

Lynchburg Campbell County Girl Scout Service Unit

Service Unit Meeting

Thursday, April 4, 2019

First Christian Church

6:30 – 8:00 pm General business meeting and announcements

Please welcome two new co-leaders: Alicia Adams, and Amy Crystal Shepard, Troop 121 Cullen, Virginia

Congratulation Lora Callahan, member of Ambassador Troop 217, LCC!! On Friday, April 5, there will be a Dark Sky Celebration at James River State Park, now officially designated an “International Dark Sky Park.” What began as a **Gold Award Project** for Lora has ended with JRSP becoming a IDS Park. The designation was achieved through her establishment of outdoor lighting policies that minimized light pollution. Lora was concerned that natural nighttime darkness was disappearing making star gazing more difficult. For more information go to www.dcr.virginia.gov “James River State Park Named an International Dark Sky Park” by Shellie Anne. Lora and her project will be recognized for the excellent stewardship of the night sky.

April is Girl Scout Leader Appreciation Month. Girl Scouts will honor their own co-leaders with special cards, notes or even a special party. Our co-leader celebration/recognition will be Thursday, June 6th, 6:30 pm at First Christian Church, 3109 Rivermont Avenue. Please RSVP to Becka6778@aol.com

Message from Rebecca: **Thank you Girl Scout co-leaders.** You are truly the “wind beneath my wings.” **You are incredible!** Your achievements, your commitment on behalf of your girls goes beyond expectation...guiding your girl scout regarding the values and morals that are the cornerstone to rearing a well rounded young lady. **Your heart is exactly where it should be and the girls see that.** You are strong in our Girl Scout mission of building girls. As your SU Team Leader and a volunteer I do this because I am proud to serve you...best friendship ever! You have introduced your girls to many new things, an appreciation for the environment, a love of learning and a mindfulness about their responsibility to contribute to their community. You are creating long lasting memories for these girls and be assured you will **always** be part of their memories.

Spring Renewal opened **April 1** for 2019 – 2020 Girl Scouting Year. A renewal patch is being provided.

Lifetime membership available at discounted rate of **\$200** (regular price \$400 for ages 30+) offered only during the month of April for those Adult GS volunteers who have served as a member for at **least 10 years**. More info at <https://www.girlscouts.org/en/adults/lifetime-membership.htm>.

String of Pearls Celebration honoring our 1000 box cookie sellers – Saturday, May 4, 1:00 – 4:00 pm at St. John’s Episcopal Church Reception Hall, Roanoke.

GSVSC will be providing a **council level bridging** ceremony May 11 at Natural Bridge. More info coming soon.

Girl Scout Voices County Survey coming...

Girl and Troop Leader around April 3...

Parent Survey, April 8...

Service Unit Survey sometimes in May...

Please complete and submit

You might want to check out this **Environmental Advocate Patch** Program “Clean Air, Clean Water, Clean Earth, Recycling and Conservation.”

<https://liveyouthstrong.com/environmental-patch-program>

Edith Bolling Wilson Museum has some interesting on site, as well as packets you can download... On site page program range around \$10 per girl... Junior Jewelry, Cadette Entrepreneur, etc. Museum located in Wytheville, Virginia

<https://www.Edithbollingwilson.com>

Everyone enjoyed themselves during Skate Night at **FunQuest** on March 19...skating, lazer tag, games, Play Quest and eating pizza. It was a well attended two hour event.

Archery in a Day for our Junior Scouts...great hands on learning stations from range rules to equipment identification, making arrows/decorating their take home over the shoulder quivers, making their own first aid kit, shooting on the range and for their Take Action project the girls refurbished the eight benches at the range...cleaned, sanded and painted. Thank you to our six rotation leaders: Tiffany, Sharon, Virginia, Deb, Kathy and Rebecca.

