via [info@gsvsc.org](mailto:info@gsvsc.org)
- 4) - Each troop must have at least one or more co-leaders who are not related. All co-leaders are required to complete training, complete adult membership application to be a member of that troop, and have a cleared back ground check. All of this is done on line.
  - Men may serve as troop leader when a non-related adult female is present.

- Special written permission must be given by the membership director to register a troop with less than 5 girls. Obtain written permission at [info@gsvsc.org](mailto:info@gsvsc.org). Once you have your written permission please pass this onto Rebecca at [LynchburgCampbellCoGirlScouts@gmail.com](mailto:LynchburgCampbellCoGirlScouts@gmail.com)

**Yoder's Farm and Corn Maze**, 1134 Browns Mill Road, Rustburg, Va. Special group rates – farm visit free. [yodersfarm@gmail.com](mailto:yodersfarm@gmail.com) 1-434-401-4016 [hello@yodersfarm.com](mailto:hello@yodersfarm.com) to join their field trip email list.

**White Fall Farm**, featuring the amazing **hay castle**, 6135 Riceville Road in Gretna, Va. [www.whitefallfarm.com](http://www.whitefallfarm.com) 434-942-6272 or email [ajnuckols@gmail.com](mailto:ajnuckols@gmail.com)

**Corn Maze:** The Layman Family Farm in Blue Ridge, Virginia, 1815 Mt. View Church Road, has a 10 acre corn maze that is great fun! The maze is laid down early in the season before the corn begins to sprout, to insure that the paths are foot friendly and not studded with stubble. Other activities include a hay wagon ride, a gigantic corn box, smaller maze, special tunnel slide, gigantic jumping pillow, farm animals and cannon. Food is available to purchase (if you bring picnic you must eat outside the maze ie. parking lot). Corn maze is open mid September – mid November Saturdays and Sundays. [info@laymanfamilyfarms.com](mailto:info@laymanfamilyfarms.com)

The **Skyline Adventurers** founded in 1986 was created to give older girls ages 11 - 17 a place to challenge themselves to try new exciting different outdoor activities like kayaking, rock climbing, caving, hiking and other high-adventure activities. They also love to travel regionally, nationally or overseas to one of the WAGGGs World Centers. Teen girls that belong to troops or are individually registered can join the Skyline Adventurers Group. The Skyline Adventurers have a program called “**You Pick a Date - You Pick a River.**” Troops can contact the Adventurers to schedule a float your boat on a local river of your choosing led by experienced well trained facilitators. Check out the latest Adventurers news on their Face book. Become a Skyline Adventurer, contact: [adventurers1912@gmail.com](mailto:adventurers1912@gmail.com)

**Edith Bolling Wilson Museum** has some interesting on site, as well as packets you can download... On site page program range around \$10 per girl... Junior Jewelry, Cadette Entrepreneur, etc. Museum located in Wytheville, Virginia <https://www.Edithbollingwilson.com>

**Low Ropes Course** at the University of Lynchburg (formerly Lynchburg College) and other outdoor adventures you might check into: contact 434-544-8224 or [www.lynchburg.edu/student-life/outdoor-leadership-program](http://www.lynchburg.edu/student-life/outdoor-leadership-program) Check with GSVSC regarding vendor approval.

Highly recommend making plans to enjoy **Camp Sacajawea** more this year...whether for the day...weekend...“The Dot” (spray/splash pad) will be open through September. All trails, the archery range and canoe usage are open...facilitators are needed for archery and canoeing. Refer to “Camp/Program Center Procedures, Rules and Forms”

Manual #2170. "Camp and Things to Do at Camp Sacajawea" is on the Lynchburg Campbell County web site at [www.lburgccgirlscouts.weebly.com](http://www.lburgccgirlscouts.weebly.com). This includes forms needed for archery, canoeing, info on letterboxing, etc. plus a nice history of our 68 year old camp. If you need any assistance with planning please do not hesitate to reach out to us. [LynchburgCampbellCoGirlScouts@gmail.com](mailto:LynchburgCampbellCoGirlScouts@gmail.com). Reservations are required with whatever you do.

For **leaders** planning any overnight trip for your troop you are now required to take **GS 201**, about a 45 minute on line video. This would include any camping trip, sleepover...whatever the overnight might involve. Please make sure you complete this training before you submit your Activity and/or Permission Application for a Troop/Group Form 2129 to GSVSC.