Striving for the Gold Banquet, Saturday, May 4, at First Presbyterian Church, celebrating our Bronze, Silver and Gold Recipients, and to recognize our Triumph Award recipients (those Girl Scouts who have earned all 3 prestigious awards). The flyer is out. We will need a general head count of families who plan to attend, and their food donation. Go to sign up genius, noted on the flyer.

Bridging and Award Recognition Ceremony, Sunday afternoon, May 19, at Timberlake United Methodist Church. Girl Scouts arrive at 2:30, proceed to the Family Life Center, parents/families go to the sanctuary to watch a slide show showcasing their daughter’s scouting year. The ceremony begins at 3:00. We will honor our bridging Girl Scouts and their leaders, and recognize our award recipients and high cookie sellers. The girls will be singing “On My Honor.” Lyrics will be attached to flyer. Need pictures for slide show. . . send to Jodi at jerx4U@gmail.com

Silver Award Classroom Workshop, Sunday afternoon, June 2, 2:00 – 4:00 pm at First Christian. Hosted by GSVSC, taught by local volunteer trainer. No cost. You must register on line to attend. Troop Leader/parents are welcome. Questions: Becka6778@aol.com Min/max 5/20. Registration: gsvsc.org "Events" then click on Silver Award Workshop highlighted in green

Cookies:

We have had the most amazing Girl Scout Cookie Team...including Detria and Sarah taking the lead on product sales, our cookie cupboard and all the troops' cookie moms. No easy job as you have gathered. The girls have learned so much from selling to running a business. Please take the time to thank them for their time and positive attitude.

Detria Moore: LCC Project Sales Manager/Cookie Cupboard
thepreachaswife@hotmail.com

Sarah Muminovic: Cookie booth Co-ordinator
lccgssucookiebooths@gmail.com

Cookie sales technically end April 31 so you can keep selling up until that time in attempts to get rid of left over inventory. All final payment however should have been received by Detria prior to March 31. Cookie booths are acceptable with exception of those who were part of the lottery...Moore's, Sam's Club, Kroger, Walmart, JoAnn's, etc. Their commitment to us has expired.

What to do with left over cookies? Discuss this with your girls

- Keep some for troop snacks
- Donate some to Daily Bread or another local food bank
- Consider donation to our military – local and overseas. These can go to Rebecca (Becka6778@aol.com) who will work with Lilli from Troop 819 (providing cookies to the Lynchburg and Salem VA) and Carl with Communications World + Telesystems. Carl will pack them and mail them for us to our military serving overseas or recuperating at Walter Reed Medical Center.

Adventurers

- Paddle-Pedal-Pack 2019

Saturday, May 25, at 9:00 am – Monday, May 27, at 2:30 pm. Paddle the Maury River from Lexington to Buena Vista, Pedal 11 miles on the Chessie Trail, Hike 6 miles – Cold Mountain Loop

Fee \$60. Registration closes 4/27/19

To register – mail or email Adventures Registration (#2277) and Water Skill Certification (#2284) along with payment to Adventurer Girl Scout Troop 1912 to Lauren Burchett (Questions: 540-354-4877) lauraburchett90@gmail.com or 6146 Kenoir Lane, Roanoke, Va 24018

- Check out gsvsc.org "Program" click to Adventurer for lots more adventurer with the Adventurers. They provide a great variety of wider opportunities for our Girl Scouts ages 11 and up...climbing, caving, kayaking, backpacking, travel (locally and internationally), hiking and other high adventure activities.

National Park Service – “**Become a Girl Scout Ranger.**” Girl Scouts can earn a patch by spending 5 or more hours in a National Park. For more information go to:

www.nps.gov/subjects/youthprograms

www.nps.gov/subjects/youthprograms/girlscoutranger.htm

Highly recommend making troop plans to enjoy **Camp Sacajawea** over the **summer** or start thinking about **Fall** rental. “The Dot,” our splash pad is open May – September (\$15 an hour June – August and \$10 per hour May and September). There is letter boxing, trails open. The archery range is open.

Camps

- gsvsc.org “Camp” to view all summer camps
- **Camp Sacajawea Day Camp** Sc-Outer Space Exploration” **June 10 – 14**
Registration deadline 5/24/19
 - As the roles of space exploration are continually being filled more and more each day by scientists, astronauts and mathematicians who are women, campers at Day Camp at Camp Sacajawea will explore concepts of outer space as well! Campers will experience space themed rotations that include crafts, games and outdoor skills. Rotations will be guided by an aerospace educator affiliated with NASA, Campers will also enjoy hiking, archery and time in “The Dot” spray ground.

- Cost: \$95 for campers

\$40 for CPA, CITs and Tags

There will be a \$10 discount for all regular camper registration now through 4/15/19. Please register your scout soon as spaces per grade are limited.

Adult volunteers should register themselves and their campers under the adult registration option to receive the volunteer discount rate.

Discounted rates:

- \$50.00 (-50 SAC) 32+ hours (7 – 9)
- \$40.00 (-40 SAC) 32+ hours (1 – 6)
- \$35.00 (-35 SAC) 13 – 31 hours (7 – 9)
- \$25.00 (-25 SAC) 13 – 31 hours (1 – 6)
- \$20.00 (-20 SAC) less than 12 hours (7 – 9)
- \$10.00 (-10 SAC) less than 12 hours (1 – 6)

Link to register

<http://gsvsc.doubleknot.com/event/camp-sacajawea-day-camp-2019/2480064>

- CPA/CIT training for Camp Sacajawea Day Camp, Friday, May 10, 9019, 6:00 – 8:30 pm at Gay Lodge. RSVP to “Captain Sarah” at daycampsacajaweava@gmail.com
- Adult training for those who can work Day Camp Sunday, June 2, 4:00 – 7:00 pm Gay Lodge at Sac. RSVP to Sarah at daycampsacajaweava@gmail.com

- **Dad and me Camp** weekend of June 19 – 21 at Camp Sacajawea
 - all campers/attendees must be active 2019 Girl Scout members
dadandmecamp@gmail.com
- **56th Anniversary Weekend Camp**, weekend of June 21 – 23 at Camp Sacajawea. Very similar to a Resident Troop Camp.

Girl Scout Day at Massanutten Water Park, Saturday, June 29. Time: opens at 10:00 am – 10:00 pm. First 300 girls to renew their GS membership for the 2019 – 2020 scouting year get in free. Register on line at gsvsc.org “Events,” then click on Girl Scout Day at Massanutten Water Park. Renewal Incentive highlighted in green. Discounted GS Rate: \$20 46” and under, then up to \$26 for admission.

The “**Camp Program Center Procedure, Rules and Forms**” manual #2170 is current. You must **read and review anytime you plan to use our camps**. It is online. “Camping and Things to Do at Camp Sacajawea” is on the Lynchburg Campbell County web site at www.lburgccgirlscouts.weebly.com. This also includes the forms needed for archery, canoeing, info on letterboxing, etc. plus a nice history of our 68 year old camp. If you need any assistance with planning a camping trip whether tent/cabin camping or just coming for the day at Sac, please do not hesitate to contact us at LynchburgCampbellCoGirlScouts@gmail.com.

For **leaders** planning any **overnight trip** for your troop you are now required to take **GS 201**, about a 45 minute on line video. This would include any camping trip, sleepover. . . whatever the overnight might involve. Please make sure you complete this training before you submit your Activity and/or Permission Application for a Troop/Group Form 2129 to GSVSC.

When **Cabin Camping at Sac**, particularly when using Gay Lodge or Bunkhouse, please remember to clean kitchens and bathrooms, including sweeping and mopping, emptying all trash cans, putting out new bags, toilet paper and roll of paper towels.

Keep your **training cards** current, everything from NLO, 201. . . to outdoor ed to first aid. First Aid good for 2 years, background check must be updated every 3 years. Cards are available at service unit meetings.