When **Cabin Camping at Sac**, particularly when using Gay Lodge or Bunkhouse, please remember to clean kitchens and bathrooms, including sweeping and mopping, emptying all trash cans, putting out new bags, toilet paper and roll of paper towels.

**Bedford Area Family YMCA's Aerial Adventure Park** – There are 6 platforms each with different tasks, also features built in line ropes course and in the woods below the AA park there are 11 team building elements. "Each element will pose a problem to the group and they work together to solve the problem." Place is very unique and creative in a wonderful outdoor setting. 111 Turnpike Road, Bedford, Va. 24523.

Call 540-586-3483 or [bedfordymca.org](http://bedfordymca.org)

- Also outdoor Ropes Course

- Low Ropes: has 12 different challenges
- High Ropes: 5 challenges from 45 feet climbing wall to giant swing
- Indoor Challenge Ropes Course with 7 indoor elements

**Check out Science and Art Saturdays at Randolph College.** They offer hands-on laboratory activities taught by RC faculty. Sessions are free, include lunch and are open to high school students. Each session starts at 10:00 am, lasts 2 hours, followed by complimentary lunch. Space is limited. Questions and new Fall schedule:

[sciencesaturdays@randolphcollege.edu](mailto:sciencesaturdays@randolphcollege.edu)

- September 7: Cyanotypes and Chickens
- September 14: The Science of Sky Watching
- September 21: Sport Psychology for Performance Enhancement
- October 5: Picture Books
- October 12: Something Mat
- October 19: Protein Folding with Mat Lab
- October 26: The Science of Illusions
- November 2: Narrative Monoprints with Jill Jensen
- November 9: Whodunit? A Water Pollution Mystery
- November 16: Colors to Dye For
- November 23: Life of Pi
- December 7: Experiments with Gouache, Ink and Watercolor
- December 14: Presto-Change-O! Colorful Kitchen Chemistry

Go to [www.randolphcollege.edu/scienc Saturday](http://www.randolphcollege.edu/scienc Saturday)

**National Park Service – “Become a Girl Scout Ranger.”** Girl Scouts can earn a patch by spending 5 or more hours in a National Park. For more information go to:

[www.nps.gov/subjects/youthprograms](http://www.nps.gov/subjects/youthprograms)

[www.nps.gov/subjects/youthprograms/girlscoutranger.htm](http://www.nps.gov/subjects/youthprograms/girlscoutranger.htm)

At our **LCC September 5, SU Meeting** we will have **election** for delegates and alternate delegates positions. These delegates attend one Open Community Dialogue meeting and the GSVSC Annual Meeting January 25 in Lynchburg. Requirements are as follows:

1. Must be 14 years of age or older
2. Must be a registered Girl Scout
3. Be willing to attend Open Dialogue and Annual Meeting
4. Term of one year October 2019 through September 30, 2020
5. Take necessary training which is scheduled same day and just prior to Open Dialogue Meeting (10/3/19 6:00 – 8:00 pm First Christian Church)
6. Communicate the outcome of meetings to local community/service unit
7. We need to elect 3 delegates and several alternatives. Our delegates for the '18-'19 Girl Scouting year: Jen Phelps, Sharon Nolley and Sydney Nolley. Elaine Roy and Rebecca Duncan served as alternates.

Prior to election we hope to have a presentation by the **Adventurers**, who provide wider opportunities for our older Girl Scouts.

**National S'Mores Day at Camp Sacajawea, Saturday, August 10, 6:30 – 8:30 pm** at Gay Lodge fire circle. Free event for Girl Scouts and their families and any interested girls wanting to know more about the GS program. Girls will roast marshmallows, make s'mores, sing songs...parents may renew their girls, or register their girls for Girl Scouting. Hosted by GSVSC staff. Volunteer help is needed...older girl scouts and adults. Please contact Jessie at [jbrockman@gsvsc.org](mailto:jbrockman@gsvsc.org)

Lynchburg Campbell County has planned several **“Sign Up Nights”** for parents interested in the Girl Scouting program for their daughters.