Forms/documents:

<http://www.gsvsc.org/en/for-volunteers/forms---documents.htm>

Volunteer Resources Tab for trainers, delegates, troop leaders, service units, info/suggestions on first 6 troop meetings (D,B,J) <http://www.gsvsc.org/en/for-volunteers/volunteer-resources.htm>

**“Because of You” she makes a promise and keeps it.
She learns a law and lives it.
She goes into the world and changes it
She learns a lifetime of leadership**

Because of you it's all possible.

Leadership is not about being the best.

Leadership is about making everyone else Better.

Lynchburg Campbell County Girl Scout Service Unit
4925 Boonsboro Road, PMB 189
Lynchburg, VA 24503

Questions: LynchburgCampbellCoGirlScouts@gmail.com
www.lburgccgirlscouts.weebly.com
www.facebook.com/LCCGSC

Enclosures: The Adventurers
Adventures in Virginia State Parks
Patch Program
GEM for G.I.R.L.S

The Adventurers

Challenging You to Challenge Yourself!

Founded in 1986, the Adventurers turned 30 in 2016! The Skyline Adventurers were created to give older Girl Scouts (ages 11+) a place to challenge themselves to try new, exciting, different outdoors activities like kayaking, rock climbing, backpacking, caving, hiking, and other similar high-adventure activities. They also love to travel — regionally, nationally, or overseas to one of the World Association of Girl Guides & Girl Scouts World Centers.



Upcoming Adventuresome Adventures

Jan–Dec 2019

Adventures in Virginia
State Parks Patch Program
(All Age-Levels) *Council-wide*

March 15-17: Wild Women's Weekend
2019, Camp Sacajawea, Lynchburg
(adult volunteer training)

March 30-31: Pack-N-Boots: Blue Ridge
Scout Reservation, Pulaski Co. (C/S/A)

April: Float Your Boat, River TBD
(open to requests; C/S/A)

April 13-14: Pack-N-Boots:
Dobie Mountain, Nelson Co. (C/S/A)

May 18 and/or 19: Float Your Boat,
Rivanna River, Charlottesville (C/S/A)

May 25-27: Paddle, Pedal & Pack 2019/
FYB, Maury River, Buena Vista (C/S/A)

May 31-June 2: Pack-N-Boots:
False Cape State Park (C/S/A)

June: Float Your Boat, Roanoke River,
Roanoke City/Co. (C/S/A)

June 7-9: Pack'N'Boots: Wake Up with the
Wild Ponies (one or two night trips; C/S/A)

June 22-July 3: Wagons West: A Prairie
Sojourn, MN, ND & SD (C/S/A)

June 26-30: G.I.R.L. Fest 2019, ACE
Adventure Park, West VA (C/S/A)

July: Float Your Boat, River TBD
(open to requests; C/S/A)

July 7-13: Adventurers Crew @ High Knoll
Trail Camp, Camp Ottari, Hiwassee
(must be 12 years or older by June 1, 2019)

July 19-24: Iceland: Land of Fire & Ice

August 3 & 4: New River Rendezvous/Float
Your Boat, New River, Giles Co. (C/S/A)

September: Float Your Boat, River TBD
(open to requests; C/S/A)

Summer 2020: Swiss Alps Trip: Our Chalet

Adventures in Virginia State Parks Patch Program

Love the outdoors? Love Virginia State Parks? Then this is your year!
Join The Skyline Adventurers as we travel to all of our wonderful Virginia State Parks.
It takes just three easy steps to earn this fun patch.

January–December 2018 AND 2019

Open to all age-levels (D/B/J/C/S/A/ADULTS/Family & Friends)

Step 1: Visit a Virginia State Park.

Hike, bike, swim, boat, horseback ride, play, camp, just have an adventure! You may do this on your own or join the Adventurers through a day, overnight or weekend event at a state park this year. Check out Adventurers events here: gsvsc.org/adventurers

Step 2: Share your visit.