- Tuesday, **August 27, 2019**, 6:00 – 7:00 pm at Fort Hill UMC
- Thursday, **August 29, 2019**, 6:00 - 7:30 pm at First Christian Church
- Thursday, **September 19, 2019**, 6:00 – 7:30 pm at First Christian Church

**All Night Campfire Friendship**, hosted by the Adventurers Friday, **September 6**, at 6:00 pm through Saturday, **September 7**, at 7:00 am. For girls 11+ at the Pembroke Scout Hut Giles County. Fee is \$5. To register use Adventurer Registration Form #2277. Questions: Chris Wilson at [theshoelesswanderer@gmail.com](mailto:theshoelesswanderer@gmail.com). For more info go to [www.gsvsc.org](http://www.gsvsc.org) “Events” September Calendar

**“Daisy Fest”** celebrating Juliette Gordon Low “Daisy” hosted by GSVSC, to be held Saturday, **September 14**, from 10 am – 3 pm. Location: Headquarters in **Roanoke**

(3663 Peters Creek Road). A family event. Please register on line at [www.gsvsc.org](http://www.gsvsc.org) "Events" and go to the September calendar. Free.

**Candy-Nut Training, Thursday, September 19**, at First Christian Church 6:30 – 7:30 pm. To register email Rebecca ([Becka6778@aol.com](mailto:Becka6778@aol.com)) copy Product Sales Manager Detria Moore ([thepreachaswife@hotmail.com](mailto:thepreachaswife@hotmail.com)). Include troop #, name of primary co-leader, name of troop's product sales manager and contact information).

**Cadette Camporee** the weekend of **September 28/29** at Camp Sacajawea. Hosted by LCC. Theme: "Internet Safety" as we focus on the Media Journey. Girls register/attend as a troop or as a mother/daughter unit. Flyer will be ready soon. Invitation extended to our Senior scouts.

**Open Dialogue Meeting, Thursday, October 3**, 6:00 – 8:00 pm at **First Christian**, 3109 Rivermont Avenue, Lynchburg. Free – open to all co-leaders/troop assistants, etc. and all service units. This meeting gives GSVSC staff the opportunity to share their thoughts and ideas and then allows GS volunteers to offer suggestions to the governance of GSVSC. Please register on line. [www.gsvsc.org](http://www.gsvsc.org).

**Outdoor Ed Planning and Overnight Sessions (301a and 301b)** will be a Combo Training. Planning is scheduled for Friday, October 4, beginning at 6:00 pm. The overnight session begins the next morning October 5 through Sunday AM, October 6. Register on line [www.gsvsc.org](http://www.gsvsc.org) "Events" October Calendar. Sponsored by GSVSC, taught by GS volunteer trainers.

**Junior Camporee**, hosted by LCC, weekend event **October 12/13** at Camp Sacajawea "Spook-o-ree." Our focus will be the Junior Outdoor Journey. Flyer will be ready shortly.

**"Go Outside Camporee" 2019** in conjunction with "Go Fest" Festival in Roanoke. Location: Rivers Edge Sports Complex. The festival itself will meet GS Badge requirements... tons of free outdoor activities at the festival including rock climbing, stand up paddle boarding, etc. Dates: **October 18 - 20, 2019** or join us at the festival for the day. Hosted by GSVSC. More at [info@gsvsc.org](mailto:info@gsvsc.org)

**"Field Day"** at First Presbyterian Church for our D-B-J Girl Scouts, Saturday, **October 26**, 9:45 am – 12:15 pm. Participants will earn Fair Play or Practice with a Purpose.

**Night Owl** for our Cadettes, Friday, **November 1**, 6:00 pm through Saturday AM, **November 2**, at Camp Sacajawea.

**Silver Award Classroom Training**, Sunday afternoon, **November 3**, 2:00 – 4:00 pm at First Christian Church, 3109 Rivermont Avenue. Open to all Cadettes. Register on line. Soon Silver Award Workshop (classroom or online) will be mandatory.

**Training for Trainers** weekend of Friday, **November 8** thru Saturday, **November 9**, at Camp Sacajawea. This workshop is designed for those adults interested in becoming a trainer for various Girl Scout workshops...Bronze, Silver, Gold, CIT, Outdoor Ed., 106 Event, Etc.

**"Girl Scout Tea/Cup Cake Fun"**, Sunday afternoon, **November 10**, 2:00 pm at First Christian Church. Partnership between Kappa Delta and LCCSU. Brownies: Making Friends, Juniors: Etiquette

**Bronze Award Classroom Training/Workshop**, Saturday morning, **November 16**, 10:30 am at Camp Sac, in Troop House. Designed for our Junior Leaders. Open to all service units. Register on line. Sponsored by GSVSC, led by volunteer trainer.

**Geocaching for Juniors**, Saturday, **November 16**, at Camp Sacajawea 1:00 – 4:30 pm, Troop House/Bunkhouse campsite. Hosted by LCC.

**Cookie Training, Thursday, December 5**, 6:30 pm at First Christian Church, 3109 Rivermont Avenue. Must register to attend by emailing Rebecca ([Becka6778@aol.com](mailto:Becka6778@aol.com)) copy Detria Moore ([thepreachaswife@hotmail.com](mailto:thepreachaswife@hotmail.com)) our Product Sales Manager. We will need name of troop's primary co-leader, troop's product sales manager and her contact information, plus troop #.

**Lynchburg Christmas Parade**, Sunday afternoon, **December 8, 2019** 4:00 pm. Our line up time will either be 2:00 or 2:30 pm which we will not know until Thanksgiving. Theme for this year's parade "Snowflakes and Diamonds – Sparkling Through Time"

**Super Service Day**, Saturday, **December 14**, at First Presbyterian Church. D/B 10:00 – 11:45 am; J and up 12:30 – 2:30 pm. If there are older girls interested in helping, 7<sup>th</sup> graders and up, contact Rebecca by November 1, 2019.

**Investiture/Rededication Ceremony, January 3, 2020** during our regularly scheduled SU meeting.

**Late Night Skate** at Fun Quest. Open to all SUs Friday, **January 10, 2020**.

**GSVSC Annual Meeting, January 25, 2020** in Lynchburg

**Sweetheart Dance**, looking at two dates 2/21 and 2/28 Moose Lodge. We will need a new lead on this event, but there is a working committee and mentor. Please contact Rebecca.

**World Thinking Day**, Saturday, **March 7**, at First Presbyterian Church. Looking for a new lead on this event. Contact Rebecca.

**Level 1 Archery** instruction for those leaders wishing to work directly with their girls and use the archery range. Taught by Level II USA-Archery instructor. Saturday **March 28**,

at Sacajawea. Once completed, certification is through USA Archery. Hosted by LCC and limited to 12 adults.

**Daisy Day, Saturday, April 4,** at Camp Sacajawea. Our focus will be on earning the requirements for the Daisy Flower Garden Journey. Hosted by LCC.

**Sunday, April 5** hosted by LCC and Kappa Delta at UL, **“College Planning/Preparation and Tour”**...time 2:00 - 4:00 pm

**Brownie Spring Camporee, weekend of April 25/26.** Hosted by LCC. Our theme will focus on conservation.

**Striving for the Gold Banquet, Saturday, May 2,** 6:00 pm at First Presbyterian Church, honoring those girls who have earned their Bronze, Silver and Gold and Triumph Awards. This will be a pot luck supper.

**LCC Bridging and Awards Ceremony, Sunday afternoon, May 17,** at Timberlake United Methodist Church, led by Jodi Ettare and Troop 234.

We hope to add more winter/spring events/activities as we partner with Kum Ba Yah, Claytor Science and Nature Center and work with local troops interested in providing programs for our girls. Please let Rebecca know of your interest and what help you might need.

**Sky's the Limit** will be out soon. Check that out for more events/activities beyond our Service Unit.

**Volunteer Resources Tab** for trainers, delegates, troop leaders, service units, info/suggestions on first 6 troop meetings (D,B,J) <http://www.gsvsc.org/en/for-volunteers/volunteer-resources.htm>

**“Be the woman who fixes another woman’s crown without telling the world it was crooked.”**

Lynchburg Campbell County Girl Scout Service Unit  
4925 Boonsboro Road, PMB 189  
Lynchburg, VA 24503

**Questions:** [LynchburgCampbellCoGirlScouts@gmail.com](mailto:LynchburgCampbellCoGirlScouts@gmail.com)  
[www.lburgccgirlscouts.weebly.com](http://www.lburgccgirlscouts.weebly.com)  
[www.facebook.com/LCCGSSU](http://www.facebook.com/LCCGSSU)