Have your camera ready! Snap a few pics and share them: local newspaper/magazine, state parks newsletter (nancy.heltman@dcr.virginia.gov), Facebook, Twitter, Pinterest, Instagram, etc. If you can, include a hashtag like **#girlscoutsofva** or tag Virginia State Parks or Girl Scouts of Virginia Skyline Council. Share them in our Facebook group: Adventurers - Virginia Skyline.

Step 3: Get your Patch!

You can buy them at The Skyline Shop or at an Adventurers state park event for \$2.



Virginia State Parks Trail Quest

You can also earn five FREE unique and attractive pins via the Trail Quest program. Get one for your first park visit and others after visiting 5, 10, 20, and all parks. The whole family can participate so each family member can sign up for Trail Quest and start earning pins now: www.dcr.virginia.gov/state-parks/trail-quest

About The Skyline Adventurers:

The Adventurers were created to give older Girl Scouts (ages 11-17) a place to challenge themselves to try new, exciting, different outdoors activities like kayaking, rock climbing, caving, hiking, and other similar high-adventure activities. They also love to travel—regionally, nationally, or overseas to one of WAGGGS World Centres. The Adventurers are Challenging YOU to Challenge YOURSELF! Check out the Adventurers online: gsvsc.org/adventurers

Introducing our new

GEMS for G.I.R.L.S

Senior Survival Camp 2018-19

Join Girl Scouts of Virginia Skyline Council and Girls Empowered by Mountain Shepherd School for GEMS for G.I.R.L.S, a **specialized set of Senior camping experiences** which includes completing the Senior Outdoor Journey.

GSVSC and Mountain Shepherd School's GEMS for G.I.R.L.S camping experiences are comprised of one week long camp and four interval weekend camps throughout the year. Girls are encouraged to attend the four interval weekend camps as well as the the week long camp to earn a piece-by-piece patch to show their motivation and completion of the entire program!

Based on a combination of the Girls Empowered by Mountain Shepherd School (GEMS) and Girl Scouts programs, this exceptional set of survival experiences has been specially prepared for Seniors.

During the four GEMS for G.I.R.L.S interval weekend camps, Seniors will explore the four Girl Scout Program Pillars: Outdoor Skills, Life Skills, Entrepreneurship, and STEM. Each weekend camp will focus on one of the Pillars, which will expand any Senior's knowledge of and passion for each Pillar, and show her how she can implement them into her every day growth and well being!

All activities are 'challenge by choice,' meaning girls set the boundaries for their participation while pushing the boundaries of their comfort zone.

During the GEMS for G.I.R.L.S week long overnight camp in July, Seniors will use the seven GEMS program elements of positive mental attitude, first aid, shelter, firecraft, signaling, water, and food to complete their Senior Outdoor Journey. This extended camp will teach Seniors aspects of wilderness survival which they will be able to apply to true-life survival, such as how to work with the resources available to you, and how to stay motivated despite adversity.

Week Long Camp (\$425)

July 14-19, 2019 (Outdoor Journey and Senior Paddling badge)

Interval Weekend Camps (\$125)

Oct. 19-21, 2018 (Social Innovator & Voices of Animals badges)

Feb. 22-24, 2019 (Sky & Eco Explorer badges)

April 26-28, 2019 (Locavor & Woman's Health badges)

May 31-June 2, 2019 (Buying Power & Business Etiquette badges)

Financial aid is available for some campers. Please contact info@gsvsc.org for more information.

Earn each patch section as you complete the five-part program!



Join GSVSC and Mountain Shepherd for this incredible wilderness journey experience! Register now to take advantage of these inaugural opportunity.

GEMS for G.I.R.L.S is a partnership of Girls Empowered by Mountain Shepherd School (created by Dina and Reggie Bennett) and Girl Scouts of Virginia Skyline Council.

For more information about Mountain Shepherd Wilderness Survival School visit their website at allgirlsaregems.com.

